PLAYER CODE OF CONDUCT

Athlete Statement

I believe that the true essence of sport is to strive for personal achievement and excellence through full and honest effort. I am committed to participating in sport with integrity and to striving to win only by legitimate means. I pledge to learn, understand, and adhere to both the written rules of my sport and the accepted rules of fair play. I believe that violence and physical intimidation is harmful to sport, and I refuse to use such tactics in an attempt to gain an unfair advantage. I understand that referees, teammates, and opponents are all integral to sport and worthy of my respect. It is my responsibility to maintain self-control. I will accept referees' decisions without arguments, play aggressively without hostility, and behave graciously in triumph or defeat.

Respect for others

- I agree to act with respect toward all those I come into contact with through sport;
- I refrain from comments or behaviors that are abusive, offensive, racist, sexist or otherwise belittling or demeaning to others;
- I do not harass or tolerate harassment by others;
- I respect others as persons and treat them with dignity;
- I respect the privacy of others;
- I do not endanger the safety of others through my actions.

Respect for self

• I act with fairness and integrity in the pursuit of excellent sport;

Respect for sport

- I strive for personal excellence in sport;
- I honor and respect the spirit and tradition of sport;
- I do not impede the preparation for competition of other competitors or teammates;
- I respect the decisions of referees.

Respect for CPCFRO

- I accept CPCFRO's rules, policies, and procedures governing events and competitions in which I participate;
- I comply with the reasonable requests of CPCFRO's referees;
- I accept that I am an ambassador for the sport and CPCFRO;
- I refrain from any action that might bring the sport or CPCFRO into disrepute.

Respect for property

• I respect the property and livelihood of others, and refrain from vandalism, theft and other forms of mischief.

I also agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that could, but is not limited to the following:

- Verbal warning by referee, head coach, and/or head of league organization;
- Written warning;
- Player suspension with written documentation of incident kept on file by CPCFRO;
- Game forfeit through the referee or coach;
- · Season suspension.