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## From the President

Volunteers are the backbone of our Recreation Council. They make up our program chairs, age group directors, managers/coaches, Board of Directors. They run our concession stand and keep this Rec Council afloat. I would like to recognize some of our many volunteers who will be honored at this year's Parks and Rec Annual Dinner.

Jerry Kalista has been a volunteer for Forest Hill Recreation Council for over 30 years. He has been a past chair of our baseball program and is a member of our current Board of Directors. He also is the current chair of the Scholarship Committee and Men's Adult Baseball. We also have several people who will be honored for having volunteered in our Rec Council for 10 years. They are Steve Harker, Kirk Warner, Fred and Kim Rynes, Bob and Amy Johnson, Deb and Tim Norcross. These are people who give of their time to be managers, coaches, Board members, assistant program chairs, or serve on one committee or another. Some of our volunteers no longer have children in our rec council but continue to volunteer so that all our participants can thrive in an atmosphere of fun while learning a sport as well as many lessons that will serve them well as they grow up and move on in their lives.

We need many more volunteers to help and provide new blood as well as new ideas and solutions to help our Rec Council continue to grow and flourish. If you would like to become more involved and work with the best volunteers in our county, please contact your program chair or myself. We would love to have you.

I would like to take this time to also announce that Forest Hill Recreation Council has begun doing background checks on our volunteers. This includes Board of Directors, program chairs, age group directors, managers/ coaches, instructors, and anyone who will be working with our youth. It is yet another way we want to show our commitment to providing a safe environment for all our participants. We started working with Identity Solutions Group in January of 2011 and things are going well. Our policy is on our website for anyone to read. If you have any questions, please feel free to contact me either by e-mail at [dmrosas@verizon.net](mailto:dmrosas@verizon.net) or

phone: 410-838-2110.

Jeanne Rosas, President  
Forest Hill Recreation Council

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## Soccer

Mike Geier

### **PROGRAM OVERVIEW**

Believe it or not, the registration process for the fall soccer season is about to begin. We had a very successful season in 2010 and are looking forward to a great year ahead.

Find the month and year that your child was born in the table [on page 2 of this document](#) and that will tell you the age group in which your child should register.

The 5 year-old program is for boys and girls who are five years old by July 31st. Children in the U8 program play once per week on Saturdays and play on the smaller sized fields. Boys and girls in the U9 through U11 age groups will be playing on the smaller-sized fields with eight players per team on the field. The U13 and above age groups will play on the full-sized fields with 11 players per team on the field.

### **REGISTRATION**

Fall soccer registration will be held on the following dates:

Saturday, April 30th: 11AM – 2PM

Saturday, May 7th: 11AM – 2PM

Registration will be held at the Forest Hill Rec. Complex pavilion.

Travel soccer try-outs begin June 1st.

Please make every effort to complete and submit your registration forms during one of the two registration dates. You may also mail your registration form or register online through June 15th at [www.foresthillsoccer.net](http://www.foresthillsoccer.net). Forms submitted through the mail should be received no later than June 15, 2011. [Forms are available here](#) and are also available on the website at [www.foresthillsoccer.net](http://www.foresthillsoccer.net).

Mail to:  
Michael Geier  
1730 Grafton Ridge Court

Forest Hill, MD 21050

Registration will end on June 15, 2011.

### **FEES**

The fees for the 2011 rec. soccer season are as follows:

5 Year-Olds: \$40

Under 8: \$50

Under 9 and above: \$65

There is a family maximum registration fee of \$150.

All checks should be made payable to FHRC.

### **VOLUNTEERS NEEDED**

As with any sports program, we depend heavily on parent volunteers to help with a variety of matters, which include the following:

- Coaching or acting as assistant coach for your child's team;
- Helping with field maintenance issues; and
- Working in the concession stand

Additionally, we are in need of a referee assignor. Responsibilities include providing instruction to a group of youth referees and making referee assignments for certain games played at the Forest Hill Rec. Complex during the regular season.

We also need assistance in setting up our fields at the beginning of the season. If someone who is experienced in setting up the fields (initial lining and confirmation of field dimensions) would like to help, please let us know.

This work is extremely rewarding and quite a bit of fun. If anyone is interested in volunteering in any capacity in the soccer program, please contact Mike Geier at (410) 838-0193.

### **IMPROVEMENTS TO THE PROGRAM**

We devote a significant amount of our program's resources to the upkeep of our fields. During the off-season, we re-sodded portions of all fields at the rec. complex. Additionally this past fall, portions of the fields at Blakes Venture and Friends Park were re-sodded. This continued focus on our fields will improve the quality of our program and maintain the appearance that all of us expect.

These improvements are funded with your registration fees and generous support from our annual fundraiser. Thanks for all that you do to make our program one of the best in the county.

