

From the President

Jeanne Rosas

Preparations are under way for our celebration in honor of our 50th year as Forest Hill Recreation Council. We will start with our parade and end with Fire Works. During the day we will have baseball and soft ball games, clinics from our other programs such as lacrosse, basketball, soccer. We are hard at work scheduling the day to celebrate all our programs. We will have an area devoted to the history of this Rec Council for all to review. We will still have games for the little ones, silent auction and food. We will have extended hours for our DJ and we are looking into some live music. To commemorate our special year, all uniforms will have a patch on them in celebration of the 50th anniversary.

To make this happen we will need many volunteers who are willing to give some time on our special day. Please consider volunteering to help out. It takes a village to make this happen and we want it to be a great day for everyone. If you are interested in helping out on April 18, 2015 even for an hour, please make sure to fill out the volunteer form which is in the newsletter.

If you have pictures from years past especially from the early days we would love to have a copy of them. Please let myself (dmrosas@verizon.net) or Tom Callis (tcallis@abscare.com) know so that we can make arrangements to get them from you.

Please remember that background checks for all managers and coaches are done once a year. So if you have it done during baseball, you need not do it again for basketball. Please check with your program chairperson prior to doing a background check as they need to let you know if you need one. If you have any questions about the background check process, please let me know.

I want to wish everyone a very joyous and Merry Christmas along with a very Happy New Year. I wish for everyone some special time with family and friends. I know that we are all very busy in our lives with work and school and running here, there and everywhere. I think sometimes we forget what the holidays are about in our effort to make them memorable for all. Please take the time to just enjoy your family and friends. Life is very short and precious, so enjoy!!!

ADULT SLOW-PITCH SOFTBALL

Chris Benjes / Cyndi Clark

ADULT SOFTBALL -- This is a non-competitive slow-pitch league for players over 30 years old containing separate divisions for men and women. All levels of talents are welcome. Double-headers are played on Friday evenings from July through September. Registration for returning teams/players begins in February and runs until mid-April. If the league does not fill up by April 18, registration then opens to any new players who get placed (first-come, first served) on teams that do not have full rosters. Please watch the Slow-Pitch Softball pages on the Forest Hill Rec website (<http://www.foresthillrec.com>) for details and registration forms. Contact Chris Benjes, 443-640-4400, cbenjes@foresthillbaseball.com or Cyndi Clark, 443-942-1341, cyndi_13838@msn.com for information.

BASEBALL SPRING TRAINING CAMP

Chris Benjes / Perry Martinelli

SPRING TRAINING CAMP -- Forest Hill Baseball is proud to announce our 2015 Spring Training Camp.

Beginning March 1, 2015, our Camp will be held indoors at the Harford Sports Performance Center, 121 Industry Lane in the Forest Hill Industrial Airpark, 410-420-8442. Harford Sports is a baseball-dedicated facility with batting and pitching tunnels, weight room, pro-shop, and an upstairs viewing lounge overlooking the large indoor arena for drills and games.

This instructional program is designed to teach good sportsmanship, proper warm-up techniques and the fundamentals of baseball skills. Three 2-hour sessions will be held (rain or shine) in March at Harford Sports. Dates for the camp are March 1, 8 and 15 from 3-5pm. (We are holding the 22nd as a snow date just in case.)

A generous donation out of the proceeds will go directly into supporting the Forest Hill 12U Express Cooperstown trip, courtesy of Harford Sports.

We sold out last year with 80 participants and we welcome players age 5 through 15. Sign up now, as we hope for another sellout! The fee is only \$60 for the 6 hour camp if received before February 14. There is an extra \$15 late fee for registrations received after February 14.

Sign up for the camp on-line **NOW:** <https://foresthill.visionproregistration.com>

Download a form and sign up through the mail: <http://www.foresthillbaseball.com>

PARTICIPANTS WILL RECEIVE:

- * Instruction in sportsmanship, warm-up techniques & strategies of baseball*
- * Instruction in base running, infield, outfield, hitting/bunting, pitching & catching.*
- * Instruction on drills to strengthen their baseball skills.*
- * indoor game (on the last night) where the players use their newly acquired skills.*
- * Baseball camp T-shirt and a Certificate of Achievement.*

INSTRUCTIONAL STAFF includes dedicated and experienced coaches from College, High School, Club, and Travel Baseball levels, as well as members of the Forest Hill Express Travel Team. Registration is available [on-line](#) and through the mail and ends Feb 14, 2015. Visit <http://www.foresthillbaseball.com> for links, registration forms and information.

