



# Player Development

## Coaching Philosophy

I believe it is important that the boys train as much as possible to further develop their skills and ensure they are ready for the challenges that are ahead of them in soccer. As I frequently say to the boys, I believe all of the players are in their skill hungry years. To this end, in terms of motivation, the boys are all geared to learning new skills, therefore, this is an ideal opportunity for focusing on building the skills of the game onto the movement skills of the players.

As well as improving their soccer, I will be looking to develop their speed and agility in every practice we have over the winter season. In addition, our competitive opportunities will be focussed on building the boys confidence reinforcing success, not primarily through results but by achieving the basic goals set for both the team and some individual targets I will set for each player.

In addition, I will be issuing in a booklet form a series of lifestyle factors aimed at both players and parents as I believe these key ingredients underpin every player's development within the game. If this all comes together in the next 12 weeks, then I am confident it will ensure each boys commitment to future training. I also believe in conjunction with the homework and individual practice which I sent out at the end of the fall season, then the players will come back much stronger in the Spring.

## Key Objectives

- Provide opportunities in practice for technique development
- Provide well organised and enjoyable practices and games
- Motivate and stimulate confidence in children to develop skills and game sense.
- Challenge by setting basic goals, valuing effort and persistence and reinforcing improvement by providing objective and constructive feedback
- Help the player develop both self-esteem and the ability to realistically evaluate their performance