

# WCSA ARENA RULES OF PLAY

2019/20 SOCCER YEAR

## THE GAME

- A. Each game will consist of two (2) twenty (20) minutes halves with a three (3) minute halftime. Teams will only play one (1) game per night. Teams will switch sides of the field between halves.

Teams on the visitor side will kick off to start the game or half. WCSA officials have the right to shorten a game for arena scheduling purposes, injuries, etc., as deemed necessary.

- B. Slide tackling is not permitted in indoor play. The result is a free kick by the offended team. If the slide tackle occurs in the penalty area, a penalty kick will be awarded. A slide tackle is defined as sliding with one or both feet to dispossess the opponent.
- C. Sliding to play the ball is permitted. If another player is in the proximity of the ball, this may be determined by the referee as a slide tackle and will result in a direct kick by the offended team.
- D. **U12 and under (NO HEADING):** When a player deliberately heads the ball in a game, an indirect free kick should be awarded to the opposing team from the spot of the offense. If the deliberate header occurs within a goal area, the indirect free kick will be taken from the nearest point outside the penalty area. If a player does not deliberately head the ball, play should continue.
- E. The goalkeeper may not slide with his/her feet at the feet of another player.
- F. A player is allowed to place one (1) hand on the walls for support. The use of two (2) hands on the walls as leverage against an opponent will result in an indirect free kick for the opposing team.
- G. Unless otherwise specified, FIFA rules apply.
- H. Games are scheduled at forty-five (45) minute intervals. There is no grace period. Teams should be at the arena fifteen (15) minutes prior to the scheduled game time. Teams not ready to play with the minimum number of players (4) will forfeit the game.

## BALL IN AND OUT OF PLAY/RESTARTS

- A. **THREE LINE RULE:** A kicked or thrown ball cannot travel in the air across the three (3) centerlines. The result will be an ifk by the offended team. The ball will be placed on the line (of the three (3) centerlines, not the goal line) nearest the offending team's goal. The goalkeeper may throw past the center line.
- B. **DROP KICKS, PUNTS AND THROWS:**
  - 1. The goalkeeper must throw or place the ball back on the field and kick it into play within six (6) seconds to avoid an infraction. The three-line rule applies. Goalkeepers are not permitted to punt or drop kick the ball. If the ball is drop kicked or punted, an indirect free kick will be awarded to the offended team,

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- taken from the nearest point outside the offending team's penalty area, parallel with the goal line from the point of the infraction.
2. The goalkeeper must be given space to distribute the ball. During goalkeeper distribution, the defending team must be outside the penalty area. The defending team may not encroach upon the goalkeeper while the goalkeeper is distributing within his/her own penalty area.
- C. **KICKOFFS:** The team on the visitors' side of the scorer's table will kick off to start the game. Teams will switch sides of the field at the start of the second half. Kickoffs may be played back before going forward. Defending players must be outside the yellow circle and not touching it prior to ball movement. Players may not cross the center line prior to the ball moving. The ball must be kicked into play within six (6) seconds after the referee blows the whistle for the start of play or the ball will be awarded to the other team.
  - D. **BALL OUT OF BOUNDS:** If the ball is kicked into the nets (the net above the doors, up to the level of the plexiglass, is considered in play), on top of the wall, or in the overhead nets, it will be kicked (not thrown) back inbounds by the opposing team with six (6) seconds. If the ball hits the ceiling net, it should be placed on the nearest of the three (3) centerlines where it hit the net. If the ball hits the top rail or side net, it should be placed back on the field within the white line next to the wall. If the ball is placed outside the white line, or is moving as it is kicked, it will be awarded to the other team. All out of bounds kicks are considered direct kicks. On all restart kicks the nearest defender must be at least three (3) paces (i.e. ten (10) feet) away from the ball.
  - E. **GOAL KICKS:** The ball may be placed anywhere on the goal box and is live once it is kicked and clearly moved. The opposing team is not allowed in the penalty area until the kick has been taken.
  - F. **CORNER KICKS:** The ball is placed on the large painted dot and kicked into play. This is a direct kick. If a ball gets jammed or lodged between players, the boards or the net, the referee may award a drop kick at his/her discretion.
  - G. **PLAYER IN THE CREASE:** If a referee interprets goalkeeper encroachment or obstruction, resulting goals may be voided and a goal kick awarded to the offended team.

