



Winter 2012 In This Issue...

[From the President](#)

[Baseball/Softball](#)

[Boys Lacrosse](#)

[Tennis](#)

[FUNdamentals](#)

[Dance](#)

[Basketball](#)

[Adult Slow -Pitch Softball](#)

[Adult Baseball](#)

[College Scholarship](#)

From the President

Good sportsmanship is a goal to which we all should aspire. This means that a sport or activity will be enjoyed for its own sake, with proper consideration for fairness, respect for others and respect for the rules. This includes working towards "striving to win" rather than "winning at all costs". It is important to remember to be a good sport whether you are on the winning or losing side of a contest. As a rec council, we try to set the example of being good sports as we teach our children the game they love, whether it is baseball, soccer, basketball, dance or one of our many other activities.

It is incumbent on us to set the bar high and require that all players, coaches, managers and officials excel in good sportsmanship both on the field and off. As we teach our players the love of the game, we must also teach them to have respect for others, play fair, and above all enjoy what they do. Good sportsmanship involves people at all levels of each activity – players, coaches, officials and spectators. In many gyms and arenas around the area, you will see various summaries, directed at spectators, such as "Let the players play, let the coaches coach and let the officials make the calls."

I think sometimes we get wrapped up in the game so much and winning vs. losing that we forget what we are about. So as we start this new year, I am asking all of us to rethink why we coach, manage, officiate and play the games. Are we in it to win or are we in it to teach our children the love of the game, the fundamentals of the game, and the life lesson of respect and fairness? Much of what we teach in sports is echoed in real life and translates in to lessons we need to learn to grow and live in the "real" world. How we deal with others in the game can translate into how we deal with others as adults in jobs, and in our family life.

As we start this new year, my wish for all of us is that we remember to be a good sport in all we do.

I hope that everyone enjoyed the Holiday Season and that all your dreams and expectations for the new year are realized.

Jeanne Rosas, President
Forest Hill Recreation Council

[Back to Top](#)

Baseball/Softball

Chris Benjes / Eric Lippert

2012 YOUTH BASEBALL / SOFTBALL FEES PER PLAYER – SPRING Season

If received on/before January 31st:

5-6 and 7-8 Age Groups: \$50

9-10 age group and older: \$75

If received on/before February 29th:

5-6 and 7-8 Age Groups: \$60

9-10 age group and older: \$85

If received on/after March 1st:

5-6 and 7-8 Age Groups: \$70

9-10 age group and older: \$95

MULTI-CHILD DISCOUNT -- When registering multiple children from the same household, you may subtract \$5 from the second child's fee, and \$10 from the third. The fourth child or more plays for no additional fee.

ON-LINE REGISTRATION and payment with credit cards and PayPal is available on the Forest Hill Baseball and Softball websites as of January 1.

MAIL-IN REGISTRATIONS must be received NO LATER than JANUARY 31, 2012. Forms are included in this newsletter and are also available on the website now.

WALK-IN BASEBALL/SOFTBALL REGISTRATION will only be held on two Saturdays this year:
January 14th and 21st from 11:00 A.M. until 2:00 P.M in the Activity Room at Forest Lakes Elementary School. Checks made out to FHRC and cash are accepted at the walk-in sessions.

2012 IN-HOUSE BASEBALL/SOFTBALL NEWS -- Monthly baseball/softball meetings started back in November, and are held on the second Monday of every month from November through April. The best way to get involved with Forest Hill baseball and softball is to come to the meetings and make a difference. We are constantly looking for new ways to make

our programs fun for the players, coaches and parents, and we always have some special surprises in store. Remember to visit our website often, as there are new bits of important information added daily. Surf to www.foresthillbaseball.com for direct access into the baseball web page. Baseball families, be sure to subscribe to our baseball e-mailing list on the web site for up-to-date information and news.

