



Birth Year and Season Matrix

When determining the age group for a season, the year the season ends should be used for determining the birth year. Also note that the format “U followed by age” really means that age and younger. For example, U8 should be read as 8 and younger. For more age-group information please reference [U.S. Soccer’s Player Development Initiatives](#).

Season	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024	2024-2025
Birth Year							
2020							U5
2019						U5	U6
2018					U5	U6	U7
2017				U5	U6	U7	U8
2016			U5	U6	U7	U8	U9
2015		U5	U6	U7	U8	U9	U10
2014	U5	U6	U7	U8	U9	U10	U11
2013	U6	U7	U8	U9	U10	U11	U12
2012	U7	U8	U9	U10	U11	U12	U13
2011	U8	U9	U10	U11	U12	U13	U14
2010	U9	U10	U11	U12	U13	U14	U15
2009	U10	U11	U12	U13	U14	U15	U16
2008	U11	U12	U13	U14	U15	U16	U17
2007	U12	U13	U14	U15	U16	U17	U18
2006	U13	U14	U15	U16	U17	U18	U19
2005	U14	U15	U16	U17	U18	U19	
2004	U15	U16	U17	U18	U19		
2003	U16	U17	U18	U19			
2002	U17	U18	U19				
2001	U18	U19					
2000	U19						