## PLAYER EQUIPMENT

- A. **SHOES:** All players must wear either athletic or approved indoor soccer shoes. No outdoor style cleats are allowed.
- B. **UNIFORM:** All players are required to wear soccer-style shorts. No lettering or design (other than a company logo) is permitted. Numbered team jerseys will be distributed to all players and are required to be worn. Jerseys may not be altered. The only exception is if the entire team wishes to add the player's names to the back of the jerseys. Sleeves may not be rolled, cut off or tied. Players will not be allowed to take the field until they are appropriately dressed according to these rules. Jerseys must be tucked into a player's shorts when he/she enters the field if the jersey is longer

than the length of his/her soccer style shorts. A player will be given one (1) verbal warning to tuck their jersey into their shorts. After the first warning the player may be given a blue card and will not be permitted to the for two (2) minutes.

WCSA will provide pinnies for teams to wear during play if there are duplicate team colors. All players must wear appropriately sized shin guards. No earrings or jewelry are allowed during a game. Soccer style socks must cover the entire shin guards.

- C. **SIZE OF BALL:** U8-U12 – size 4 and U13-U19 – size 5. WCSA will provide the standard outdoor ball for all games.

## FOULS

- A. **DIRECT KICK FOUL COUNTER:** A direct kick foul counter will be used to keep track of all direct kick fouls called by the officials during game. **U10 and younger** – when a team receives a total of six (6) fouls, the opposing team will be awarded a penalty kick and the counter is reset to zero (0). Direct kicks awarded inside the penalty area as a result of a foul by the defending team will be assessed as penalty kicks. **U11 and older** – when a team receives a total of four (4) direct free kick fouls, the opposing team will be awarded a penalty kick and the counter is reset to zero (0). Direct kicks awarded inside the penalty area as a result of a foul by the defending team will be assessed as penalty kicks.
- B. **PENALTY KICKS:** Penalty kicks may be taken by any player on the offended team. That player will start on the line (of the three (3) center lines) closest to the opponent's goal. The balance of players on both teams will be on the center line. Players' feet are not to touch or be on the yellow half line. When the referee blows the whistle to start play, the kicker may dribble forward and shoot, the goalkeeper may come off his/her line and the remaining players are free to defend or aid in the attack. If game time expires before a penalty kick is taken, six (6) seconds will be added to the game clock in order to complete the penalty kick. A foul by any player on the defending team during a penalty kick will result in the penalty kick being retaken if the attacking team did not score. If prior to the taking of a penalty kick at game's end it is determined that a goal resulting from said kick will not alter the final point existing prior to the kick, the penalty kick will not be taken.
- C. **DIRECT KICKS:** Direct kicks awarded inside the penalty area will be taken as a penalty kick as outlined above.
- D. **INDIRECT KICKS:** Indirect kicks awarded inside the penalty area will be taken from the nearest point outside the penalty area. Indirect kicks include (but are not limited to): two (2) hands on the wall, obstruction, pass back to the goalkeeper, dangerous play, deliberated heading in U12 and younger, three line rule and punt/drop kicks.
- E. **ADVANTAGE RULE:** If a player is fouled but the team/player retains possession of the ball, the referee may call a foul without stopping play. The referee will notify the scorer's table of the foul.
- F. **TWO MINUTE FOUL (BLUE CARD):** A player receiving a blue card will sit out for two (2) minutes. The team will not play short during this time, but the offending player may not return to the field until the two (2) minute penalty has expired even if a goal

- is scored by the opposing team. No foul is awarded against a team for a blue card violation. Two blue cards to the same player in one game will result in an automatic yellow card against that player.
- G. **TWO MINUTE FOUL (YELLOW CARD):** A player receiving a yellow card will sit out for two (2) minutes. The team plays short during that time. If the opposing team scores during the penalty, the penalized team may return to full strength, but the offending player must remain out until the penalty expires. Two (2) yellow cards in one game will result in an automatic red card for the offending player. (See Section H below.) A player receiving four (4) yellow cards or a team receiving ten (10) yellow cards during the season will be suspended from league play for the remainder of the season.
  - H. **FIVE MINUTE FOUL (RED CARD):** Red card offenses will result in the ejection of the player for the balance of that half and the following half. The player must leave the WCSA soccer complex if the red card occurs during the second half of the game. The player will then serve their suspension the first half of their next game according to Section I. The team will play short for the entire five (5) minutes. If the red card is called for an act that is deemed by the referee to be deliberate and malicious, a report will be delivered to the WCSA's Judiciary Council who may assess further penalties against the violating player. A player receiving two (2) red cards or a team receiving four (4) red cards (either straight red cards or as a result of double yellow cards) will be suspended from league play for the remainder of the season. A team receiving a red card in their last game of the season may forfeit their standing in league play and be disqualified from any and all awards at the discretion of the WCSA Indoor Commissioner and/or the WCSA Judiciary Committee.
  - I. Player receiving a red card must serve it by being present. They are to report to the scorer's table to compete the red card requirement and will be seated outside the WCPR office. Failure to do so will result in additional disciplinary action.
  - J. The penalty time for all cards (RED, YELLOW, BLUE) starts when the carded player reports to the scorer's table so the violation is recorded. Any penalty time not completed in the first half of the game will carry over to the second half of the game.
  - K. Player receiving a red card in the last half of their final game of the season will serve their suspension at the first half of their next game of the current soccer year. (IE – card in winter carries over to summer).