5-6 BASEBALL/SOFTBALL -- Like last year, 5-6

Baseball/Softball will meet and practice in the outfield of Field 1 at the Forest Hill Rec Complex on Saturdays at 9:00 A.M. starting April 14th. The new location will introduce new players and their families to our beautiful Complex and provide access to the concession stand and convenient restroom facilities. The 5-6 program runs through June 16th and ends with a pizza party and trophy presentation. Players are provided with matching hats and t-shirts. All the kids need to bring are baseball gloves, sneakers, and a water bottle, but many kids like to wear baseball pants and cleats, too. Participants must turn 5 before July 31, 2012. Names and phone numbers should be on all equipment!

For 2012, we are in need of an Age Group Director to run the 5-6 program. Starting as the 5-6 Age Group Director is the best way to become involved in Forest Hill Baseball from the very beginning. Qualifications for running the 5-6 age group are lots of organizational skills and energy to continue the tradition of providing a great environment for the incoming Forest Hill baseball players of tomorrow.

We also need lots of parents to help with the 5-6 program. Color Coaches, Station Coaches, Assistant Coaches, team parents, concession workers and field assistants are all necessary to make sure that over one hundred fifty 5 and 6 year-olds stay safe and have fun. Please contact Chris Benjes, 410-893-6456, and tell him you would like to help. No baseball/softball skills are necessary, and we provide coaches' clinics to help you make sure the kids are taught the "Forest Hill Way." Volunteering for the 5-6 Program is the best way to get involved in Forest Hill Baseball/Softball from the very beginning. Coaches in 5-6 very often move up through the program as their kids grow.

7-8 BASEBALL -- The 7-8 program breaks the teams into two groups - a 7 year old group and an 8 year old group. Emphasis will be on the fundamentals of baseball, keeping the players moving, learning, and practicing their skills in preparation for the higher age groups through drills, practice and games. The goal of the 7 year-old group is to build on the skills learned in the 5-6 Baseball program last year through practices and

educational ball games. The 8 year-old group will be preparing the players for the 9-10 program next year, emphasizing fundamental skills. Practices are held on Wednesday evenings and games are on Saturdays. Toward the end of the season, games are played on both Wednesday and Saturday. The season ends with a pizza party and trophy presentation in mid-June.

9-10 and 11-12 BASEBALL -- These age groups are where the game of baseball is played with umpires, live pitching, base-stealing, and all the excitement that baseball brings. Games are played twice per week, and the season ends with a league championship tournament. 11-12 Baseball features all of the rules from the major leagues including lead-offs, unlimited stealing, balks, and dropped-third strike rules.

13-15 BASEBALL -- Our 13-15 players participate in a combined league consisting of teams from the Bel Air, Forest Hill, and Hickory/Fountain Green baseball programs playing on 80' diamonds at home and away. Games are held on Sundays or Mondays and Wednesdays starting in mid April and running through June, ending with the all-star game and league championship.

HIGH SCHOOL BASEBALL (15-19) -- The Forest Hill High School Baseball Program will field teams in 16U and 19U divisions that will play on a 90' diamond this season, based on registrations and talent. These teams will play on Tuesday and Thursday evenings from mid-May through early July. Tryout/registration forms and fees will be accepted by mail or at the walk-in registration sessions listed above. Tryouts are in early-March and players must pay a fee at the time of registration. Initial cost to register is \$250.00. Checks will not be cashed until teams are selected and those not making a team will be refunded in full. Final cost to play is TBD based on number of games and other expenses. We will be fielding teams in both a 15-16 and a 17-19 division. Questions can be directed to Chris Benjes, 410-893-6456.

Note: To avoid potential injury and to improve the chances of making a travel or 15-19 team, players are encouraged to begin working out, throwing, catching and hitting as early as February to prepare for the tryouts that will be held in March or when the weather breaks. NEVER COME TO TRYOUTS RUSTY.