BASEBALL/SOFTBALL
Chris Benjes / Eric Lippert

2015 YOUTH BASEBALL / SOFTBALL FEES PER PLAYER – SPRING Season

If received before Feb 1st: 5-6 & 7-8 Age Groups: \$60... 9-10 age group and up: \$90

If received before Mar 1st: 5-6 & 7-8 Age Groups: \$70... 9-10 age group and up: \$100

If received before Apr 1st: 5-6 & 7-8 Age Groups: \$80... 9-10 age group and up: \$110

If received April 1st or later: 5-6 & 7-8 Age Groups: \$100... 9-10 age group and up: \$150

3 ways to sign up for Baseball:

On-line starting Jan 1: <https://foresthill.visionproregistration.com>

Download a form and sign up through the mail: <http://www.foresthillbaseball.com>

Walk-in registrations held Jan 10th and 17th from 11-2 in Forest Lakes E.S.

MULTI-CHILD DISCOUNT -- When registering multiple children from the same household, you may subtract \$5 from the second child's fee, and \$10 from the third. The fourth child or more plays for no additional fee.

ON-LINE REGISTRATION and payment with credit cards and PayPal is available on the Forest Hill Baseball website from January 1 through early-March:
<http://www.foresthillbaseball.com>.

WALK-IN BASEBALL/SOFTBALL REGISTRATION will only be held on two Saturdays this year:

January 10th and 17th from 11:00 A.M. until 2:00 P.M in the Activity Room at Forest Lakes Elementary School. Checks made out to FHRC and cash are accepted at the walk-in sessions.

2015 IN-HOUSE BASEBALL/SOFTBALL NEWS -- Monthly baseball/softball meetings begin in November, and are held on the second Monday of every month from November through April. The best way to get involved with Forest Hill Baseball and Softball is to come to the meetings and make a difference. We are constantly looking for new ways to make our programs fun for the players, coaches and parents, and we always have some special surprises in store. Remember to visit our website often, as there are new bits of important information added daily. Surf to www.foresthillbaseball.com for direct access into the baseball web page. Baseball families, be sure to subscribe to our baseball e-mailing list on the web site for up-to-date information and news.

BASEBALL/SOFTBALL MEETING SCHEDULE -- *ALL ARE WELCOME!* The monthly baseball/softball meetings are held on these Mondays in 2015: January 12, February 9, March 9 and April 13 starting at 7:30 P.M. in the Activity Room of Forest Lakes Elementary School. The best way to get involved with Forest Hill baseball and softball is to come to the meetings and let us know how you can help.

BASEBALL/SOFTBALL COACHES -- Volunteers requesting to **manage or coach** a baseball/softball team *MUST* complete a "MANAGER/COACH APPLICATION FORM" and have it approved. They must also have a current background check on file with Forest Hill Rec and should attend the baseball/softball meetings. The meetings in January, February and March are mandatory for baseball managers. See the "MANAGER/COACH APPLICATION FORM" in this Newsletter. Managers for in-house teams will be announced in late January, so please get those forms in soon!

BASEBALL NEWS
Chris Benjes

BASEBALL E-MAILING LIST – To receive important announcements in your inbox about our Baseball program, including weather cancellations, meeting times and special events, sign up for our mailing list on the Baseball website, <http://www.foresthillbaseball.com> or simply [click HERE](#).

5-6 BASEBALL – This year, 5-6 Baseball will meet and practice in the outfield of Field 1 at the Forest Hill Rec Complex on Saturdays at a **new time: 10:00 A.M.** starting April 4th. This location introduces new players and their families to our beautiful Complex and provide access to the concession stand and convenient restroom facilities. The 5-6 program runs Saturdays through June 13th and ends with a pizza party and trophy presentation. Players are provided with matching hats and t-shirts. All the kids need to bring are baseball gloves, sneakers, and a water bottle, but many kids like to wear baseball pants and cleats, too. Participants must turn 5 before July 31, 2015. Names and phone numbers should be on all equipment, or else when we find it, we will sell it back to you at the \$1 table on Opening Day!

