

Chesterfield Cheerleader League

General Rules for the Spectacular are as follows:

1. Each team must choose one style: **Performance** or **Traditional**.
2. All teams competing must be affiliated with the Chesterfield Cheerleader League, either through football or basketball cheer.
3. The age guidelines set forth by CCL will be followed for each division.
4. We will allow one Flag, Minor, Junior & Senior team from each association, however, teams above the Flag level can combine up to one level up or down. (Ex: Minors and Juniors can combine, however, minors and seniors may not.)
 - a. Teams that have combined will compete based on the higher age level.
 - c. Cheerleaders are not allowed to 'crossover' and must compete on the squad for their age only.

Performance Recreation

Performance Rec is defined as a competitive rec division that will follow the level and routine guidelines for recreation cheer set by the USASF. They will be allowed 2 minutes and 30 seconds of a music only routine.

Traditional Recreation

Traditional Rec is defined as a game day focused competitive division that will follow the level guidelines set forth by the USASF, however, their routines will include a cheer portion. Their routine format will reflect the regulations set forth by VHSL. These teams will be allowed 1 minute 30 seconds of music and up to 3 minutes total for their routine.

Difficulty Points

Difficulty points will be rewarded based on total skills performed. To achieve the maximum possible points a team must perform multiple skills at their level.

Legality Questions

For questions on what level a stunt or tumble pass is considered, please contact your commissioner.