PLAYER EVALUATIONS and DRAFTS -- Players new to the FHRC baseball program, players without the previous year's evaluation, or players requesting to play up to the next age group must be evaluated to ensure proper placement. Any

player requesting to move up must be evaluated in February. No Exceptions!! Details about playing in a different age group are available on the baseball web page. All players will be placed in their final, designated age group as of March 3, 2012. In-house teams are selected in mid-March and players will be contacted by their managers before practice begins on April 1st.

BASEBALL NEW-PLAYER and PLAY-UP EVALUATION TIMES

-- Players who request to play in a different age group and ALL PLAYERS who have registered for 9-10, 11-12 and 13-15 spring baseball who did NOT play for Forest Hill spring baseball in 2011 must be evaluated on February 18th at the Harford Sports Training Academy in Forest Hill. Here is the schedule:

6 year-olds requesting to play 7-8:
Sat Feb 18 2012 at 4:00 PM sharp.

New 13-15 year-olds and 12 year-olds requesting 13-15:
Sat Feb 18 2012 at 3:00 PM sharp.

New 9-10 year-olds and 8 year-olds requesting 9-10:
Sat Feb 18 2012 at 12:00 PM sharp.

New 11-12 year-olds and 10 year-olds requesting 11-12:
Sat Feb 18 2012 at 2:15 PM sharp.

SIGN-UPS FOR TRAVEL BASEBALL TRYOUTS will be available at the two walk-in registration sessions in January. Players can also sign up for travel tryouts by sending an e-mail to cbenjes@foresthillbaseball.com. All players who sign up for travel tryouts must register and pay for in-house baseball before they can participate in the February tryouts. Please include the player's name, age, date of birth and phone number. A separate fee and in-house baseball participation is required for players who make a travel team.

BASEBALL TRAVEL TRYOUTS at the Harford Sports Training Academy in Forest Hill:

8U Age Group February 11th and 12th from 12:00–2 PM
9U & 10U Age Groups February 4th and 5th from 12:00–1:45 PM

11U & 12U Age Groups February 4th and 5th from 2:00–3:45 PM

13U & 14U Age Group February 4th and 5th from 4:00–6:00 PM

We ask all potential travel players to sign up in advance so we are better able to anticipate the turnout at the tryouts. Tryouts for age groups that show insufficient interest by January 31st

will be cancelled and there will not be tryouts for a travel team in that age group. Players are also encouraged to begin working out independently or in groups in December/January so that they are not rusty at the tryouts. Be prepared for tryouts and show us your best!

The Forest Hill Express travel baseball teams will begin their seasons in late March and will play approximately 16 regular season games and participate in several tournaments through late June. As the annual treat for the Forest Hill 12U Express, they have been scheduled to play at the Cooperstown Dreams Park in New York during the week of July 7th. There is a separate financial commitment and a requirement for fundraising for all players who are on the 12U Travel team to help offset the tremendous expense of the Cooperstown trip. While this is a fantastic experience for the players, coaches and families, it is also well worth the financial and time commitments.

FOREST HILL will host portions of the Spring Classic and Summer Classic Baseball Tournaments, as well as the entire Forest Hill Frenzy Softball Tournament at our Complex. Teams from all over Maryland, including our own Express and Heat teams, will compete in these tournaments during the weekends of March 31-April 1, June 30-July 1 and late July respectively. This is a great fundraising opportunity for our travel programs and a great way to showcase our beautiful complex. Good games, great food, and memorable experiences highlight these tournaments every year.

FOREST HILL STORM -- The Forest Hill Storm is a full-time youth baseball program affiliated with the Baltimore-Metro Baseball League, the premier independent amateur baseball league in Maryland. This highly competitive program can consist of Storm teams ranging from 11U through 19U. Teams are selected in the fall and practice through the winter in preparation for the spring/summer season. The Storm program is self-funded and plays an extensive schedule with home games at the Complex. Tryouts for the 2013 teams will occur late in the summer. For more information about our Metro baseball program, please contact Steve Bollinger, stevebollinger@verizon.net.

