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NATIONAL PAL ANNOUNCES FEBRUARY INSPIRATIONAL AWARD HONOREES

Honorees for February Include Law Enforcement Officer, Youth, and Volunteer of the Month

Charlotte, NC – The National Association of Police Athletic/Activities Leagues, Inc. (National PAL) is pleased to announce the February 2019 recipients of its Law Enforcement Officer, Youth, and Volunteer of the Month awards. Through these awards, National PAL recognizes individuals in the PAL network who inspire their PAL colleagues and friends, and are steadfast in their service to their communities.

The February National PAL Law Enforcement Officer of the Month is Sergeant Craig Littles of the Memphis Shelby PAL (MSPAL). Sgt. Littles formulated Memphis Shelby PAL (MSPAL) in 2017 to foster the highest standards of excellence through active programming of community service, positive youth development and organized sports under the constructive influence of dedicated officers and other professional volunteers who serve as coaches, referees, mentors, and board members. Even in its infancy, Memphis Shelby PAL has enrolled over 600 youth in the program and has registered over 200 volunteers around the city of Memphis. Sgt. Littles' tireless efforts secured numerous grant funds that provided uniforms and sporting equipment to nine Memphis Police Department Station teams.



Francisco Alvarado, our February Youth of the Month, is a valuable Durham PAL Youth member. Alvarado is on the boys' soccer team and has maintained placement on the A/B honor roll. He takes the initiative to utilize his time in helping fellow teammates improve their soccer skills. As an alumnus of the Fayetteville Street Elementary School's Durham PAL soccer team, he also attends their practices, demonstrates drills, participates when needed and exemplifies being a positive role model for students, bringing excellent energy and uplifting spirits to the players helping them reach their potential.

The February National PAL Volunteer of the Month is Coach Forrest Caldwell of the Cleveland PAL.

Cleveland PAL estimates over 10,000 youngsters have been influenced and impacted by Coach Caldwell's involvement over his 35-year span as a PAL coach and because of him, many of his boxers have met with both athletic and personal success. Coach Caldwell would be proud to tell you that many of his "kids" have gone on to become not only professional boxers, but also college graduates, police officers, doctors, lawyers, and even boxing coaches themselves. He encourages each member of his boxing team to work on bettering themselves in and out of the ring.



"We are excited to highlight those who are enhancing and impacting both our communities' youth and community based PAL programs across the country," said Jeff Hood, CEO of National PAL. *"We look forward to acknowledging more of our future inspirational awardees who are making a difference all across this Country."*

National PAL accepts nominations for the Inspirational Awards honoring law enforcement, volunteers Alumni, and youth on a monthly basis. For more information on these awards or to submit a nomination, please visit www.nationalpal.org.

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About The National Association of Police Athletics/Activities Leagues, Inc. (National PAL)

National PAL exists to prevent juvenile crime and violence by providing civic, athletic, recreational, mentoring and educational opportunities and resources to all PAL Member Chapters. National PAL builds bridges between kids, cops, and the community, fostering a positive environment across the country. As a membership organization, the National PAL provides local Chapters with training, resources, and opportunities to create new programs, to improve upon and enhance the quality of existing programs and to increase opportunities in their community.