

U7/U8 Academy

The U7/U8 ROFC Youth Academy is one of the newer programs at ROFC which was developed for ROFC RECREATIONAL boys and girls born in 2012 and 2011. The program offers several unique benefits:

- A curriculum created and taught by ROFC Director of Coaching Stephen Gorton.
- Dave Jagodinski a professional coach at Royal Oak FC.
- 6 one-hour classes on turf at the 5 Star Facility in Troy.
- 8 Games at Total Soccer Royal Oak (Jan. 2- March 3).



The cost of the U7/U8 Academy is \$225.00 per player for 8 Indoor Games, 6 Training Sessions and a Game T-Shirt.

The Youth Academy will have a maximum of 10 players in each age group per gender. ROFC recreational players will have priority registration.

Each themed session will build off the themes from previous sessions, including:

- Dribbling for Possession
- Dribbling for Penetration
- First Touch
- Passing
- Finishing

WINTER PROGRAM SCHEDULE

2011 and 2012 Boys - January 9, 16, 23, February 6, 13, 27 5:30-6:30PM @ 5 Star indoor facility in Troy, Games Sat at Total RO
2011 and 2012 Girls - January 9, 16, 23, February 6, 13, 27 6:30-7:30PM @ 5 Star indoor facility in Troy, Games Thur at Total RO

*Register through your Blue Sombrero account at royaloakfc.com