UMPIRES -- The Forest Hill Baseball program is looking for youth umpires for evening games on Mondays, Thursdays, Fridays, and Saturday mornings in the spring and Sunday afternoons in the fall. Umpires must be at least 14 years of age by May 1, 2012 and must complete the free training program in March. All umpires are paid per game. If interested, please contact Chris Benjes, 410-893-6456,

cbenjes@foresthillbaseball.com.

SCOREBOARD OPERATORS -- The Forest Hill Baseball program is looking for a limited number of youths 14 and above to operate the scoreboard on Field 1 for rec and travel games. Operators will be paid \$10 per game. Potential candidates need to be responsible and able to concentrate on the game so they can keep an accurate score. Those interested should contact Chris Benjes, cbenjes@foresthillbaseball.com, 410-893-6456.

CONCESSION STAND -- Each baseball/softball team will be assigned a night for which they are responsible for working the concession stand with the help of a committee member. This is done for a variety of reasons, the biggest being that if we have no help we are forced to close the concession stand for that particular night. We are very pleased with how people want to help our programs, and appreciate the regular volunteers. The schedule will once again be posted in the Opening Day book.

OPENING DAY BOOKLET -- Each year, Forest Hill Baseball/Softball publishes a full program booklet that lists the teams, players, coaches, umpires, schedules and other important information for the upcoming season. One thousand (1000) copies are handed out to our families that participate in the baseball and softball programs. This publication is paid for through reasonable-cost advertisements by local businesses that are interspersed through the book. If you would like to advertise your business in the Forest Hill Program, please contact Cynthia Courtney, courtneydesign@comcast.net. Rates vary based on size and location of ads.

BASEBALL/SOFTBALL MEETING SCHEDULE -- *ALL ARE WELCOME!* The monthly baseball/softball meetings are held on these Mondays in 2012: January 9, February 13, March 12 and April 9 starting at 7:30 P.M. in the Activity Room of Forest Lakes Elementary School. The best way to get involved with Forest Hill baseball and softball is to come to the meetings.

BASEBALL/SOFTBALL COACHES -- Volunteers requesting to manage or coach a baseball/softball team MUST complete a "MANAGER/COACH APPLICATION FORM" and have it approved. They must also have a current background check on file with Forest Hill Rec and should attend the baseball/softball meetings. The meetings in January, February and March are mandatory for baseball managers. See the "MANAGER/COACH APPLICATION FORM" in this Newsletter. Managers for in-house teams will be announced in late January, so please get those forms in soon!

BASEBALL AGE GROUP DIRECTORS:

5-6 Age Group Open
7-8 Age Group Marty Strunkstein
9-10 Age Group Open
11-12 Age Group Deb Norcross
13-15 Age Group Fred Rynes
16-19 Age Group Dave Frace/Kirk Warner
Storm Steve Bollinger

TRAVEL BASEBALL MANAGERS:

8U Express: Perry Martinelli
9U Express: Bill Plantholt
10U Express: Scott Kalista
11U Express: Kris King
12U Express: Bob Johnson
13U Express: Open, taking applications
14U Express: Open, taking applications
16U Express: Kirk Warner
19U Express: Dave Frace

STORM BASEBALL MANAGERS:

13U Storm: Steve Bollinger
14U Storm: Mike Feinour
19U Storm: Chris Benjes

LEGAL WAIVER / CODE OF CONDUCT -- Forest Hill

Baseball/Softball has instituted a Players/Parents Code of Conduct/Agreement that is strictly enforced. These documents can be found in this newsletter. Please remember to read and sign the legal waiver and return it with your registration. The agreement will be also available at walk-in registrations and is required for all registered players/families.

BASEBALL SPRING TRAINING CAMP -- Is your child ready for the 2012 season? They may be playing another sport now, or eating too many holiday goodies. Either way, it's time to get those baseball muscles moving. A key to having a successful 2012 season is being prepared. Spring Training 2012 is what the doctor ordered.