## PLAYERS

- A. **ROSTERED PLAYERS:** All players must be on the Official WCSA Team Roster. Any team that fields a non-rostered player will automatically forfeit that and any prior games that the non-rostered player participated in. Coaches will be subject to suspension and will be ejected from the game and the WCSA soccer complex.  
  
Each player is to play sufficient minutes to equal one half (1/2) of each match unless prevented from doing so due to illness, injury or ejection.
- B. **NUMBER OF PLAYERS ON THE FIELD:** All age groups play five (5) players on the field plus a goalkeeper for a total of six (6) players. One player must be designated as the goalkeeper by wearing a different color jersey or pinnie. The goalkeeper is permitted

to remain as goalkeeper for the entire game. A game may start with a minimum of four (4) players. If a game starts with one team playing with less than the maximum allowed on the field, the opposing team must play even and field the same number of players. If additional players arrive, they may enter the field at any time with the referee's or scorekeeper's permission. Both teams may continue to add players as long as equality is preserved and until the maximum number of players on the field is reached. In the spirit of the game, equal player participation is encouraged. Coaches not giving equal playing time to all players are subject to review and/or suspension.

- C. **ANY PLAYER OVER THE AGE OF 18 MUST BE CURRENTLY ENROLLED IN HIGH SCHOOL OR HOME SCHOOLED:** graduating seniors are permitted to play if they graduate in the current soccer year.

## SUBSTITUTIONS

- A. Substitutions may be made at any time. The exiting player must be in the substitution arc before the door is opened and the substituting player enters the field. Neither exiting nor entering player can be part of any play during this substitution. The exiting player must be completely off the playing field before the entering player can join the game. If either player becomes part of the play before the substitution is complete, a yellow card may be given to the offending player and the offended team awarded an indirect free kick. All substitutions should be made from the door nearest the scorer's table.
- B. The ball is in play at all time unless the referee stops play for an injury or immediately after a goal is scored (courtesy substitution). At all other times substitutions must be made according to Section A above.

## SCORING

- A. Points for statistics will be as follows:
  - 1. Win: 3 points
  - 2. Tie: 1 point
  - 3. Forfeit: 3 points (3-0 win)
- B. The scoreboard will display all goals scored.
- C. A weekly review of scores will occur by the Commissioner with the recommendation of the coaches that continue to abuse the sportsmanship of the game to the judiciary committee with an escalation of step consequences for the coach up to and including removal from the league.
- D. All games count in the standings.
- E. At the end of the season, time permitting, there will be a single elimination tournament. Awards will be presented to the top two (2) teams in each division.
- F. If there is a tie in the standings, seeding will be determined by the following:
  - 1. Highest number of wins.
  - 2. Greatest goal differential (goals scored less goals against) with a maximum of three (3) net goals per game.
  - 3. Fewest goals allowed.

4. A FIFA style shootout conducted between the tied teams with timing, rules and results determined by the Indoor Commissioner.

### **COACH'S CONDUCT AND FAIR PLAY**

- A. The coach is responsible for his/her own conduct and that of his/her team and parents both on and off the field.
- B. The area between the field entry door on either side of the scorer's table and the first line past the mid-line to the left or right of the entry door is the "coach's box". Coaches are not permitted to roam the sideline outside of this area. Repeated violations may result in an indirect free kick for the opposing team at the spot of the ball where the violation occurs.
- C. If a coach is ejected from a game, he/she must leave the WCSA soccer complex and may not coach the next scheduled game. Coach receiving a RED CARD during the last game of the Winter Indoor Season will serve their suspension the next game they coach in the Summer Indoor Season. Offending coaches will be subject to further disciplinary action according to WCSA's By-Laws.
- D. Players are not permitted to stand between the door used for substitutions and the scorer's table.
- E. No spectators are allowed in the coach's box or player's bench area.
- F. No spectators are allowed to stand behind the goals.
- G. Only one (1) head coach and one (1) assistant coach are permitted to be in the coach's box during the game.
- H. An adult (21 years or older) is required to be present in the coach's box/bench area during all games if the coach and/or the assistant is younger than 21 years of age.
- I. Any adult not listed on the official team roster must complete a volunteer form at the scorer's table.

