



Cape Express Playing Up Policy

Age Appropriate/Playing up issues

It is the Club's policy that all players will play age appropriate if there is a team in the player's true age group. Exceptions to this policy may be considered only when it makes sense for the club and the player and will be reviewed on a case by case basis.

These exceptions would be very rare in the lowest age groups. Recently however, for developmental purposes, US Youth Soccer has become more tolerant to the idea of playing up in the very oldest youth age group and varsity ages.

Any player to be considered an exception to the age appropriate policy and permitted to play up an age group must meet the following criteria:

- 1. Parent/guardian must complete a waiver holding harmless the club, club coaches/trainers, other club players, parents and other player parents, the league and its staff, referees, all tournament/showcase personnel, staff/teams/coaches/players/parents and anyone else that the player may come into contact with while playing up with the team they will be joining.**
- 2. Consideration for age appropriate exception will be capped at one year above the player's true age group for youth and two years for varsity players.**
- 3. A team will not be permitted to accept a move up player if their roster is full or if they play in a considerably lower division than the move up player is currently playing in.**
- 4. Teams with low roster numbers will not be permitted to send a player up if the coach/trainer and DOC feel it will jeopardize the stability of the sending team by doing so.**
- 5. Players for consideration will be evaluated by the training staff with final approval by the DOC and must be ranked by the training staff as one of the top 3 players from the sending team and in the top half of the receiving team. These players must meet all the competitive criteria of the receiving team including technical, tactical, physical, emotional, social, and psychological demands for the new age group**
- 6. No input from parents/guardians as to playing ability will be considered.**

**Charlie Duccilli
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Cape Express Soccer Club**