Spring Training Camp is a benefit fundraiser for our 15-19 program and is designed for boys and girls ages 5-12 years, teaching good sportsmanship, throwing, fielding ground balls and fly balls, sliding, hitting and base running. Come and learn new baseball skills, slide on our sliding mats and learn how to field like a pro. All this and more in a fun recreation league atmosphere. Three sessions are held in the spacious Churchville Recreation Center on three Saturday evenings in March. All players receive a Camp T-shirt and a Certificate of

Achievement. For questions, call Chris Benjes, 410-893-6456, cbenjes@foresthillbaseball.com.

We have a limit of only 50 participants in this Camp, so please register early. Early-bird registration fee of \$60 for the Camp is due by February 24th. The fee is an additional \$10 for registrations received after February 24th. Absolute deadline is Wednesday Feb 29th.. See the "BASEBALL SPRING TRAINING CAMP REGISTRATION FORM" in this newsletter.

FALL BASEBALL -- If you are interested in being a Fall Ball manager or coach, complete a "Manager/Coach Application Form" and contact Chris Benjes, 410-893-6456, cbenjes@foresthillbaseball.com.

Forest Hill will be placing several teams into two different Fall baseball leagues in 2012. There will be several Forest Hill teams in the 9-10, 11-12 and 13-15 age groups that participate in the Harford County Fall Baseball League (HCFBL). This is a rec-league program designed for players of all talent levels. No tryouts are necessary. The season runs from late August into November and all games are played on Sundays at the Complex and other Harford County baseball locations. In preparation for next year, participants will be placed in divisions based on what age group the child will play in spring 2013.

Early Registration for Forest Hill Fall Baseball in HCFBL runs from May 1-31. There will be a \$20 late fee assessed for all registrations after May 31. The absolute registration deadline for the HCFB is June 23th, after which the league will be closed. We will not accept any registration forms after this date so we can draft the teams and order their uniforms. Register early to save money and ensure your child's spot in the league. For Fall 2012, we are placing players who played for Forest Hill Spring Baseball first, provided they sign up before June 23. We have found that players who sign up late could be placed on a waiting list, and sometimes miss out on the chance to play baseball in the fall. Don't delay and make sure you sign up for fall baseball in early May. Watch the website for details.

We will also have tryouts for fall teams that will participate in the Baltimore County Major League (BCML) program. This is a higher level league similar to our spring travel program that involves some away-games in Baltimore and Harford Counties. Tryouts for these teams will be in mid-July. All BCML regular-season games are played on Sundays from mid-August through October. There is also a mid-season tournament in October with games on Saturday and Sunday. Because this is a more competitive league, age groups for teams in our

Baltimore County Major League program are based on the age that the child plays in spring 2012. We do not allow play-ups in this league. Fees will be determined as the season approaches.

Since the registration deadline for the Harford league is June 23th, players wishing to play fall baseball that are also planning to try out for a BCML team should make sure they first sign up for the HCFBL program by the deadline, and then attend the BCML tryouts. Doing so guarantees that the player will definitely play some form of fall baseball. Since players can not play in both leagues, fees paid for the Harford league will be transferred to the Baltimore County program for players that make a BCML team.

Players who wish to try out for a BCML Fall team must register and pay for Fall Rec baseball (NHFBL) before they will be considered for a BCML team. Players who are not registered will not be selected.

Registration information for both leagues will be available on the Forest Hill baseball web page starting in April. There are no refunds once a player is selected to a team.

AGE CUT-OFF DATES – To find the proper baseball age group, please see the Age Group table in this newsletter.