### **TIME**

- A. No time is scheduled for practice on the field before each game. Teams may stretch and warm up outside the field of play. Soccer balls may not be kicked in the arena except on the field.
- B. Teams must leave the field immediately after shaking hands.
- C. Teams coming on to the field should enter through the rear door to allow the teams from the previous game to clear the bench area.
- D. Teams must be ready to enter the field at the buzzer and be ready to start play at the referee's whistle. The clock begins at the whistle. Kick off will not proceed until both teams are on the field.

### **TOURNAMENT RULES**

- A. Every team is guaranteed at least one (1) game in the single elimination tournament.
- B. Teams will be seeded in the tournament based on the final standings of league play.
- C. Each game will consist of one (1) twenty-five (25) minute period.  
If, at the end of regular time the teams are tied, a six (6) minute player reduction sudden death overtime will be played. The lower seed will kick off. The first goal

- score during this overtime will determine the winner. Each team must field six (6) players with a designated goalkeeper of the coach's choice. Before play begins, a list of these players must be given to the scorer's table with the order of their removal from the field. No substitutions are allowed during this overtime. After each one (1) minute of play there will be a short burst of the time clock horn, and one (1) player (as designated on the coaches' lists) must immediately leave the field, and may not touch the ball or be a part of the play while exiting. Play does not stop during this time. The horn will sound at each minute until only the goalkeepers remain. If a player leaving the field as a result of player reduction intentionally plays the ball, the opposing team will be awarded an indirect free kick at the spot of the infraction. If, at the end of overtime, the teams are still tied, each team will take three (3) alternating penalty kicks. If the score is still tied, each team will take sudden death penalty kicks until a winner is decided.
- D. Any fouls recorded on the direct kick foul counter during regular time will be carried over into overtime and player reduction overtime.
  - E. In the event there are any questions, disputes or misunderstandings about rules, methods chosen for championship games or any other issues pertaining to these playoffs, final decisions will be made by the Indoor Commissioner and the head referee presiding over the event in question. All decisions will be final.
  - F. All other indoor rules of play are still in effect.

**Note:** Please see INDOOR GAME GUIDELINES on following page...

## INDOOR GAME GUIDELINES

- Please have your players leave their soccer ball at home. WCSA provides the game ball.
- All games will start promptly at scheduled time – there will be no practice or warm up.
- The game clock will start to keep the games on schedule. However, the referee will not blow the whistle to kick off until both teams are ready.
- Teams taking the field to begin their game should enter through the doors closest to the warmup area. Teams leaving the field should exit by the scorer's table.
- Only starters are to enter the field to begin the game through the rear door.
- Goalkeeper should be ready, i.e. soccer pinnie, goalkeeper jersey, gloves (optional) prior to taking the field. It is easier for the goalkeepers to put the jersey/pinnie prior to putting on their gloves (optional).
- To minimize congestion on the players bench, please leave extra gear in the corner or with someone off the field.

**Note:** Please see WCSA and WCPR Rules and Regulations on following page...

## WCSA AND WCPR RULES AND REGULATIONS

### REGARDING USE OF THE INDOOR ARENA

1. The coach will accept full responsibility for the actions of the team and its fans.
2. All spectators must remain in the seated area during the contest. Anyone not wishing to abide by this rule will be asked to leave the venue.
3. At no time are children to be left unsupervised in or at the arena.
4. No running inside the arena off the playing field.
5. No ball playing outside of the playing area.
6. As a safety precaution, spectators are not to touch or hang onto the side of the nets.
7. Any player, coach or spectator involved in fighting will be immediately removed from the contest and soccer complex premises and may not return until their suspension is completed.
8. Any individual, player or spectator acting in a threatening way toward a league officer, referee or another player will be suspended indefinitely.
9. Abuse of referees, officials, WCPR staff or WCSA officials may result in a suspension for two (2) or more games. This includes after a game is completed.
10. Red card offenses will result in the ejection of the player. See FOULS – section H-K in the WCSA Indoor Rules of Play.
11. Profane language and unruly behavior by players, coaches and/or spectators will not be tolerated.
12. No player shall touch or threaten a WCSA league official, WCPR staff member or a referee. If this occurs, the person(s) will be barred from all WCPR Department activities and facilities for an indefinite period to be set by the WCPRD.
13. Players not playing are not to touch or hang onto the side nets. Bleachers are provided for players to watch the game.
14. Coaches and assistants are remain between the substitution door and the solid yellow line closest to their goal.
15. No players or spectators are permitted to stand behind that goals.
16. Teams must enter and exit the field of play promptly at the start and completion of their game.