

NYSA Baseball

Pitch Count Rules

Pitching Rules apply to ALL Age Divisions

Pitches thrown in a game	Required rest
66 or more	4 calendar days
51-65	3 calendar days
36-50	2 calendar days
21-35	1 calendar day
1-20	none

Maximum Pitches Per Game

Age Division	Max # pitches thrown per game
15-18	100
13-15	95
11-12	85
9-10	75

Required Rest defined: One Calendar Day of Rest = Next Calendar Day

Example: On Monday a pitcher throws 35 or fewer pitches, he may pitch again on Tuesday, regardless of game start time.

The Starting Pitcher ONLY may return to the mound and resume his pitch count in the same game. All other relief pitchers may not return to mound after they are replaced by another pitcher.

Pitchers pitching 20 or less pitches may pitch again in the same day in another game. A pitcher may pitch to and retire a batter if his pitch count has not yet reached the maximum number of pitches. He must leave the mound after retiring that batter.