For 2015, we also need lots of parents to help with the 5-6 Baseball program. Color Coaches, Station Coaches, Assistant Coaches, team parents, concession workers and field assistants are all necessary to make sure that over 100 five and six year-old boys stay safe and have fun. **We are also looking for an Age Group Director to run our 5-6 Baseball program.** If you are interested, please contact Chris Benjes and tell him you would like to help: cbenjes@comcast.net. No baseball/softball skills are necessary, and we provide coaches' clinics to help you make sure the kids are taught the "Forest Hill Way." Volunteering for the 5-6 Program is the best way to get involved in Forest Hill Baseball from the very beginning. Coaches in 5-6 very often move up through the program and coach multiple teams as their kids grow.

7-8 REC BASEBALL -- The 7-8 program places a great emphasis will be on the fundamentals of baseball, keeping the players moving, learning, and practicing their skills in preparation for the higher age groups through drills, practice and games. The goal are to build on the skills learned in the 5-6 Baseball program through practices and educational ball games and prepare the players for the 9-10 program, emphasizing fundamental skills. Practices are held on Wednesday evenings and games are on **Saturdays - also at a new time: 10:00.** Toward the end of the season, games are played on both Wednesday and Saturday. The season ends with a pizza party and trophy presentation in mid-June.

9-10 and 11-12 REC* BASEBALL -- These age groups are where the game of baseball is played with umpires, live pitching, base-stealing, and all the excitement that baseball brings. Games are played twice per week, and the season ends with a league championship tournament. 11-12 Baseball features all of the rules from the major leagues including lead-offs, unlimited stealing, balks, and dropped-third strike rules.

****Note: We have moved our 11-12 Rec Baseball games from Thursday/Saturday to Tuesday/Thursday for 2015 in an effort to consolidate field usage and deconflict pitching restrictions for our 11U and 12U Travel teams that play their games on Saturday morning.***

13-15 REC BASEBALL -- Our 13-15 players participate in a combined league consisting of teams from multiple Harford County Rec Council baseball programs playing on 80' diamonds at home and away. Games are held on Sundays or Mondays and Wednesdays starting in mid-April and running through June, ending with the all-star game and league championship. This is a league for teenage players who want to play baseball on a larger diamond without the time commitment and expense involved with Travel/Club Baseball.

8U through 12U TRAVEL BASEBALL – Our Travel Baseball Program takes the best players that are registered in our Rec program to play against other similar Rec Councils' teams in a competitive atmosphere on weekends at various facilities in Harford and Baltimore Counties. In addition, our Travel teams also compete in local and out-of-state tournaments. There is a separate fee for Travel Baseball based on the operating expenses of the team. Our 8U through 12U Travel players also have a requirement to register and play in our Rec program. We have tryouts scheduled for early February at Harford Sports for the 8U, 9U, 10U, 11U and 12U teams as listed below.

13-14 TRAVEL BASEBALL – We are currently trying to form a 13-14 Travel Team that will play weekend-only games in the Harford County Travel Baseball League. Tryouts for this team will be held on January 8th and 10th at Harford Sports. See the schedule for Travel tryouts below. Note: Players that make this team will also be required to register and participate in our 13-15 Rec program as well. Contact Chris Benjes for information, cbenjes@foresthillbaseball.com and show up at the tryouts ready to go!

HIGH SCHOOL BASEBALL (15-19) – The Forest Hill High School Baseball Program will field up to 2 teams in 16U and 19U divisions that will play on a 90' diamond this season, based on registrations and talent. These teams will play on Tuesday and Thursday evenings from mid-May through early July. Tryout/registration forms and fees will be accepted by mail or at the walk-in registration sessions listed above. Tryouts are in early-March and players must pay a fee at the time of registration. Initial cost to register is \$250.00. Checks will not be cashed until teams are selected and those not making a team will be refunded in full. Final cost to play is TBD based on number of games and other expenses. Questions can be directed to Chris Benjes, 443-640-4400. Registration forms can be found at <http://www.foresthillrec.com/program.php?programID=69&categoryID=55>

Note: To avoid potential injury and to improve the chances of making a travel or 15-19 team, players are encouraged to begin working out, throwing, catching and hitting as early as possible to prepare for the tryouts. NEVER COME TO TRYOUTS RUSTY. It shows!

PLAYER EVALUATIONS and DRAFTS -- Players new to the FHRC baseball program, players without the previous year's evaluation, or players requesting to play up to the next age group must be evaluated to ensure proper placement. Any player requesting to move up must be evaluated on February 21st. No Exceptions!! Details about playing in a different age group are available on the baseball web page. All players will be placed in their final, designated age group as early as March 1, 2015. In-house teams are selected in mid-March and players will be contacted by their managers before practice begins on April 1st.

