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From the President

Jeanne Rosas

Next year - 2015 - will be a special year for the Forest Hill Recreation Council as we will celebrate our **50th Anniversary** as a Rec Council. We are already hard at work planning our celebration which will take place on April 18, 2015. The celebration will take place at the same time as our traditional baseball/softball opening day. As this celebration will be about the whole rec council and not just one or two programs, we are coming up with ideas to include all of our programs on this special day.

We are working on many different ideas, such as patches for all uniforms, fireworks and a series of demonstrations to be put on by several programs. Our parade will be expanded to include all rec council programs. We are working on having all programs represented throughout the day in a variety of ways. We are also looking for photos from years past. If you have any photos of teams or programs from years gone by that you would like to share, please contact me so that we can arrange to get them. We are also interested in any history of the rec council, especially the very early years (the 1960's and 1970's) so again, please contact me if you have access to and can share this information.

We also want to invite all of our volunteers, both past and present to come and enjoy the celebration with us. So if you know anyone who has been involved over the last 50 years, please reach out to them and share the information and invitation.

If you are interested in helping to work a shift or two to help our celebration run smoothly, please contact me at dmrosas@verizon.net .

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Youth Baseball

Chris Benjes

FALL BASEBALL is in full swing now as the summer sun fades into the colors of autumn. Once again we have six teams in the Northern Harford Fall Baseball League and four teams in the Baltimore County Major League. Fall ball is a fun, non-competitive season where players prepare for next year by working on new skills and new positions. Registration for Fall Ball happens in May and June and games are played on Sundays from August through October. Best of luck to all teams!

THE 2014 SPRING BASEBALL SEASON ended in late June with the end-of-year tournaments and the annual all-star games. In the 9-10 Championship, the Mets and Nationals battled for the title with the Mets coming out on top. In 11-12, the Cardinals beat the Mets for the 11-12 Rec Championship. For the All-Star Home-Run Derby on June 21st, official Cooperstown Bats were awarded as prizes to the players with the most home runs in the 7-8, 9-10, 11-12 and 13-15 age groups: Jonny

Vaughan, Jeremy Biggerman, Nicky Tamborino and Joey Conn. Congratulations to all on their fine performances.

2015 SPRING REC BASEBALL REGISTRATION: ON-LINE AND MAIL-IN for spring baseball and softball starts January 1, 2015. We also have two walk-in registration sessions at Forest Lakes Elementary School scheduled for January 10th and 17th from 11 am until 2 pm. Registration will be here before you know it!

Please keep in mind that we offer an early-bird discount for registration in January. Some age groups fill up fast. Don't wait until March to register where you will have to pay a considerable late fee and run the risk of being placed on a waiting list.

2015 SPRING BASEBALL MANAGERS/COACHES: We are currently taking applications for managers and coaches for the 2015 spring baseball season. Anyone with the desire to teach and coach baseball to our players ages 5 through 19 are welcomed to apply. All managers and coaches – returning or new – must fill out a Coaches Application form available on www.foresthillbaseball.com by December 1 so we can plan for the season.

2015 FOREST HILL TRAVEL BASEBALL teams for ages 7 through 12 will have sign-ups at the January registrations and tryouts will be held during the first weekend of February 2015. Mark your calendars now.

2015 FOREST HILL TRAVEL BASEBALL is taking applications for our 8U, 13U and 14U Express manager positions. E-mail Chris Benjes if interested, cbenjes@foresthillbaseball.com.

THE MONTHLY BASEBALL/SOFTBALL MEETINGS for the 2015 season are held on the second Monday of each month from November through April at 7:30 P.M. in the Activity Room of Forest Lakes Elementary School. This year's first meeting is Monday November 10th. Anyone interested in volunteering for 2015 should plan to attend this and every meeting. Volunteers also need to complete an application so we can include you in the planning for 2015. Attendance at baseball meetings in January, February and March are the most important and all managers need to attend these meetings. We have heard too many people say, "I didn't know that about Forest Hill Baseball." If you attended the baseball meetings, you would know. All are welcome.

THE FOREST HILL STORM is a full-time Club baseball program that plays in MABA. We can field teams for players ages 13 through 19. Teams are selected in the fall and will practice through the winter in preparation for the spring season. Tryouts for the 2015 teams occur in late August/September. See the web site for information – www.foresthillrec.com. For more information about our Storm baseball program, please contact Steve Bollinger, 410-803-9873, stevebollinger@verizon.net.