### **FORCE TRAVEL SOCCER**

The Forest Hill soccer program also offers travel soccer teams for players who are interested in playing at a higher level. The Force travel soccer program promotes growth and appreciation for the game of soccer by providing an environment where individuals can:

- Further develop their skills and understanding of the game.
- Learn leadership, teamwork, and sportsmanship.
- Develop physical fitness and mental awareness.
- Encourage courtesy, proper conduct and respect for players, officials, coaches and spectators.
- Create an atmosphere that inspires fun, growth and learning, while developing new friendships, and encouraging support in the community

The travel soccer program includes boys and girls teams from U8 thru U15. These teams typically practice twice a week starting around the first week in July and will have games on Saturday and/or Sunday beginning in September. They also participate in 2 or more weekend tournaments during the fall season.

Tryouts for the Force travel soccer teams begin around June 1st and you should contact the coach appropriate for your age group if you are interested in attending tryouts. The Force program does not require pre-registration nor does it require a non-refundable tryout or registration fee. We feel that you should have the opportunity to find a team that is right for you and your child without being bound by a monetary deposit.

Force and coaches' contact information can be found at [www.foresthillforce.com](http://www.foresthillforce.com).

### **PROGRAM CONTACTS**

For any additional information on the soccer programs, please visit [www.foresthillrec.com](http://www.foresthillrec.com) or contact any of the following individuals:

Rec Program Coordinator - Mike Geier; 410-838-0193;  
[foresthillsoccer@comcast.net](mailto:foresthillsoccer@comcast.net)

Travel Coordinator - Bob Jacobs; 410-420-0250;  
[jacobsoccer@gmail.com](mailto:jacobsoccer@gmail.com)

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## **Over-30 Softball (Men's)**

**Chris Benjes**

The Forest Hill Adult Over-30 Softball League is now taking individual registrations for the 2011 summer season. We offer both a Men's division and a Women's division. Games are played on Friday evenings at 6:00 PM beginning July 8, 2011. The season wraps up with a championship tournament in mid-late September. All games are played at the Forest Hill Recreation Complex. Because of the number of available fields, the league must be limited to 8 teams for each of the Men's and Women's divisions. General registration for new players begins April 23rd. This has become a popular league and there are a limited number of openings for new players. All talent levels are welcome. The league's primary emphasis is fun and friendship through softball. Registration is \$20.00 per player and continues through May 24th on a first-come/first served basis until the league is filled. For information, please call Chris Benjes, (410) 893-6456, [cbenjes@comcast.net](mailto:cbenjes@comcast.net) or Cyndi Clark, 443-942-1341, [cyndi\\_13838@msn.com](mailto:cyndi_13838@msn.com)

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## Over-30 Softball (Women's)

Cyndi Clark

It is now May and time for the ladies to start thinking about a night out on their own. An opportunity to take some time to get some exercise, meet some new people and socialize.

### **It is time for Women's softball sign ups.**

Three short years ago we were 5 teams with just 60 ladies. Now starting our 3rd year and we currently have 6 teams with approximately 100 ladies playing and growing. We can have up to 9 teams and still have room for players on some of the existing 6 teams. Our age's ranges from 30 yrs to 60 yrs so never say you are too old, our experience range from never playing, to I have played and am ok, to experienced players. Teams are mixed with all types of players; you are never too old to learn something new.

Our league is designed to allow those mom's that coach from the sidelines for their daughter's games, to get out there and show them how it is done. As well as for any lady that just loves to play the game or learn how to play. The league is designed for them to get out one night on their own. This is a non-competitive slow pitch league and our main goal is fun, exercise & socializing (not necessarily in that order). So bring your friends, relatives, co-workers or age appropriate siblings and join a league for the ladies. Only stipulation is you must be 30 or older.

Please sign up by visiting the website:

<http://www.foresthillrec.com/program.php?programID=84> you can sign up by mail or online.

If you have any questions please call 443-942-1341 or email Cyndi Clark at [Cyndi\\_13838@msn.com](mailto:Cyndi_13838@msn.com).

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## Adult Baseball

Jerry Kalista

### BALTIMORE BOHSOX

2010 Roy Hobbs 28+ AAA World Champions  
HCABL Regular Season Champs 11 of the past 13 years  
HCABL Tournament Champs 9 of the past 13 years

Please check us out on the web ([foresthillrec.com](http://foresthillrec.com))

## THANK YOU 2011 SPONSORS!

Tony Barber – Doug Blair  
Castleroad Construction (Al Gibbons) – Dan Hackett  
Don Hopps – Jerry & Pat Kalista  
Kalista Enterprises (Scott Kalista) – Justin Kaminski  
Tom Mariano – Master Seal (John Dennis) – Damian Michalak  
Oak Contracting (Doug Eder) – Dave Pitz – Sean Pollack  
Duane Reiswig – Dwight Showalter – Tom Trela

### 2011 TEAM ROSTER

Head Coach – Scott Kalista

Assistant Coaches – Jerry Kalista & Dave Pitz

Tony Barber (RHP-C-3B)  
Jason Lohr (RHP)  
Doug Blair (OF)  
Tom Mariano (OF)  
Eric Frank (RHP-1B)  
Damian Michalak (2B)  
Al Gibbons (RHP)  
Dave Pitz (2B-3B)  
Don Hopps (C)  
Sean Pollack (1B)  
Scott Kalista(LHP-1B-OF)  
Duane Reiswig (OF)  
Justin Kaminski (2B-SS)

Dwight Showalter (OF)  
Frank Leone (C-3B)  
Tom Trela (RHP-SS)

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## Fall Baseball

**Chris Benjes**

This fall, Forest Hill Baseball is participating in both the Baltimore County Major League (BCML) Travel program AND the North Harford Fall Baseball League (NHFBL). All kids currently ages 8 to 15 who will be at least 9 and not more than 16 years old by April 30, 2012 are invited to sign up for Forest Hill Fall Baseball.

