

# Now that you've registered...What's next?

## And other frequently asked questions....



### All Sports:

You have completed your registration. You received an email confirmation letting you know that we received the registration and it's in our system. In general the next communication that you will receive should be from your child's coach. This should happen the weekend prior to opening day. If for some reason you haven't heard from them you can log into your account the Wednesday of Opening Day week. Your child's team information and schedule will be there.

The only exceptions to this are:

Cheer - You will hear from our cheer director periodically in the weeks before hand.

Sports Camp - The dates and times for sports camp are predesignated. Mark your calendars when you register and show up at Visalia Naz the first day as early as 8:30am

## FAQ:

### What does the program include:

- Quality Team Jersey\*
- Medal for every player
- Organized League
- Positive Atmosphere
- Awards Ceremony w/ prize drawings
- Equal playing time
- Fun & Instructional learning!!!
- Quality time with family and friends

\*Exception Cheer (cheer uniform) and Sports Camp (T-shirt)

### What color is my child's jersey? I want to get shorts and/or socks to match.

Jersey shades vary and honestly our best suggestion is to go with black shorts or black or grey baseball pants. Those will match your Team Jersey no matter what. If you want to match the socks wait until after opening day to purchase colored ones.

## FAQ (pg. 2):

### What do I need to provide for my child?

#### **Each child on a team sports is given a jersey.**

\* Sizing note about jerseys....though we ask for your child's size it is a guide. We do not start placing kids on teams until two weeks before the season begins. However, we order jerseys at least 2 months prior to opening as we do our own screen printing.

#### **For Cheerleaders the uniform consists of a shell, skirt & bloomers.**

\* Sizing note about cheer uniforms....within one week of registering, for first timers and those needing a new uniform, please bring your cheerleader to the Visalia Naz Church office to be measured. The times available for measurements are: Tuesday- Friday 9am-12pm and 1:30pm-4pm. Ask for Dee. If these times do not work for you contact Dee Flynn by email: [dee@visaliaianaz.org](mailto:dee@visaliaianaz.org) and she will work something out with you.

#### **Each child will need in all Team Sports...**

Bottoms: shorts, leggings, sweats...something easy to move in (we recommend black).

#### ***Also, By Sport:***

**BASKETBALL:** Tennis shoes

**INDOOR SOCCER:** Tennis Shoes (no cleats)

Long Socks

Shin Guards (worn under socks)

**TBALL/COACH PITCH:** Glove

Tennis Shoes or Cleats

**OUTDOOR SOCCER:** Tennis Shoes or Cleats

Long Socks

Shin Guards (worn under socks)

**FLAG FOOTBALL:** Tennis Shoes or Cleats

Mouth Piece

**CHEER:** White Tennis Shoes and White Bobby Socks

## FAQ (pg. 3):

### **When does my child start to practice? How many practices are there in a week?**

We know that life these days is crazy busy. Here at Naz Sports we are about relationships, kids getting out burning some energy while learning or fine tuning a skill.

**Kids Practice and play, wait for it....ONE day a week.**

The practices and games start on opening day.

### **The schedule looks something like this...**

#### **Team Sports:**

Scheduled game time 10:00am.

Arrive 9:55 team takes the field/court at 10:00.

Warm up and practice for 18 minutes

Teams come together at center field/court for Coin Toss

Teams play two 18 minute halves w/ a 1 minute Half Time

(TBall/Baseball 2-3 innings as time permits)

Teams come together at center field/court for a cheer and a high five.

#### **Cheer:**

**First 4 weeks:** The girls show up in comfy clothes (tshirt, leggings, shorts or sweats, tennis shoes)

MINI STARS: Practice is 1 hour

'LIL STARS: Practice is 1 hour

STARS: Practice is 1.5 hours

**Last 4 weeks:** The girls show up in full uniform

MINI STARS: Practice is 1 hour

'LIL STARS: Practice is 1.5 hours

STARS: Practice is 1.5-2 hours

## FAQ (pg. 4):

### What day and time will my child participate?

#### *By Sport:*

**BASKETBALL:** TIMES WILL VARY FROM WEEK TO WEEK.

PK/K-2nd Grade - Saturday Mornings (8am-12pm)

3rd-6th Grade - Thursday or Friday Nights (5:30pm-7:30pm)

**WINTER CHEER:** DETERMINED BY AGE

MINI STARS & 'LIL STARS - Saturday Mornings (9am-11:30am)

STARS - Friday Evenings (6pm-7:30pm)

**INDOOR SOCCER:** TIMES WILL VARY FROM WEEK TO WEEK.

PK/K-2nd Grade - Saturday Mornings (8am-12pm)

3rd-6th Grade - Thursday or Friday Nights (5:30pm-7:30pm)

**TBALL/COACH PITCH:** Saturday Mornings

Tball - 8:30am (Fields will change from week to week)

Coach Pitch - 9:30am (Fields will change from week to week)

**OUTDOOR SOCCER:** TIMES WILL VARY FROM WEEK TO WEEK.

All ages Saturday mornings (8am-12pm)

**FLAG FOOTBALL:** TIMES WILL VARY FORM WEEK TO WEEK.

All ages Saturday mornings (8am-12pm)

**FALL CHEER:** DETERMINED BY AGE

All Squads Saturday Mornings (9am-12:30)

**SPORTS CAMP:** MONDAY-FRIDAY 9AM-12:30PM of Sports Camp Week