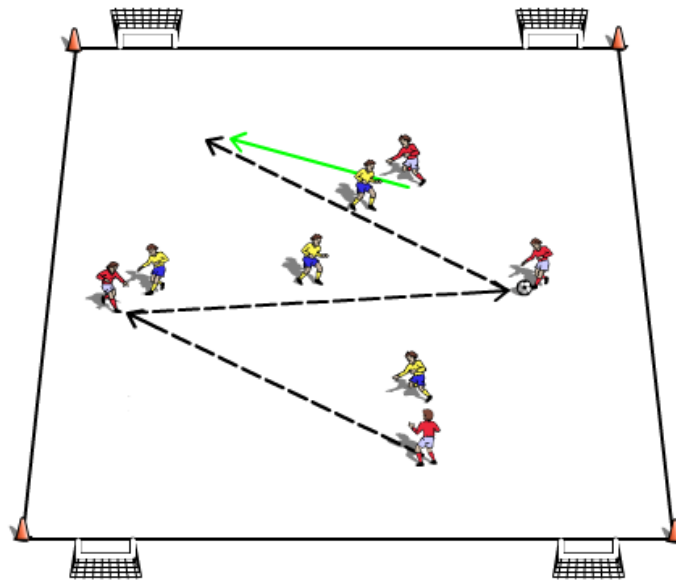




# YESsoccer

## Small Sided Games

### GAME 3: Four Wide Goal Game



#### Game Description

The 4 v 4 game is set out as above with the players encouraged to be in a basic diamond shape.

A point is scored when a player scores a goal in either corner goal. The coach should allow players to express themselves and encourage creative player movements in 1 v 1 situations, particularly in wide areas. Minimum coaching from the sidelines.

#### Objectives

Introduce the basic shape with the striker encouraged to stay long, width provided by the two wide players, and depth from the deeper central player. Players are encouraged to switch the point of attack from one side of the pitch, where the opposition defend a goal, to a player(s) on the opposite side where there is more space and potential 1 v 1, 2 v 1 situations.

#### Coaching Points

##### Attacking

- Go forward when you can
- Help the player with the ball by moving into space
- Use the full width of the pitch when your team are attacking
- Encourage good technique (passing, control, shooting etc)
- Long and Wide diamond shape to create space

##### Defending

- Try to win the ball back quickly
- Help the defending player by offering cover in space behind
- Short & Narrow Diamond shape
- Work together to deny space