



Birth Year and Season Matrix

When determining the age group for a season, the year the season ends should be used for determining the birth year. Also note that the format “U followed by age” really means that age and younger. For example, U8 should be read as 8 and younger. For more age-group information please reference [U.S. Soccer’s Player Development Initiatives](#).

Season	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024	2024-2025	
Birth Year							
2020						U5	
2019					U5	U6	
2018				U5	U6	U7	
2017			U5	U6	U7	U8	
2016		U5	U6	U7	U8	U9	
2015	U5	U6	U7	U8	U9	U10	
2014	U6	U7	U8	U9	U10	U11	
2013	U7	U8	U9	U10	U11	U12	
2012	U8	U9	U10	U11	U12	U13	
2011	U9	U10	U11	U12	U13	U14	
2010	U10	U11	U12	U13	U14	U15	
2009	U11	U12	U13	U14	U15	U16	
2008	U12	U13	U14	U15	U16	U17	
2007	U13	U14	U15	U16	U17	U18	
2006	U14	U15	U16	U17	U18	U19	
2005	U15	U16	U17	U18	U19		
2004	U16	U17	U18	U19			
2003	U17	U18	U19				
2002	U18	U19					
2001	U19						
2000							