BASEBALL NEW-PLAYER and PLAY-UP EVALUATIONS – Players who request to play in a different age group and **ALL PLAYERS** who have registered for 9-10, 11-12 and 13-15 spring baseball who did NOT play for Forest Hill Baseball in Spring 2014 must be evaluated on February 21st at the Harford Sports Training Academy in Forest Hill. Here is the schedule:

New 13-15 year-olds and 12 year-olds requesting 13-15: Sat Feb 21, 2015 at 8:00 AM sharp.

New 11-12 year-olds and 10 year-olds requesting 11-12: Sat Feb 21, 2015 at 9:00 AM sharp.

New 9-10 year-olds and 8 year-olds requesting 9-10: AM sharp. Sat Feb 21, 2015 at 10:00

6 year-olds requesting to play 7-8: AM sharp. Sat Feb 21, 2015 at 11:00

SIGN-UPS FOR TRAVEL BASEBALL TRYOUTS will be available at the two walk-in registration sessions on January 10th and 17th. Players can also sign up for travel tryouts by sending an e-mail with the players name, birthdate, address and phone number to cbenjes@foresthillbaseball.com. All players who sign up for travel tryouts must register and pay for in-house baseball before they can participate in the February tryouts. A separate fee and in-house baseball participation is required for players who make a travel team.

BASEBALL TRAVEL TRYOUTS at the Harford Sports Training Academy in Forest Hill:

13-14 Travel January 8th at 6 PM and January 10th at 8 PM.

8U Travel February 14th from 8-10 AM
February 15th from 9-11 AM

9U & 10U Travel February 7th from 8-10 AM
February 8th from 10 AM - Noon

11U & 12U Age Groups February 7th from 10 AM – Noon
February 8th from 8-10 AM

We ask all potential travel players to sign up for tryouts in advance when they register for Rec Baseball so we are better able to anticipate the turnout at the tryouts. Tryouts for age groups that show insufficient interest will be cancelled and there will not be tryouts for a travel team in that age group. **Players are also encouraged to begin working out independently or in groups in December/January so that they are not rusty at the tryouts. Be prepared for tryouts and show us your best!**

The Forest Hill Express Travel baseball teams will begin their seasons in late March and will play approximately 16 regular season games and participate in several tournaments through late June. As the annual treat for the Forest Hill 12U Express, they have been scheduled to play at the Cooperstown Dreams Park in New York during the week of July 18th. There is a separate financial commitment and a requirement for fundraising for all players who are on the 12U Travel team to help offset the tremendous expense of the Cooperstown trip. This is a fantastic experience for the players, coaches and families and is well-worth the financial and time commitments.

FOREST HILL will host portions of the Spring Classic and Summer Classic Baseball Tournaments at our Complex. Teams from all over Maryland, including our own Express and Storm teams, will compete in these tournaments during the weekends of March 28-29 and June 27-28. This is a great fundraising opportunity for our Baseball program and a great way to showcase our beautiful complex. Good games, great food, and memorable experiences highlight these tournaments every year.

FOREST HILL STORM -- The Forest Hill Storm is a full-time youth club baseball program. This highly competitive program can consist of Storm teams ranging from 13U through 19U. This year, teams will play in the popular MABA league. Teams are selected in the fall and practice through the winter in preparation for the spring/summer season. The Storm program is self-funded and plays an extensive schedule with home games at the Complex. Tryouts for the 2016 teams will occur late in the summer. For more information about our Storm baseball program, please contact Steve Bollinger, stevebollinger@verizon.net.

YOUTH UMPIRES -- The Forest Hill Baseball program is looking for youth umpires for evening games on Mondays, Tuesdays, Thursdays, and Fridays in the spring and Sunday afternoons in the fall. Umpires must be at least 14 years of age by May 1, 2015

and must complete the 4 nights of our free training program in March. All umpires are paid per game. If interested, please contact Chris Benjes, 443-640-4400, cbenjes@foresthillbaseball.com and send him the potential umpire's name, birthdate, address, phone numbers and e-mail address.