ATTACHED DOCUMENTS

- [Age Group Table](#)
- [BB/SB Registration Form](#)
- [High School League Registration Form](#)
- [BB/SB Manager/Coach Application](#)
- [Player-Parent Agreement/Waiver](#)
- [Code of Conduct](#)
- [Spring Training Camp Form](#)
- [Calendar of Events](#)

[Back to Top](#)

Boys Lacrosse

Scott Schubert

We intend to field teams in the following age groups for the 2012 lacrosse season:

[Clinic - Ages 4-6 \(Instructional\)](#)

[PeeWee - Ages 5-6 – In-house League](#) - Playing with the Bel Air In-House League

Tyker - Ages 7-8 – In-house League - Playing with the HARCO In-House League

Tyker - Ages 7-8 – Travel League - HARCO and Saturday Tyker Travel Leagues at the A or B level of competition

Lightning - Ages 9-10 – In-house League – HARCO at the C level of competition.

Lightning - Ages 9-10 – Travel League - MYLA and, or HARCO at the B and, or C level of competition.

Midget - Ages 11-12 – Travel League - MYLA and, or HARCO at B and, or C level competition

Junior - Ages 13-14 Travel League - MYLA and, or HARCO at the B and, or C level of competition

Forest Hill teams will practice on Forest Hill area fields and play their home games at Blake's Venture Park in Forest Hill. The program runs from January 21 (Evaluations) to early June (year end tournaments). The registration fees are as follows:

Clinic 5-6 years of age (born between 09/01/2004 and 08/31/2006)
- \$55.00

Pee Wee 5-6 years of age (born between 09/01/2004 and 08/31/2006)
- \$85.00

Tyker 7-8 years of age (born between 09/01/2002 and 08/31/2004)
- \$115.00

Lightning 9-10 years of age (born between 09/01/2000 to 08/31/2002)
- \$135.00

Midget 11-12 years of age (born between 09/01/1998 and 08/31/2000)
- \$175.00

Junior 13-14 years of age (born between 09/01/1996 and 08/31/1998)
- \$180.00

Each player will receive a jersey and shorts to keep. Tournament fees are included. There is a \$10.00 per player discount for every additional player who signs up for the program from the same immediate family. (Example 1st Player would cost \$100.00, but every additional player from the same family would cost \$10.00 less per player for whatever age group they play). Rental equipment is available for a \$36.00 fee and includes a helmet, gloves, arm pads and shoulder

pads. Each piece of equipment may also be rented separately. A \$200.00 check is required as a security deposit for the equipment rental and will be held by the Program until the equipment is returned at the end of the season. All players must provide their own lacrosse stick, mouth guard and athletic supporter with protective cup.

Players, Coaches and Volunteers may register for Forest Hill Lacrosse Program at the below website:

www.fhllacrosse.usl.la

For additional information, or questions you may email foresthilllaxchair@gmail.com or call Coach Scott @ 443-250-5290.

[Back to Top](#)

Tennis

Lori Phillips

4 and 5 Year Olds Kid's Tennis Classes Inside – Don't Wait! Sign Up This Week:

Great exercise during the winter months! 4 and 5 Year Old Quickstart Tennis will start Session 2 on Tuesday, January 10 with mornings or early afternoon classes. These are held inside the Forest Hill/Hickory Activities Center on Commerce Road. This program helps develop agility, coordination, throwing, catching, hitting and balance with a variety of creative and fun activities. Space is limited. Go to www.Foresthillrec.com under youth tennis for details and registration form. You can also email Lori Phillips, blplap@comcast.net, for further information on this session, if space is still available, or lessons for 6-11 year olds and adults.

[Back to Top](#)

FUNdamentals

Parent & Me Classes

Fundamentals WINTER SESSION SCHEDULE

Only \$59 for 6 Week Session

January 30th - March 23th

Theme - Shapes

Monday

9:30-10:15 Wiggle Worms/Dancing Dragonflies (19 mos. - 3 1/2 yrs.)

