



# Dynamo Soccer Club Recreation Program

*Return to Play Recommendations & Guidelines*

2020 - 2021

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Please note: The guidelines listed below are derived from local and state government best practices to stay safe. We *recommend* following all guidelines to help maintain a safe environment. While we cannot police individuals that do not adhere to them, we ask everyone to please help keep our community safe during this time by following all guidelines.





Dynamo Soccer Club is excited to return to play for the 2020 fall season. Using our Return to Play Recommendations and Guidelines, which has been established using guidelines from the CDC, local and state governments, among others, we plan to have a safe and fun fall season for all of our members.

Our top priority is to provide a practice and game environment that is safe for all players, coaches, referees, parents/guardians and other spectators. Dynamo Soccer Club's Return to Play Recommendations and Guidelines are provided to assist in safely and gradually resuming play, while attempting to reduce infection risk in the setting of the ongoing pandemic. These recommendations and guidelines do not replace or supersede any local, state, or federal health guidelines or requirements.



# Practice & Game Days

## *Practice & Game Scheduling*

- To limit large gatherings that can occur during practice and game days, fields and times will be staggered. This will aid players, coaches, referees, and spectators to arrive and depart safely.

## *Prior to Leaving Home*

- Parents/Guardians should take each player's temperature before coming to practices or games. Any player who has a temperature of 100.4 degrees F or more, or feels sick, should NOT attend. Any other person that is in attendance (ex: referees, coaches, parents) should do the same.
- Parents/Guardians should have their child go to the bathroom prior to the match. This can help cut down on the amount of people heading in and out of the restrooms at the fields.
- Parents/Guardians, if applicable, please apply sunscreen or have your child apply it prior to leaving.
- All equipment should be washed and/or sanitized prior to the game.

## *What to Bring*

- If bringing a soccer ball, sanitize at home before bringing it to the fields.
- Players should bring their own (clearly marked) water bottle, sufficiently filled to last for the whole practice or game.
- Hand sanitizer is recommended for use before and after games.
- We recommend players wear a mask when arriving and leaving the fields. Masks are not recommended while practicing or playing.
- When not instructing players, coaches are recommended to wear masks.



### *Arrival & Drop offs*

- Everyone should do their best to arrive on time. This will help keep games flowing and limit congestion between games.
- We ask players and spectators arrive no more than 15 minutes prior to the scheduled practice or game time. This allows any previous teams to conclude their practice or game and exit the field.
- During game days, please exit the fields in a timely manner so that the next teams can enter the playing area.

### *During the Game*

- Please maintain required social distancing while on the fields. We recommend 10 feet of distance for safety. Masks should be worn when in close proximity to other spectators.
- Players may share soccer balls but are discouraged from picking them up unless it is necessary. \*Please see updated game rules for U4-U10 divisions.
- Instead of a coin toss, the designated 'Home' team will kick off at the beginning of the game. The team designated 'Away' will choose which side to start on.
- Substitutions will take place in front of the team bench area instead of the halfway line.
- No post game handshakes will take place between coaches or players. Players may still communicate 'good game' to the other team from a socially distanced area.
- Parents are discouraged from bringing team snacks after games.



# Reporting

## *Procedures*

- If a parent or child has been exposed to someone known to have COVID-19, they should NOT go to a practice or a game while waiting for their test results. If their test comes back negative the player may resume regular activities with their team.
- Parents should notify Dynamo Soccer Club of any positive test from themselves or their child.
- If Dynamo Soccer Club is notified of any player that has tested positive during the season, we will alert the families of that team to get tested.
- If anyone has tested positive for COVID-19 and has completed a 10 day quarantine period and has no fever or symptoms, they may return to play with a negative test.

*Thank you for following these recommendations!*

*The Return to Play Recommendations & Guidelines are subject to change and will be updated as any changes occur.*

