

# TYFC Participant and Student Demonstrator Forms & Documents

## Instructions for Parents

### Fall 2020

As mandated by our conference, **ALL** paperwork in the forms package must be filled out for every participant. Additionally, other documents must be produced as well. Please read through the following special instructions for select forms and documents in order to ensure that there is no delay in your child's start with our program:

## **FORMS**

### **1. Medical Clearance**

It is strongly advised that parents obtain medical clearance ASAP. There are two options to comply with our medical clearance requirement:

- A. If your child's physical was performed in 2019, print the form in the package titled "Medical Clearance". This form **MUST** be signed with a 2020 date by your child's physician. This does not mean that your child needs another physical – it simply is a signoff by your child's physician that he/she is cleared to participate in our program. **IMPORTANT NOTE: Your child's provider cannot add any other details on the medical clearance form other than a simple signature, office information, and date. If any other information is added (e.g. "physical date" or other notes) the form is rendered invalid and we will ask that you get another signoff. Please inform your child's physician of this aspect to avoid the need to request another signoff.**

-OR-

- B. If your child's physical was performed in 2020, produce a copy of the child's physical form dated in 2020. The form must have a selection of "Y" in the Comments/Recommendations section of the Massachusetts School Health Record form indicating the statement below.

**Comments/Recommendations:**

**Y N This student may participate fully in the school program, including physical education and competitive sports.**

**NOTE:** If the child's physical form is not available, you may use the medical clearance form in the forms package and follow the instructions as indicated in option A.

**NO CHILD WILL BE ABLE TO PARTICIPATE IN PRACTICES UNTIL MEDICAL CLEARANCE IS RECEIVED – NO EXCEPTIONS!**

### **2. Waiver and Release of Liability - Minor**

This form has been updated for 2020 to include considerations for risks associated with viruses including but not limited to COVID-19. **Please take the time to read through the waiver completely to note the additions for this season.**

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## **FORMS (Continued)**

### **3. Emergency Medical Treatment, Consent, and Information**

Please fill this form out completely. Be sure to print clearly and include all contact phone numbers, addresses, emails, etc. Also, please be sure to note any allergies for your child.

## **DOCUMENTS**

### **1. Certified Birth Certificate AND Photocopy**

Our conference requires the submission of an original, certified version of your child's birth certificate AND a photocopy of the same document be submitted for our review. We do this to ensure that your child meets the age requirements for the team they are assigned. **NOTE: Hospital birth certificates are NOT accepted.** Once our conference has reviewed the birth certificate, we will return the original, certified copy back to you and keep the photocopy for our records.

If you have been a part of our program in the past and have previously submitted an original birth certificate and copy in a prior year, we may still have your conference certified birth certificate on file. If you are unsure, you may still submit your original and photocopy again, or, contact our league Secretary to confirm if you will need these documents (email: [TyngsboroYouthFootballCheer@gmail.com](mailto:TyngsboroYouthFootballCheer@gmail.com)).

If you have been a part of our program in the past and have previously submitted ONLY a photocopy of your child's birth certificate (e.g. former flag participant or past/current flex participant), we will now need you to follow the guidance above to submit an original, certified version of your child's birth certificate and a photocopy of the same.

### **2. Report Cards**

For the 2020 season, we will not require a copy of your child's report card from the 2019-2020 school year. This is a change from the 2019 season due to the COVID-19 pandemic.

## **QUESTIONS?**

If you have any questions about the forms or documents required, please contact our Secretary at [TyngsboroYouthFootballCheer@gmail.com](mailto:TyngsboroYouthFootballCheer@gmail.com). Thank you for your cooperation.