10:30-11:15 Dancing Dragonflies (2 1/2 - 3 1/2 yrs)

11:30-12:15 Leaping Lizards (3 - 5 yrs without parent)

Tuesday

9:30-10:15 Wiggle Worms/Dancing Dragonflies (19 mos. - 3 1/2 yrs)

10:30-11:15 Dancing Dragonflies (2 1/2 - 3 1/2 yrs)

Wednesday

9:30-10:15 Busy Bees (12 - 18 months)

9:30-10:15 Sports Mix Class (3 - 5 yrs without parent)

10:30-11:15 Wiggle Worms (19 mos. - 2 1/2 yrs)

10:30-11:15 Sports Mix Class (3 - 5 yrs without parent)

Thursday

9:30-10:15 Wiggle Worms (19 mos. - 2 1/2 yrs)

10:30-11:15 Dancing Dragonflies (2 1/2 - 3 1/2 yrs)

11:30-12:15 Leaping Lizards (3 - 5 yrs without parent)

If you have children of different ages, but would like to do a class together, you may register them in the older child's age group.

Place your 3-5 year old in the Sports Mix class while you and your younger child take a class together. Check out the schedule under Wednesday.

Call or email to register for your class TODAY!!!

Location:

Forest Hill/Hickory Activities Center
2213 Commerce Rd. Forest Hill, MD
443-484-2512

Call or email to register

fundamentals123@aol.com

www.fundamentals123.com

[Back to Top](#)

Dance

Our Forest Hill Dance Program has a variety of classes for dancers ages 3 and up. We offer Ballet, Tap, Jazz, Modern, Hip

Hop and Musical Theatre. All classes are held in our dance studios in the Forest Hill/Hickory Activities Center located at 2213 Commerce Drive in Forest Hill.

I encourage parents to read the Intro to our program at our website (<http://www.foresthillrec.com/program.php?programID=65>) to learn more about our program. Our season begins in September and culminates with our recital in May. We are already under way for this year but our schedule for next year will be ready in July and registration will begin via email and mail. Parents are asked to contact me in July to see what days/times are available for their child. Classes fill up quickly so don't delay.

Thank you -
Pam Long
Mypal06@verizon.net
410-836-5257

[Back to Top](#)

Basketball

Eric Reitz

We are under way with our 2011-2012 season and, besides the proverbial bump, things are progressing well. Hopefully, old man winter and Jack Frost, let us have our Saturdays for playing basketball this year.

VOLUNTEERS

The basketball program could not be successful if it were not for the many volunteers, who are obviously too many to mention, but I would like to take the opportunity to mention a few who have been playing key roles in the success of the program. Jeff Nengel – Boys Director, and his age group directors, Dave Iampieri 7/8, Chris White 9/10- boys, Eric Loftus 11/12 - boys, Rob Hosza 13/14- boys and Chris Obrien – 15/18 boys. On the girls side, Don Yudiski – Girls Director and his age group directors, Barbara Ann McGrain 7/8 girls, Brian May – 9/10 girls, Mark Ford – 11/12 girls, Chris Obrien – 13/16 girls and finally Mike Kowatch who is undertaking the 5-6 clinic group. On the travel side we Dave Harding. I tip my hat to these folks as well as others, like Deb Norcross and Amy Johnson who helped with registration and those who sign up to coach year in and year out. This program, as with many in our area, would be nothing without the vol-unteers who step up and offer their time. Please feel free to volunteer for our program or one of the others; there is always something that

needs to be accomplished.

As the season progresses, please remember to be respectful of all the coaches and referees in our program. We are a youth program; stand up and show the best sportsmanship you can. Please think twice before possibly embarrassing yourself and your children. On the way home after the game, talk about things other than the game. Let your son or daughter have a break and run through the game in their own mind and talk about the game when you get home. Be positive to your children.

LOOKING AHEAD

I know next year is far away, but it seems more and more people are signing up late due to missing flyers sent home from schools, just too busy with back to school and running a family. If you have any type of calendar on your email or computer system, add basketball registrations as a September 1st reminder. That's about the time we will have registration info on the website, www.foresthillrec.com, and you can save yourself the late fee as well as the panic of possibly not being accepted from a waiting list.

Thanks again and have a great season.