YOUTH SCOREBOARD OPERATORS -- The Forest Hill Baseball program is looking for a limited number of youths 14 and above to operate the scoreboard on Field 1 for Rec and Travel games. Operators will be paid \$20 per game. Potential candidates need to be responsible and able to concentrate on the game so they can keep an accurate score. Those interested should contact Chris Benjes, cbenjes@foresthillbaseball.com, 443-640-4400. Please send him the potential operator's name, birthdate, address, phone numbers and e-mail address.

CONCESSION STAND -- Each baseball/softball team will be assigned a night for which they are responsible for working the concession stand with the help of a committee member. This is done for a variety of reasons, the biggest being that if we have no help we are forced to close the concession stand for that particular night. We are very pleased with how people want to help our programs, and appreciate the regular volunteers. The schedule will once again be posted in the Opening Day book.

OPENING DAY BOOKLET – Each year, Forest Hill Baseball/Softball publishes a full program booklet that lists the teams, players, coaches, umpires, schedules and other important information for the upcoming season. Eight hundred copies are printed and handed out to our families that participate in the baseball and softball programs. This publication is paid for through reasonable-cost advertisements by local businesses that are interspersed through the book. If you would like to advertise your business in the Forest Hill Program, please contact Chris Bland, 654design@gmail.com. Rates vary based on size and location of ads. This year's edition will be a special 50th Anniversary publication celebrating our 50 years as an organization, 1965-2015!

BASEBALL AGE GROUP DIRECTORS:

5-6 Age Group	Open! Taking Applications!!!
7-8 Age Group	Mark Worden

9-10 Age Group	Marty Strunkstein
11-12 Age Group	Perry Martinelli
13-15 Age Group	Glenn Weaver
16-19 Age Group	Matt Dymond
Storm	Steve Bollinger

TRAVEL BASEBALL MANAGERS:

8U Express: Open, taking applications
9U Express: J.R. Leed
10U Express: Bill Hart
11U Express: Perry Martinelli
12U Express: Ed Bogdan
13-14 Express: Brian Arnett
16U Express: Matt Dymond

STORM BASEBALL MANAGERS:

13U Storm: Scott Kalista
14U Storm: Kris King
14U Express: Todd Celuch
15U Storm: Tim Norcross
16U Storm: Steve Bollinger
18U Storm: John Frado

LEGAL WAIVER / CODE OF CONDUCT -- Forest Hill Baseball/Softball has instituted a Players/Parents Code of Conduct/Agreement that is strictly enforced. These documents can be found in this newsletter. Please remember to read and sign the legal waiver and return it with your registration. The agreement will be also available at walk-in registrations and is required for all registered players/families.

FALL BASEBALL -- If you are interested in being a Fall Ball manager or coach, complete a "Manager/Coach Application Form" available on our baseball website (<http://www.foresthillbaseball.com>) and contact Chris Benjes, 443-640-4400, [mailto:cbenjes@foresthillbaseball.com?subject=Fall Baseball Manager/Coach](mailto:cbenjes@foresthillbaseball.com?subject=Fall%20Baseball%20Manager/Coach).

Forest Hill will be placing several teams into two different Fall baseball leagues in 2015. There will be several Forest Hill teams in the 9-10, 11-12 and 13-15 age groups that participate in the Harford County Fall Baseball League (HCFBL). This is a rec-league program designed for players of all talent levels. No tryouts are necessary. The season runs from late August into November and all games are played on Sundays at the Complex and other Harford County baseball locations. In preparation for next year, participants will be placed in divisions based on what age group the child will play in spring 2016.

We encourage all players to register in May or as early as possible. Early Registration for Forest Hill Fall Baseball in HCFBL runs from May 1-31. Register in May and the fee is only \$90. June fees are \$110 and registrations received in July are \$150 - this includes a non-refundable late fee ***IF*** there is room in the age group.

Register early to save money and ensure your child's spot in the league. For Fall 2015, we are placing players who played for Forest Hill Spring Baseball first, provided they sign up before June 22. We have found that players who sign up late could be placed on a waiting list, and sometimes miss out on the chance to play baseball in the fall. Don't delay and make sure you sign up for fall baseball in early May. Watch the website for details.

We will also have tryouts for fall teams that will participate in the Baltimore County Major League (BCML) program. This is a higher level league similar to our spring travel program that involves some away-games in Baltimore and Harford Counties. Tryouts for these teams will be in early-July. All BCML regular-season games are played on Sundays from mid-August through October. There is also a mid-season tournament in October with games on Saturday and Sunday. Because this is a more competitive league, age groups for teams in our Baltimore County Major League program are based on the age that the child plays in spring 2015. We do not allow play-ups in this league. Fees will be determined as the season approaches.