SCOREBOARD OPERATORS. We are looking to hire several teens age 14 and up who would like to operate the electronic scoreboard on Field 1 on weeknights and weekend days during the spring season. The fee is \$20 per game. Applicants must be responsible and attentive to the games being played in order to ensure proper accuracy. If interested, please contact Chris Benjes, 443-640-4400, cbenjes@foresthillbaseball.com.

UMPIRES -- The Forest Hill Baseball Umpire program is looking for youth umpires for evening games on Mondays, Thursdays, Fridays, and Saturday mornings in the spring. Potential umps should sign up at the baseball registration sessions in January. Umpires must be at least 14 years of age by May 1, 2015 and must complete the free training program in March. All umpires are paid per game. If interested, please contact Chris Benjes, 443-640-4400, cbenjes@foresthillbaseball.com.

HIGHLIGHTS FROM THE 2014 SPRING SEASON:

THE 13-15 FOREST HILL GIANTS made it to the Central Harford 13-15 Baseball League Championship this year and lost a close game to the Norrisville Orioles. This league was comprised of 16 teams from Forest Hill, Bel Air, Hickory, Churchville, Norrisville and Emmorton Rec Councils. Congratulations to Coach Glenn Weaver and

his Giants for a great season.

THE 10U EXPRESS finished their season strong with a Semi-Final appearance in the Towsontowne Invitational in July, getting there with a walk-off home run by Ryan Martinelli in extra innings. Ben Ziervogel finished 3rd out of 32 players in the Towsontowne Invitational Home Run contest.

THE 12U EXPRESS are the 2014 Travel League regular season champions and also won the Travel League Tournament. They placed first in the Essex Tournament and were runner-up in the Ripken District Tournament. At Cooperstown Dreams Park in July, they placed 39th out of 104 teams with a 5-3 records. Great season, guys!

THE 13U STORM finished their season in 1st place in MABA Northeast Division 2 and won the championship tournament. Congratulations to Kris King and his Storm team!

THE 14U STORM finished its season tied for second with a 20-7 record, but unfortunately were not able to play in their season ending tournament. This was a significant accomplishment and the team is excited about next year already.

THE 16-20 STORM finished their short summer season in the 16-20 Northern Harford Baseball League with a 7-1 record and advanced to the Tournament Championship game on July 10, only to fall to a good Churchville team - the only team that beat them in both 2013 and 2014.

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Adult Slow-Pitch Softball

Chris Benjes

The Forest Hill Adult Softball program concludes its 13th season this month for both the Men's and Women's divisions. This year we are max'ed out with 265 adults on ten Men's teams and six Women's teams, all having fun playing softball on Friday nights throughout the summer. Once again, the season will end with the annual cook-out party at the pavilion following the Men's Championship game. Registration for 2015 will start in February for returning players and registration for new players (if space allows) begins in April. Contact Chris Benjes, 443-640-4400, cbenjes@foresthillbaseball.com for information.

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Basketball

Nelson White

Hello All,

It is that time of year again, basketball registration! We have some EXCITING NEWS regarding the registration process for the Forest Hill / Hickory / Churchville "combined" Recreation Basketball program. In an effort to streamline the registration process this year, we are eliminating mail in registration and replacing it with on-line registration. If you are a current Forest Hill Rec Council user, your account name & password will work. If you are new to the online registration system, you simply will need to create an account with a user name and a password. We are convinced that using an on-line registration system will help us better manage internal sharing of critical information and streamline the registration process. We hope you take advantage of the offering and look forward to another great season of basketball. You

can begin registering on Wednesday, August 20, 2014 at <https://foresthill.visionproregistration.com/families/login>. You will also be able to register in person on the dates listed below:

In Person Registration Dates:

• **Wednesday, September 10, 2014** @ Forest Hill / Hickory Rec Activities Center 6p.m. – 8:30pm. The building is located at 2213 Commerce Road, Forest Hill in the Forest Hill Business Park.

• **Saturday, September 13, 2014** @ Forest Lakes Elementary School - 10 a.m. – 3 p.m.

This year you will note a change in our fee structure. We have broken the program into two parts. One is a fee for those programs that do not use referees, clock keepers, and higher cost custodians at larger facilities. The second set will include all "league" programs that have referees and clock keepers. Over the years we have worked extremely hard to keep our cost in line, however over the past two years the entire program has run at a small deficit and we cannot continue to do this. Cost increases to our program include recreation council head tax increase, custodial cost increases, as well as equipment cost. We are COMMITTED to continuing to provide the best program in Harford County and we hope you understand.

