

# Get Involved!

## Be a Bearcat Volunteer

Dear Parent(s) or Guardian:

Another Capital City Bearcats season is once again here. We are excited to announce our new organizational policy on **Volunteer Service Hours**. Studies show that parent/guardian involvement in a child's extracurricular activities is one of the important factors in raising a child's self-esteem and academic achievement. Moreover, involvement should go beyond just paying a fee and dropping your child off. We are a family oriented organization and we want you to also see this as a commitment in maintaining and helping the Capital City Bearcats to continue to grow and flourish as an organization. We realize, however, that each of our families is unique – with its own priorities, needs, talents, and time constraints -- and so we try to provide as many different kinds of opportunities for parental/guardian involvement as possible. Please review the volunteer opportunities below, and check the one(s) that best work for your family.

Each parent/guardian will be required to give **at least four** Volunteer Service Hours. **If you feel that your family schedule does not allow you to volunteer your time, you will be required to pay a flat fee of \$25.00 before any type of equipment or uniforms will be distributed or ordered.**

This year each Coaches and Team Managers will be required to make sure that four parents/guardians work concessions for each home game.(ie work games where your child is not playing)

- Donate \$25.00 in items to concession (*see Momma Kim for list of items*)
- Donate items and work on a Homecoming Committee.
- Field setup for all practices (*bringing ice for all levels and setting up water stations*)
- Field cleanup after all practices (*making sure all equipment is stored and picking up all trash*)
- Participation in all Fundraising Events
- Field setup for all Bearcat home games (*must be able to arrive early before first game then setup field for upper level games*)
- Field cleanup after all home games have ended (*picking up trash and putting in the dumpster, tearing down concessions, etc.*)
- Volunteer to assist with Bearcats Camps setting up and breaking down each day (*this also can include bringing ice/water and snacks*)
- Uniform and equipment preparation, distribution, and year of season equipment collection (*this also includes helping to move equipment at the beginning of the season and at the end of the season from one storage location to McCallum*)
- \$25.00 Flat Fee Volunteer Service Hours**
- Other \_\_\_\_\_

Name: \_\_\_\_\_ Signature/Date: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Child Name(s): \_\_\_\_\_ Level: \_\_\_\_\_ Football/Cheer: \_\_\_\_\_

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