Since the registration deadline for the Harford league is June 22nd, players wishing to play fall baseball that are also planning to try out for a BCML team should make sure they first sign up for the HCFBL program by the deadline, and then attend the BCML

tryouts. Doing so guarantees that the player will definitely play some form of fall baseball. Since players cannot play in both leagues, fees paid for the Harford league will be transferred to the Baltimore County program for players that make a BCML team.

Players who wish to try out for a BCML Fall team must register and pay for Fall Rec baseball (NHFBL) before they will be considered for a BCML team. Players who are not registered will not be selected.

Registration information for both leagues will be available on the Forest Hill baseball web page starting in April. There are no refunds once a player is selected to a team.

AGE CUT-OFF DATES – To find the proper baseball age group, please see the Age Group table in this newsletter.

ADULT BASEBALL PROGRAM

Chairman – Jerry Kalista

“Baltimore Bohsox” & “Baltimore White Sox”

2010 Roy Hobbs 28+ OPEN AAA “World Champions”

HCMBL Regular Season Champs – 14 of past 18 years

HCMBL Tournament Champs – 11 of past 18 years

HMBL Regular Season Champs – 2 of past 2 years

www.foresthillrec.com

“THANK YOU” TO “TONY BARBER” FOR HIS 2014 SPONSORSHIP!

The 2014 season was a disappointment. As the Baltimore Bohsox, the team played in their 18th season in the Harford County Men’s Baseball league (HCMBL). This year the Bohsox finished the regular season in fourth place. The Bohsox lost in the first round of the End of the Year Tournament. In their second year in the Harford Men’s Baseball League (HMBL), the Baltimore White Sox captured their second regular season title in as many years. The White Sox did not enter the HMBL End of the Year Tournament.

BALTIMORE BOHSOX/WHITE SOX 2014 ROSTER

Tony Barber, Doug Blair, Chip Bokel, Steve Bollinger, Bryan Bowen, Sean Crane, Eric Frank,

Al Gibbons, Andy Hampton, Dave Jones, Chris Kalck, Don Keeney, Steve Kessler, Tom Mariano,

Damian Michlak, Pat Moran, Darrick Muchla, Scott Murray, Dave Pitz (manager), Sean Pollack, Duane Reising, Mike Schaefer, Drew White, Tom Trela.

If you are interested in trying out for the 2015 Baltimore Bohsox/White Sox team, contact Jerry Kalista via e-mail at kalbaseball@comcast.net.

We are always looking for sponsors. If you would like to help support the Forest Hill Recreation Council's Adult Baseball Program in 2015, please contact Jerry Kalista via e-mail at kalbaseball@comcast.net.

You can follow us on FHRC's website (www.foresthillrec.com) under "Adult Baseball".

Forest Hill / Hickory / Churchville Basketball

Hello my name is Nelson White and I am the “volunteer Chairperson” of the basketball program. I would like to take a moment to thank you for your participation in our program this year and share some needs that we have as we move toward next year. The basketball program has become a year round “job” as we are involved in securing facilities, spring/summer basketball, equipment, registration processes, etc. As we evaluate our program and its needs it has become apparent that we have some holes to fill and we need your HELP!

First a few facts for you:

Participation ages 5-18 this year: 1100rec and 110 travel players

Teams: 100+ rec and 12 travel teams

Coaches (head + assistant): 220+

Expenses: \$120,000+

Facilities used weekly: 8

Here is our current leadership structure:

Basketball Chair: Nelson White

Travel Director: Nelson White

Boys Program Director: Trent Thames

Girls Program Director: Don Yudiski

Registration Director: Trent Thames

Officials / Clock keepers: Jeff Nengel

Facilities Coordinator (new this year 2014.15): Mike Kowatch

Age Group Directors for each age group this includes 11 individuals taking the lead on these programs.

We are trying to balance out some of the work load and are interested in some specific type individuals who may want to help us grow our leadership structure. I will provide below what the leadership position is and then a brief outline of the type of individual I believe could make a difference in these positions. So as you read this if something jumps out at you I am asking that you email me at Nelsonwhite9@gmail.com and I will get back to you to discuss.

Registration Director: We went on-line this year and it was handled by our Boys Director Trent Thames. We would like to have a volunteer to help Trent with this process next year and take on the responsibility the following year. You would be involved from August – December working with our on-line registration.

