



2019 Men's Summer Basketball League

Season

June – August. 2019

† Friday Nights – Earliest start time would be 6:00pm
(Game times depend on how many teams register)

Registration

\$725 p/team –

Roster 5 Player minimum - 12 Maximum

Registration ends: May 17th

Mandatory Captains Meeting Thursday June 6th 8:00pm at Southard School

Location

Oak Glen Park

Must be ages 18 years or Older

**To receive up to date text messages about cancellations
please text: 81010 with the message @palball**

**Please hand all forms in together as a team
w/payment**

Make Check payable to: Howell PAL

Mail check with registration to: Howell PAL at PO Box 713 Howell, NJ 07731
(Howell Residency Not Required)

Howell PAL

P.O. Box 713, 115 Kent Road P: 732-919-2825 F: 732-919-1212 www.howellpal.org

2019 Men's Summer Basketball League

Player's Name: _____ Age: _____

Team Captain: _____ Team Name: _____

Address: _____ City: _____

Zip: _____

Birth Date _____ Phone Number: _____

Email (Mandatory): _____

Shirt Size: AS _____ AM _____ AL _____ AXL _____ A2XL _____

Currently on Medication? _____ Specify: _____

Subject to asthma? _____ Use an Inhaler? _____

Medical Allergies?

Emergency Contact: _____ Relation: _____

Phone #: _____

*** The Howell Township PAL reserves the right to refuse or expel a player's registration, if in fact said "player" is found to ignore the guidelines established within this league.**

(PAL Office Use Only)

CHECK _____ CASH _____ AMT _____ RECEIVED BY _____

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Men's Basketball League

HOWELL POLICE ATHLETIC LEAGUE PARTICIPANT WAIVER

NOTE: This form must be read and signed before the member is allowed to take part in a PAL program. By signing this form, the participant and/or parent or guardian agrees that they have read this waiver, understand the terms set forth herein and knowingly and voluntarily agree to the terms of this waiver.

Program Name: Men's Basketball

Member's Name: _____

Address: _____

Phone #: _____ **DOB:** _____

In consideration of my involvement in the program under the auspices of the Howell PAL (and/or its officers, volunteers, staff, sponsors, agents, members and/or activity participants) I hereby agree that:

I acknowledge that by participating in the sport by its very nature:

- 1. I RISK BODILY INJURY, INCLUDING PARALYSIS, DISMEMBERMENT OR DEATH.** While the particular rules of the sport, equipment, personal training and discipline may reduce this risk. The risk of injury does exist, as does the risk of damage to or loss of property.
2. I knowingly and freely assume all risks both known and unknown, even if arising from negligence of the above mentioned parties.
3. I willingly agree to comply with the stated and customary terms and conditions for participants, if however I observe any unusual or unnecessary hazard during my presence or participation, I will bring these incidents to the immediate attention of the nearest Howell PAL Staff/Chaperone.
4. For myself, and on behalf of my heirs, those assigned as a personal representative and my next of kin, I hereby: Release, Indemnify and hold harmless and agree not to sue, file a claim for relief or otherwise take legal action against the Howell PAL, their officers, volunteers, staff, or sponsors. Further I and/or my parent/guardian Releases from liability of any of the aforementioned from any liability from any and all injury and loss arising from my participation, whether caused by negligence or otherwise, except that which is the result of gross negligence or wanton misconduct. This indemnification shall include the payment of the Howell PAL's reasonable attorney's fees in defense of any claim filed by you.
5. I grant the Howell PAL, its representatives and employees the right to take photographs of my child in connection with the above identified subject. I authorize Howell PAL, its assigns and transferees to copyright, use and publish the same in print and/or electronically. I agree that Howell PAL may use such photographs of my child with or without their name for any lawful purpose, including for example such purposes as publicity, illustration, advertising, and web content.

I have read this Howell Police Athletic League Participation Waiver and fully understand its terms. By signing this Waiver I acknowledge that I have done so both freely and voluntarily.

This signature is to certify that I, as a adult participant or the parent/guardian with legal responsibility for this participant who is a minor, consent to the above mentioned and agree to his/her release, and also agree for myself/ourselves, my/our heirs, assigns and next of kin, to release and indemnify the Howell PAL from all liability, incidents to my /our child's involvement as stated above.

X _____
Member Signature Date Signed

2019 Men's Basketball League Rules

- **Time**

- Each game will consist of 2 halves, 20 minutes each
- There is no shot clock
- The clock will only stop on time outs, injuries, foul outs, and during the FINAL MINUTE OF THE FIRST HALF, AND FINAL 2 MINUTES OF THE SECOND HALF
- During the final 1 minute of the game, the clock will stop on everything, including made baskets.
- The clock will not stop for foul shots until the designated stoppage times (last 1 minute of 1st half, last 2 minutes of 2nd half)

- **Time Outs**

- Each team will be able to use three time outs per game, one used first half, two used second half (*USE IT OR LOSE IT*)
 - Teams will have 3 full time outs (60 seconds)

- **Rosters**

- Teams may have up to 12 players on their roster.
- Rosters will FREEZE after Week 6 of the regular season. Teams may not add any players after this time
- Players must play at least 2 games for a team in order to be eligible for the playoffs. Scorekeepers will take down names before the start of the game. Players are asked to bring ID in case of any discrepancies
- Teams may start a game with no less than 4 players. If a team has 3 players they will have 5 minutes after the scheduled game time for their 4th player to show up, or it will be a forfeit. If the team shows up more than 5 minutes after the scheduled game time, they have the right to play the game, but it will still be a forfeit
- If a team only 4 players, they may use up to two "guest players" that are registered with the league.
- If a team wishes to add a player to their roster, they must have the registration form filled out and handed to the commissioner before the player is eligible to play.
- Teams may not use ANY players that are not registered with the league. If a team is caught using a player that is not registered with the league, they will automatically forfeit that game. Repeat offenders may be banned from the league
- Players may not play for more than one team in the men's league. If a player is 18 years old and in high school, he may play on a team in the men's league and on a team in the high school league

2019 Men's Basketball League Rules

Continued

- **Fouls**

- A player fouls out of the game on their SIXTH (6th) foul of the game, not their fifth
- On the 10th team foul of each half; the opposing team will shoot "one and one"
- If player A fouls out and team does not have a substitute player can continue to play. Any subsequent fouls by player A will result in 2 shots and the ball for the opposition.
- If a team has less than 10 fouls but commit two fouls within the final 2 minutes of the half, the opposing team will shoot "one and one."
- Technical fouls count as a personal and team foul
- Players may enter the key on a foul shot once the ball is RELEASED

- **Overtime**

- If a winner is not determined at the end of regulation, there will be 2 minute overtime
 - Clock will stop at 1 minute mark
- If a winner is not determined at the end of the first overtime, teams will continue to play 1 minute overtimes until a winner is determined
 - The clock will stop on any whistle during the 1 minute overtime periods
 - Personal and second half team fouls from regulation will roll over into overtime periods
 - Teams may use whatever timeouts they have in overtime that are left over from regulation

- **Technical Fouls**

- Players/Coaches
 - 2nd offense- One game suspension
 - 3rd offense- Two game suspension
 - 4th offense- Suspended for the season
 - Ejection- two game suspension

- **Playoffs**

- The number of teams in the playoffs will depend on how many teams register for the league
- Tiebreakers
 - 1st- Win/Loss Record
 - 2nd- Head to Head Record
 - 3rd- Record vs. common opponents
 - 4th- Defensive Points Allowed Per Game Average
 - 5th- Coin Flip