The new costs are:

Girls Clinic 5 & 6, Boys Clinic 5, Boys 6 & 7 Instructional and Girls 7 & 8 Instructional - \$75

All other ages - \$90.00

A sibling discount is available and can be viewed during registration.

Coach Applications:

If you are interested in coaching, please download the coaching form and mail in immediately to:

Trent Thames at 708 Edgehill Drive, Bel Air, MD 21014.

Registration will remain open until September 18, 2014.

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Dance

Pam Long



At Forest Hill Dance we offer class to ages 3 and up through high school. Our schedule includes Ballet, Tap, Jazz, Modern, Lyrical, Pointe and Musical Theatre. We believe our program is one of the best in Harford County as we provide a program with the emphasis on fun and learning the discipline of dance. Our six instructors are skilled and dedicated teachers. Our two studios are located in the Forest Hill/Hickory Activities Center at 2213 Commerce Road in Forest Hill and are equipped with dance floors, mirrors and wall mounted barres.

Our program begins in September and culminates with a large end of year production in the spring in which all dancers ages 4 and up participate. This is different from some dance programs that run for a session of several weeks and just end with the final class. This requires a significant time commitment towards the end of our season and requires some additional costs to parents (i.e. costumes, recital tickets, photos). Our 3 year old classes end with an in-studio performance for their families.

Registration began in mid-July but we do still have some openings. If you are interesting in registering your child, email or call me with the age of your child as of 12-31-14 and I will let you know what options we have for you. A registration form along with our newsletter can be emailed or mailed to parents who can then return the completed forms with their payment.

Detailed information about our program is available on our website at <http://www.foresthillrec.com/program.php?programID=65> (you can also go to www.foresthillrec.com and then click on Dance on the list of programs on the left side). Be sure to read our Introduction and then if you have any questions, please feel free to call or email me.

Pam Long
Mypal06@verizon.net
410-836-5257

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Lacrosse

Scott Schubert

SPRING 2015 BOYS' LACROSSE

Registration for the 2015 season will begin on Saturday, October 25th. Please register online at

www.fhlacrosse.usl.la

We intend to field teams in the following age groups for the 2015 lacrosse season:

Clinic – Ages 4-6 (Instructional)

PeeWee- Ages 5-6 – In-house League - Playing with the Bel Air In-House League

Tyker – Ages 7-8 – In-house League - Playing with the HARCO In-House League

Tyker – Ages 7-8 – Travel League - HARCO and MYLA Leagues at the B level of competition

Lightning – Ages 9-10 – In-house League – HARCO at the C level of competition.

Lightning – Ages 9-10 – Travel League - MYLA and, or HARCO at the B and, or C level of competition.

Midget – Ages 11-12 – Travel League - MYLA and, or HARCO at B and, or C level competition

Junior – Ages 13-14 Travel League - MYLA and, or HARCO at the B and, or C level of competition

Forest Hill teams will practice on Forest Hill area fields and play their home games at Blake's Venture Park in Forest Hill. The program runs from January 15 (Evaluations) to early June (year-end tournaments).

The registration fees are as follows:

Clinic 5-6 years of age(born on or after 01/01/2009) \$64.00

Pee Wee 5-6 years of age(born on or after 09/01/2007) \$96.00

Tyker 7-8 years of age(born on or after 09/01/2005) \$165.00

Lightning 9-10 years of age(born on or after 09/01/2003) \$169.00

Midget 11-12 years of age(born on or after 09/01/2001) \$180.00

Junior 13-14 years of age(born on or after 09/01/1999) \$198.00

Each player will receive a jersey and shorts to keep. Tournament fees are included. There is a \$10.00 per player discount for every additional player who signs up for the program from the same immediate family. (Example 1st Player would cost \$100.00, but every additional player from the same family would cost \$10.00 less per player for whatever age group they play). Rental equipment is available for a \$38.00 fee and includes a helmet, gloves, arm pads and shoulder pads. Each piece of equipment may also be rented separately. A \$200.00 check is required as a security deposit for the equipment rental and will be held by the Program until the equipment is returned at the end of the season.

All players must provide their own lacrosse stick, mouth guard and athletic supporter with protective cup.