Website Guru: We would like to provide a link on the Forest Hill Rec Council website to be able to hit our own landing page that is 100% dedicated to the basketball program. This site would host the registration, tryout info, all game schedules, results, cancelations, and include our travel program as well.

Equipment / Uniform Coordinator: Beginning and year-end inventory of gear at all facilities. Ensure proper ordering for upcoming season. Coordinate uniform purchases with local vendor.

As you can see we have some positions we would like to create! If you have an interest in any of the above or have questions please email me at Nelsonwhite9@gmail.com and provide a number to reach you and the best time as well as call if needed to 443.910.4103.

Thank you!

Forest Hill Dance

At Forest Hill Dance we offer class to ages 3 and up through high school. Our schedule includes Ballet, Tap, Jazz, Modern, Lyrical, Pointe and Musical Theatre. We believe our program is one of the best in Harford County as we provide a program with the emphasis on fun and learning the discipline of dance. Our instruction staff are skilled and dedicated teachers. Our two studios are located in the Forest Hill/Hickory Activities Center at 2213 Commerce Road in Forest Hill and are equipped with dance floors, mirrors and wall mounted barres.

Our program begins in September and culminates with a large end of year production in the spring in which all dancers ages 4 and up participate. This is different from some dance programs that run for a session of several weeks and just end with the final class. This requires a significant time commitment towards the end of our season and requires some additional costs to parents (i.e. costumes, recital tickets, photos). Our 3 year old classes end with an in-studio performance for their families.

Registration for our 2015-2016 season will begin in mid-July. If you are interesting in registering your child for next season, email or call me at that time with the age of your child as of 12-31-15 and I will let you know what options we have for you. A registration form along with our newsletter can be emailed or mailed to parents who can then return the completed forms with their payment.

Detailed information about our program is available on our website at <http://www.foresthillrec.com/program.php?programID=65> (you can also go to www.foresthillrec.com and then click on Dance on the list of programs on the left side). Be sure to read our Introduction and then if you have any questions, please feel free to call or email me.

Pam Long

410-836-5257

Mypal06@verizon.net

Harford Film Camp, Summer 2015

Harford Film Camp is a two-week program for teens with an interest in filmmaking, acting, writing, directing, camera and sound. We create a fictional story and shoot it over the two-week camp session. The goal is to complete a finished short film with a high degree of professional polish, suitable for entry into film festivals.

Our 2014 Film Camp was held at Eden Mill Nature Center, and was a big success. Ten students participated in the making of a comic “mockumentary,” about a legendary “sea monster” living in Deer Creek! The film is still in the editing process.

The dates and Harford County location for Film Camp 2015 will be announced soon. (June 15 – 26 are probable dates, but that’s not official!) For complete details see www.harfordfilmcamp.com (website to be updated soon) and check out our face book page <https://www.facebook.com/HarfordFilmCamp>.

David W. Warfield
Harford Film Camp Director
info@harfordfilmcamp.com
310-600-2607

Barbell Class

Ladies' Strength Training Class: Tuesday/Thursday: 9:15 -10:15am at Forest Hill/Hickory Activities Center, Annex Room. \$5 per class if you register, \$7 for drop-in. Barbells are provided. Info: Sherri Woosley sherri.woosley@verizon.net. (Certified Personal Trainer)

YOGA

Age: over 18

Cost: \$90/1 class per week

\$150/2 classes per week

\$180/unlimited classes in session

Drop-in rate \$10 per class.

MORNING CLASSES 9:30-10:45AM

Mondays 1/5/15 through 3/30/15

Wednesdays 1/7/15 through 3/25/15

Fridays 1/9/15 through 3/27/15

Location: Forest Hill/Hickory Activity Center, 2213 Commerce Rd, Forest Hill, Dance Studio B

EVENING CLASS 6:30-7:45pm.

Wednesdays 1/7/15 through 3/25/15

Location: Forest Lakes Elementary School Recreation Room.

Gentle but challenging hatha yoga classes led by certified yoga instructor. Bring your own mat & water.

Registration forms can be found on the website: www.foresthillrec.com.

Register 15 min. prior to class or in advance by mailing completed registration form & check made payable to FHRC Mail to: Susan Jensen, 13809 Ansari Lane, Baldwin, MD 21013

Email questions to: susanjensen@comcast.net or call 410-817-4895

Zumba!