The NHFBL in-house program will have teams in the 9-10, 11-12 and 13-15 age groups. Players for this league will be placed on a team based on the age group the child will play in 2012 to give them a chance to prepare for next year. Try-outs are not necessary for participation in the In-house program! This is a register-and-play league, based on availability and number of teams.

This year we want to make sure we remain loyal to the kids from Forest Hill Rec, so players who register before June 30th and who played baseball for Forest Hill during the spring of 2011 will be given top priority and will be placed on teams before late-registrants and players from surrounding recreation council baseball programs.

The BCML Travel program will also have teams in the 9-10, 11-12 and 13-14 age groups, but this is a competitive league and teams will be selected by competitive try-out. Players for this league are invited to try-out for the age group based on what the child played in 2011. Because of its competitive nature, playing up in this league is not permitted except for extremely special cases.

All players wishing to attend our BCML Travel try-outs must register and pay for the Rec program before they will be allowed to try out. We will have registration forms available at the tryouts and you must be registered and paid before the player can try out. Such registration requirements show that you are serious about playing for Forest Hill. In order to qualify for selection to a BCML-league team, players must make at least one try-out, and it is recommended that players attend as many try-out sessions as they can. Try-outs will only be held in mid-July.

Fees are to be determined. Please watch the Forest Hill baseball

website for forms, dates and times. Players will also be notified for Fall Baseball registration during their in-house baseball games at Forest Hill. Hint: It is wise (and now a requirement) to sign up for the in-house program and then try-out for the Travel team. That way, the child will be on a team this fall even if he doesn't make the travel team. Any fees paid toward In-house will be transferred to Travel if he makes the team.

Refunds will only be given if requested via e-mail before team selection. After teams are selected, there are no refunds.

Fall Baseball runs from August through late October. Games are played on Sunday afternoons. For more information, contact Chris Benjes 410-893-6456, [cbenjes@comcast.net](mailto:cbenjes@comcast.net).

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## Dance

**Pam Long**

Our Forest Hill Dance Program serves the needs of dancers ages 3 and up through high school. We believe our program is one of the best in Harford County as we provide a program with the emphasis on fun and learning the discipline of dance. Our four instructors are skilled and dedicated teachers.

Our program begins in September and culminates in May with a large end of year production in which all dancers ages 4 and up participate. This is different from some dance programs that run for a session of several weeks and just end with the final class. This requires a significant time commitment towards the end of our season and requires some additional costs to parents (i.e. costumes, recital tickets, photos). Our 3 year old classes end with an in-studio performance for their families.

All classes are held at the Forest Hill/Hickory Activities Center located at 2213 Commerce Road in Forest Hill where we have the use of two studios. Each are equipped with dance floors and mirrors with wall mounted barres in one of the studios.

Our schedule for next year's season will be ready in July. I encourage parents to begin contacting me in July to see what days/times are available for their child. Due to the structure of our dance classes, registration is not available online. However, a registration form along with our program details and newsletter can be emailed or mailed to parents who can then return the completed forms with their payment. We also will be scheduling an in-person registration night in September. Parents are

encouraged to register early through the mail rather than waiting for our in-person registration as classes fill up quickly.

I want to share with everyone that this past holiday season, rather than give our instructors gifts, our parents helped raise over \$700 for Operation Smile, enough to help three children with cleft conditions. What a great way to help others!

Detailed information about our program is available on our website at <http://www.foresthillrec.com/program.php?programID=65> (you can also go to [www.foresthillrec.com](http://www.foresthillrec.com) & then click on Dance on the list of programs on the left side). Be sure to read our Introduction and then if you have any questions, please feel free to contact me directly.

Thank you -  
Pam Long  
[Mypal06@verizon.net](mailto:Mypal06@verizon.net)  
410-836-5257

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## College Scholarship

**Chairman: Jerry Kalista**

The Forest Hill Recreation Council began it's college scholarship program with the 1994 - 1995 academic year. Since then, FHRC has awarded 48 scholarships totaling \$63,000.

### CONGRATULATIONS

2011 - 2012 College Scholarship Recipients Sponsored by: Forest Hill Family & Cosmetic Dentistry (5) and FHRC (2)

Christine Feinour  
Alexandra Jacobs  
Joshua Kuessner  
Jennifer Malkus  
Jessica McClaskey  
Kathryn Merrick  
Andrew Smith

#### Scholarship Selection Committee

Jerry Kalista (chairman) - Sandy Krause - Bill Plantholt - Jeanne Rosas - Dennis Schultz

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Our mailing address is:  
Forest Hill Recreation Council  
PO Box 237  
Forest Hill, MD 21050

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