



Spring-Klein Athletics Foundation, Inc
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Web: www.SpringKleinAthletics.org | **Facebook:** [@SpringKleinAthleticsFoundation](https://www.facebook.com/SpringKleinAthleticsFoundation)
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Foundation, Inc.

The Spring-Klein Athletics Track & Field Team (SKATF) is an Amateur Athletic Union (AAU) & Texas Amateur Athletic Federation (T.A.A.F.) - affiliated track and field organization serving North Houston area boys and girls between the ages of 6 and 18. Our mission is to provide developmental and instructional programs and events to help develop and improve their basic motor skills of running, jumping and throwing--the skills that are essential for development in any sports or fitness activity.

Our Coaches

US Army Veterans and Husband and Wife Team James & Lavoxkeia Carnes are the co-founders of the SKA Foundation. They have coached over 15 State & National Track & Field Medalists and numerous district and regional champions. They possess a love of sports, children, and are committed to helping athletes develop healthy lifestyles, as using sports to build character and further athlete education.

Registration Fee

SKATF athlete registration is processed online and paid by check or credit card. Our registration fee includes **Uniform, T-shirt, AAU Membership, T.A.A.F. membership, Insurance, and team fees.** Families that register multiple athletes are eligible for multi-family member discounts. **Payments plans are also available.** View our refund policy on www.springkleinathletics.org.

2018 Indoor Track Season

- New:** \$425 **Returning:** \$355
- **Season Dates:** Dec 1, 2017 – July 29, 2018
- **Opens:** 8/22/17 **Closes:** 12/01/17

2018 Outdoor Track Full Season

- New:** \$355 **Returning:** \$285
- **Season Dates:** Feb 26, 2018 - July 29, 2018
- **Opens:** 12/01/2017 **Closes:** 3/31/18
- **Late Fee:** \$15 Applies 03/01/18

2018 Outdoor Summer Track Season

- New:** \$250 **Returning:** \$180 Includes:
- **Season Dates:** May 14, 2018 - July 29, 2018
- **Opens:** 3/31/2018 **Closes:** 5/19/2018
- **Late:** \$15 Applies 5/01/2017

Age Verification

The associations that we participate in require verification of each athlete's birth date and a recent photo. Therefore, all new athletes must submit a copy of their birth certificate and a recent photo. They can be uploaded during online registration or hardcopies can be given to the site or club registrar.

Youth Age Divisions & Event Limitations*

Youth competitions take place in one or two-year age divisions. The athlete's YEAR OF BIRTH shall determine the appropriate age division for current year competition for all age divisions. Please see chart below to determine your athlete's competition division.

Year of Birth	T.A.A.F.		AAU	
	Age Division	# Events	Age Division	# Events
2012-2013	6 & Under	2	8 & Under (Primary)	3
2010-2011	8 & Under (Pee Wee)	3	8 & Under (Primary)	3
2009	10 & Under (Bantam)	3	9 Year Old (Sub-Bantam)	3
2008	10 & Under (Bantam)	3	10 Year Old (Bantam)	3
2007	12 & Under (Midget)	3	11 Year Old (Sub-Midget)	3
2006	12 & Under (Midget)	3	12 Year Old (Midget)	3
2005	14 & Under (Junior)	4	13 Year Old (Sub-Youth)	4
2004	14 & Under (Junior)	4	14 Year Old (Youth)	4

2002-2003	16 & Under (Intermediate)	4	15-16 Year Olds (Intermediate)	4
2000-2001*	18 & Under (Senior)	4	17-18 Year Olds (Young Men & Women)	4

* Per TAAF Article 25.2 Eligibility for 18 & Under Division: Senior and high school participants without having competed at the college level in any track and field competition; someone who completed high school in the spring of the most recent school term, and who was not 19 years of age or older on or before September 1 of the most recently completed school term, and has not competed at the College level in any Track and Field competition would be eligible.

* Per AAU Rule IIIC. Athletes who are eighteen (18) years of age through the final day of the National Championship shall be eligible to compete in the 17-18 Year Old age divisions.

*T.A.A.F. competitors may only compete in three total running events and only two of the individual running events can be at distances 400m and greater.

Practices

Practices are 1 - 3 times per week on Monday, Tuesday, and Thursday. During Daylight Savings practices may be moved to the weekend. Please check the team's calendar for current practice dates and times.

Track Meets

Most track meets are considered developmental (or practice) Track Meets and take place across the Houston Metro Area. District/Regional track meets advance top athletes to State and/or Nationals meets are outside the Houston Metro Area and/or State. A meet schedule will be provided once available.

Meet fees. Athletes and spectators are required to pay an entry fee at each meet. The club will pre-register athletes; the cost is approximately \$6 for both athletes and spectators at developmental meets. Fees for district, and regional qualifier and championship meets are announced prior to the qualifying rounds. Meet fees will be paid via cash or credit with a convenience fee.

Meet Attendance. Parents/Athletes should check-in with the team representative at each track meet to pick up wristbands. Athletes must consume water before, during and after competition. Consume sports drinks AFTER strenuous competition and NOT as a substitute for water. Athletes must bring healthy snacks that include fruit, crackers, snack bars and protein. NO DAIRY. Always bring warm-ups, cooler, tent or umbrella and a lawn chair. Concessions are available for spectators. Parents are not allowed on the field during track meets unless properly registered and working in an official capacity.

Travel

Travel to and from meets are the responsibility of the parents. Each year, athletes that qualify will travel to Regional, State, and/or National competitions. Participation in these competitions is optional. Travel costs are not included in registration. Travel package costs provided by the club will be determined by the travel committee.

Financial Assistance / Fundraisers

We **do not** have a fundraising requirement. However, for those requiring assistance with fees, there are fundraising options available. We also have corporate partnership opportunities. These partnerships help provide monies to acquire equipment, training facilities, and grants for the underprivileged.

Volunteers

Volunteers are needed! If you are interested please speak with the registrar at your practice site. Areas where you can help: Coaching, registration, uniform distribution, corporate partnership, web design, photography, videography, team manager, and coaching. Background checks are required.

Handbook

Each family will receive a copy of the Club's handbook. It gives an overview of the program, general information, and the clubs policies and procedures, code of conduct, coaching philosophy, training philosophy, relay selection, and more.

Returned Check Fee

A \$25 charge will be accessed on all returned checks or dishonored credit card payments. We only accept corporate and company checks.

Head Coaches and Officer Contacts

Coach: Lavoxkeia Carnes, 832-415-0568 x101 Email: TeamSKA@skathletics.com

Coach: James Carnes, 832-415-0568 x102 Email: TeamSKA@skathletics.com

