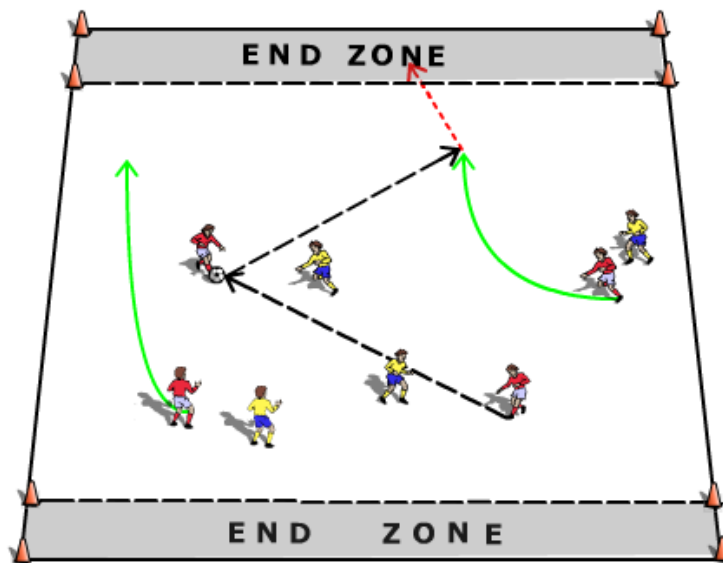




YESsoccer

Small Sided Games

GAME 2: End Zone Game



Game Description

The 4 v 4 game is set out as above with the players encouraged to be in a basic diamond shape. A goal is awarded when a player successfully dribbles the ball in to the end zone under control. The coach should allow players to express themselves and encourage creative player movements in 1 v 1 situations. Minimum coaching from the sidelines.

Objectives

Introduce the basic shape with the striker encouraged to stay long, width provided by the two wide players, and depth from the deeper central player. Players are encouraged to utilize dribbling skills.

Coaching Points

Attacking

- Go forward when you can
- Help the player with the ball by moving into space
- Use the full width of the pitch when your team are attacking
- Encourage good technique (passing, control, shooting etc)
- Long and Wide diamond shape to create space

Defending

- Try to win the ball back quickly
- Help the defending player by offering cover in space behind
- Short & Narrow Diamond shape
- Work together to deny space