[Back to Top](#)

Adult Slow-Pitch Softball

Chris Benjes / Cyndi Clark

This is a non-competitive slow-pitch league for players over 30 years old containing separate divisions for men and women. All levels of talents are welcome. Double-headers are played on Friday evenings from July through September. Registration for returning teams/players begins in mid-January and runs until mid-April. If the league does not fill up by April, registration then opens to any new players who get placed (first-come, first served) on teams that do not have full rosters. Please watch the Slow-Pitch Softball pages on the Forest Hill Rec website (www.foresthillrec.com) for details and registration forms. Contact Chris Benjes, 410-893-6456, cbenjes@foresthillbaseball.com or Cyndi Clark, 443-942-1341, cyndi_13838@msn.com for information

[Back to Top](#)

Adult Baseball

Jerry Kalista

BALTIMORE BOHSOX

2010 Roy Hobbs 28+ AAA World Champions

FHRC's "BALTIMORE BOHSOX" had a good 2011 season, capturing the Harford County Adult Baseball League (HCABL) regular season championship for the 12th time in 14 seasons. The BOHSOX also won the HCABL end of the year tournament championship for the 10th time in 14 years. This past fall, the BOHSOX played in the Susquehanna Fall Baseball League in preparation for returning to Fort Myers, Florida in October to defend their 2010 Roy Hobbs Open AAA Championship. 2011 in Fort Myers, Florida was disappointing, to say the least. We finished 4th in our division and did not make it to the playoffs. There is always next year!

The BALTIMORE BOHSOX are looking for 2012 sponsors. If you are interested, please contact Jerry Kalista via e-mail at kalbaseball@comcast.net.

You can follow us on FHRC's website (www.foresthillrec.com) under "Adult Baseball".

[Back to Top](#)

College Scholarship

Chairman: Jerry Kalista

Since the 1994-1995 academic year, the FHRC has awarded 48 scholarships, totaling \$63,000.

The Colleges and Universities our scholarship recipients have attended are; Elon University, Harford Community College, James Madison University, McDaniel College, Lebanon Valley College, Radford University, Rider University, Salisbury University, St. Mary's College of Maryland, Shippensburg University, Stevenson University, The Ohio State University, Towson University, University of Delaware, University of Maryland – Baltimore Campus (UMBC), University of Maryland – College Park, University of Notre Dame, University of Sciences in Philadelphia, Villanova University, Virginia Polytechnic Institute & University, Virginia Tech, Washington & Lee University, Wesley College, West Virginia University and York College of Pennsylvania.

In September each year, the Scholarship Selection Committee

advertises through the FHRC website and newsletter the scholarship availability for the upcoming academic year. This coming academic year (2012-2013), up to five (5) one-thousand dollar (\$1,000) scholarships will again be available to Forest Hill Recreation Council participants.

I want to thank the Forest Hill Family & Cosmetic Dentistry (Dr. Charles Ebner) for again sponsoring our five (5) college scholarships. THANK YOU!

The current members of the FHRC Scholarship Selection Committee are Jerry Kalista (chairman), Sandy Krause, Bill Plantholt, Jeanne Rosas and Dennis Schultz.

Applicants must...

- ...have participated in the FHRC for a minimum of four (4) years, in a non-paying capacity
- ...include a detailed list of FHRC activities/programs with the application
- ...include a detailed list of community volunteer activities/programs with the application
- ...be a high school graduate as of September 2012
- ...be attending college (full-time student) as of September 2012
- ...submit three (3) letters of recommendation (related to the FHRC scholarship) with the application
- ...submit an essay explaining "Why I should receive the FHRC College Scholarship" with the application

Anyone interested in applying for a 2012-2013 FHRC College Scholarship should contact Jerry Kalista at kalbaseball@comcast.net with any questions and/or to obtain an application form. Applications must be completed and returned to the Scholarship Selection Committee before February 15, 2012.

[Back to Top](#)

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