



Goalpost Safety

The safety of all players is paramount while participating in any form of football. Recently the number of serious injuries and fatalities involving goalposts has risen due to inappropriate use of goalposts. We are committed to working to ensure that the dangers on goalposts are minimalized and have studied best practice from around the world in producing this set of guidelines.

Check It

- Make sure that the goalposts are in good condition and properly constructed.
- NEVER use homemade goals – they do not have the required safety feature.

Secure It

- Goalposts regardless of size should be anchored securely to the ground.
- Portable goals must be pinned or weighted down to prevent any movement.
- Portable goals should be removed when not in use and stored securely.

Test It

- Before use, responsible adults should make sure that the goalposts are stable.
- If the posts are unstable do not continue with their use until they have been stabilized and retested.
- If you are unsure of the safety of the goalposts you should seek professional help in further testing.

Respect It

- Respect your equipment.

Under no circumstances will anyone be allowed to climb, swing or play on goalpost!