If your exercise routine feels like a bore, then join the exhilarating dance-fitness sensation! Zumba exercise classes are "fitness-parties" that blend world rhythms with easy-to-follow choreography, for a total workout that feels like a celebration. Zumba is for everyone and every fitness level, so ditch the workout and join the party.

Saturday 10:00 - 11:00 AM January 3 - March 28, 2015

Forest Hill/Hickory Activities Center Studio B

Winter Session Fee: \$50.00

Registration 9:45 AM January 3, 2015

Late registration 9:45 AM January 10, 2015

Contact: Linda 410-838-1345

COLLEGE SCHOLARSHIP

Chairman: Deb Norcross

The Forest Hill Recreation Council (FHRC) will be offering up to eight, one-thousand dollar (\$1,000) college scholarships for the 2015-2016 academic year. This year there will be three separate scholarships that can be applied for. Up to five scholarships, sponsored by FHRC; one scholarship in memory of Connor Daniel McKeown, sponsored by Connor's parents, friends and Forest Hill baseball coaches; and two (one female and one male) scholarships in memory of Austin Lentz sponsored by Austin's parents. The criteria for the three scholarships are different. If you meet the qualifications for all three scholarships, you may apply for all, but you can only be awarded one (1) scholarship. Prior recipients of any FHRC scholarship listed below are not eligible.

Prerequisites for each scholarship are listed below:

Forest Hill Recreation Council - applicants must have participated in the Forest Hill Recreation Council (any program/s) for a minimum of four (4) years, in a non-paid capacity; be a high school graduate as of September 2015; be attending college as a full-time student as of September 2015.

Connor Daniel McKeown - applicants must have participated in the Forest Hill Recreation Council's baseball and/or softball and/or basketball and/or soccer programs for a minimum of two (2) years; be a high school graduate as of September 2015; be attending college as a full-time student as of September 2015.

Austin Lentz Memorial – applicants must have participated in the Forest Hill Recreation Council (any program/s) for a minimum of four (4) years, in a non paid capacity; provide verification of enrollment in an accredited trade school; be a 2015 high school graduate of a Harford County Public School with a minimum GPA 2.0 as evidenced by high school transcript.

Anyone interested in applying for a 2015-2016 college scholarship should contact Deb Norcross (chairman) via e-mail at debnorcross@verizon.net for questions and/or to obtain an application form/s. The application form/s must be completed and received by the Chair no later than February 15, 2015. Late applications will not be accepted.

ADULT BASEBALL PROGRAM

Chairman – Jerry Kalista

**“Baltimore Bohsox” & “Baltimore White Sox”
2010 Roy Hobbs 28+ OPEN AAA “World Champions”
HCMBL Regular Season Champs – 14 of past 18 years
HCMBL Tournament Champs – 11 of past 18 years
HMBL Regular Season Champs – 2 of past 2 years
www.foreshillrec.com**

“THANK YOU” TO “TONY BARBER” FOR HIS 2014 SPONSORSHIP!

The 2014 season was a disappointment. As the Baltimore Bohsox, the team played in their 18th season in the Harford County Men’s Baseball league (HCMBL). This year the Bohsox finished the regular season in fourth place. The Bohsox lost in the first round of the End of the Year Tournament. In their second year in the Harford Men’s Baseball League (HMBL), the Baltimore White Sox captured their second regular season title in as many years. The White Sox did not enter the HMBL End of the Year Tournament.

BALTIMORE BOHSOX/WHITE SOX 2014 ROSTER

Tony Barber, Doug Blair, Chip Bokel, Steve Bollinger, Bryan Bowen, Sean Crane, Eric Frank,
Al Gibbons, Andy Hampton, Dave Jones, Chris Kalck, Don Keeney, Steve Kessler, Tom Mariano,
Damian Michlak, Pat Moran, Darrick Muchla, Scott Murray, Dave Pitz (manager), Sean Pollack, Duane Reiswig, Mike Schaefer, Drew White, Tom Trela.

If you are interested in trying out for the 2015 Baltimore Bohsox/White Sox team, contact Jerry Kalista via e-mail at kalbaseball@comcast.net.

We are always looking for sponsors. If you would like to help support the Forest Hill Recreation Council’s Adult Baseball Program in 2015, please contact Jerry Kalista via e-mail at kalbaseball@comcast.net.

You can follow us on FHRC’s website (www.foreshillrec.com) under “Adult Baseball”.