For additional information, or questions please email foresthilllaxchair@gmail.com or call Coach Scott: 443-250-5290.

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Harford Film Camp 2015

David Warfield

Harford Film Camp, Summer 2015

Harford Film Camp is a two-week program for teens with an interest in filmmaking, acting, writing, directing, camera and sound. We create a fictional story and shoot it over the two-week camp session. The goal is to complete a finished short film with a high degree of professional polish, suitable for entry into film festivals.

Our 2014 Film Camp was held at Eden Mill Nature Center, and was a big success. Ten students participated in the making of a comic "mockumentary," about a legendary "sea monster" living in Deer Creek! The film is still in the editing process.

The dates and location for Film Camp 2015 are to be determined. For complete details see www.harfordfilmcamp.com, and check out our face book page <https://www.facebook.com/HarfordFilmCamp>.

David W. Warfield
Harford Film Camp Director
info@harfordfilmcamp.com
310-600-2607

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Barbell Class

Sherri Woosley

Fall: Ladies' Strength Training Class: Tues./Thurs., 9:15-10:15am at Forest Hill/Hickory Activities Center, Annex Room.

An 8 week session: 9/2/14-10/23/14.

Cost: \$7/per class or \$5/per class with registration. Barbells are provided.

Info: Sherri Woosley, sherri.woosley@verizon.net. (certified personal trainer)

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Tennis

Lori Phillips

Tennis Clinics offered this Fall 2014

Adults and Kids ages 4-15 provided through Forest Hill Recreation starting Labor Day Week.

Classes for Children ages 4 through 15 using the U.S.T.A. Quickstart format. We use appropriate size balls and nets to accommodate different ages. 9-15 year olds use regular standard balls and court. Come and have fun learning tennis, a sport for life.

Adult Clinics for Beginners and Advanced Beginners will also be offered with day or evening times. Have fun learning to play or brush up on your strokes, and meet new people.

To download an application and for more information including dates, times, and prices, please go to www.ForesHillRec.com and select Tennis listed under Programs.

Starting in November, Children's Tennis Quickstart clinics for 4 and 5 year olds will be offered Tuesday mornings or early afternoons inside the Forest Hill/Hickory Recreation Building. Application for this program will be on-line in October.

Call or e-mail PTR Tennis Instructor, Lori Phillips with questions or if you need further information on any of the adult or children's clinics offered. Space is limited – so don't wait.

Please Call (443) 299-6606 or e-mail LP4tennis@gmail.com to see if there is still room in the class before you mail your registration.

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Yoga

Susan Jensen

YOGA

Age: over 18

Cost: \$90/1 class per 12 week session

\$150/2 classes per week

\$180/unlimited classes in session

Drop-in rate \$10 per class.

Email questions to: susanjensen@comcast.net

MORNING CLASSES 9:30-10:45AM

Mondays 9/8-11/24

Wednesdays 9/10-11/26

Fridays 9/12-11/28

Morning Location: Forest Hill/Hickory Activity Center, 2213 Commerce Rd, Forest Hill, Dance Studio B

EVENING CLASS 6:30-7:45pm.

Wednesdays 9/10-11/26,

Evening Location: Forest Lakes Elementary School Recreation Room.

Gentle hatha yoga classes led by certified yoga instructor. Bring your own mat & water.

Registration forms can be found on the website: www.foresthillrec.com.

Register 15 min. prior to class or in advance by mailing completed registration form & check made payable to FHRC

Mail to: Susan Jensen, 13809 Ansari Lane, Baldwin, MD 21013

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Zumba Fitness

Marcela Miller, Certified Instructor

ZUMBA FITNESS

Marcela Miller, Certified Instructor

If your exercise routine feels like a bore, then join the exhilarating dance-fitness sensation! Zumba exercise classes are "fitness-parties" that blend world rhythms with easy-to-follow choreography, for a total workout that feels like a celebration. Zumba is for everyone and every fitness level, so ditch the workout and join the party!

Saturdays: 10:00 – 11:00 AM September 20, 2014 – December 20, 2014

Forest Hill/Hickory Activities Center Studio B

Fall Session Fee: \$55.00

Registration 9:45 AM September 20, 2014

Late registration 9:45 AM September 27, 2014

For questions please call Linda 410-838-1345

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Our mailing address is:

Forest Hill Recreation Council

PO Box 237

Forest Hill, MD 21050

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