



## BURRELL VARSITY/JV FOOTBALL 2018

**April 2018**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23 STRENGTH/CONDITIONING 2:50PM-4:00PM	24	25 STRENGTH/CONDITIONING 2:50PM-4:00PM	26 STRENGTH/CONDITIONING 2:50PM-4:00PM	27	28
29	30 STRENGTH/CONDITIONING 2:50PM-4:00PM					



## BURRELL VARSITY/JV FOOTBALL 2018

May 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b>	<b>2</b> STRENGTH/CONDITIONING 2:50PM-4:00PM	<b>3</b> STRENGTH/CONDITIONING 2:50PM-4:00PM	<b>4</b>	<b>5</b>
<b>6</b>	<b>7</b> STRENGTH/CONDITIONING 2:50PM-4:00PM	<b>8</b>	<b>9</b> STRENGTH/CONDITIONING 2:50PM-4:00PM	<b>10</b> STRENGTH/CONDITIONING 2:50PM-4:00PM	<b>11</b>	<b>12</b>
<b>13</b>	<b>14</b> STRENGTH/CONDITIONING 2:50PM-4:00PM	<b>15</b>	<b>16</b> STRENGTH/CONDITIONING 2:50PM-4:00PM	<b>17</b> STRENGTH/CONDITIONING 2:50PM-4:00PM	<b>18</b>	<b>19</b>
<b>20</b>	<b>21</b> STRENGTH/CONDITIONING 2:50PM-4:00PM	<b>22</b> 6:30PM- PLAYER/PARENT MEETING "MEET THE COACH NIGHT" HIGH SCHOOL AUDITORIUM	<b>23</b> STRENGTH/CONDITIONING 2:50PM-4:00PM	<b>24</b> STRENGTH/CONDITIONING 2:50PM-4:00PM	<b>25</b>	<b>26</b>
<b>27</b>	<b>28</b> OFF- MEMORIAL DAY	<b>29</b> SUMMER WORKOUTS 5:30PM-7:30PM	<b>30</b> SUMMER WORKOUTS 5:30PM-7:30PM	<b>31</b> SUMMER WORKOUTS 5:30PM-7:30PM		



## BURRELL VARSITY/JV FOOTBALL 2018

May 2018		June 2018					Jul 2018
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
					1	2	
3	4 SUMMER WORKOUTS 5:30PM-7:30PM	5 SUMMER WORKOUTS 5:30PM-7:30PM	6 SUMMER WORKOUTS 5:30PM-7:30PM	7 SUMMER WORKOUTS 5:30PM-7:30PM	8	9	
10	11 SUMMER WORKOUTS 5:30PM-7:30PM	12 SUMMER WORKOUTS 5:30PM-7:30PM	13 SUMMER WORKOUTS 5:30PM-7:30PM	14 SUMMER WORKOUTS 5:30PM-7:30PM	15	16 COACHES CLINIC- TBA	
17	18 SUMMER WORKOUTS 5:30PM-7:30PM	19 SUMMER WORKOUTS 5:30PM-7:30PM	20 SUMMER WORKOUTS 5:30PM-7:30PM	21 SUMMER WORKOUTS 5:30PM-7:30PM	22	23 UNIVERSITY OF PITTSBURGH 7 ON 7 DEPART-7AM RETURN - TBA	
24	25 PLAYERS OFF	26 SUMMER WORKOUTS 5:30PM-7:30PM	27 SUMMER WORKOUTS 5:30PM-7:30PM	28 SUMMER WORKOUTS 5:30PM-7:30PM	29	30 WESTMINSTER UNIVERSITY 7 ON 7 DEPART-7:15AM RETURN-TBA	



## BURRELL VARSITY/JV FOOTBALL 2018

Jun 2018		July 2018					Aug 2018
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<b>1</b>	<b>2</b> SUMMER WORKOUTS 5:30PM-7:30PM	<b>3</b> SUMMER WORKOUTS 5:30PM-7:30PM	<b>4</b> PLAYERS OFF	<b>5</b> PLAYERS OFF	<b>6</b>	<b>7</b>	
<b>8</b>	<b>9</b> SUMMER WORKOUTS 5:30PM-7:30PM	<b>10</b> SUMMER WORKOUTS 5:30PM-7:30PM	<b>11</b> SUMMER WORKOUTS 5:30PM-7:30PM	<b>12</b> SUMMER WORKOUTS 5:30PM-7:30PM	<b>13</b>	<b>14</b>	
<b>15</b>	<b>16</b> SUMMER WORKOUTS 5:30PM-7:30PM	<b>17</b> SUMMER WORKOUTS 5:30PM-7:30PM	<b>18</b> SUMMER WORKOUTS 5:30PM-7:30PM	<b>19</b> WCCA -7 ON 7 @LATROBE H.S. DEPART-TBA  *NO EVENING WORKOUT	<b>20</b>	<b>21</b> PYREX BOWL 7 ON 7 @ BELLE VERNON DEPART 7AM RETURN TBA	
<b>22</b>	<b>23</b> SUMMER WORKOUTS 5:30PM-7:30PM	<b>24</b> SUMMER WORKOUTS 5:30PM-7:30PM	<b>25</b> SUMMER WORKOUTS 5:30PM-7:30PM	<b>26</b> PLAYERS OFF	<b>27</b>	<b>28</b>	
<b>29</b>	<b>30</b> EQUIPMENT ISSUED 4PM-SR 4:45PM- JR 5:30PM- SOPH 6:30PM-FRESHMEN	<b>31</b> MANDATORY PARENTS/PLAYERS PRE- CAMP MEETING 6:30PM- BHS AUDITORIUM					



## BURRELL VARSITY/JV FOOTBALL 2018

<div style="display: flex; justify-content: space-between;"> <span>Jul 2018</span> <span style="font-size: 1.2em; font-weight: bold;">August 2018</span> <span>Sep 2018</span> </div>						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> PLAYERS OFF	<b>2</b> PLAYERS OFF	<b>3</b>	<b>4</b>
<b>5</b>	<b>6</b> MANDATORY HEAT ACCLIMATION 5:00PM-8:00PM	<b>7</b> MANDATORY HEAT ACCLIMATION 5:00PM-8:00PM	<b>8</b> MANDATORY HEAT ACCLIMATION 5:00PM-8:00PM	<b>9</b> MANDATORY HEAT ACCLIMATION 5:00PM-8:00PM	<b>10</b> MANDATORY HEAT ACCLIMATION 5:00PM-8:00PM	<b>11</b>
<b>12</b>	<b>13</b> TRAINING CAMP @ BHS 8:00AM – PLAYERS REPORT 5:30PM- PLAYERS DISMISSED	<b>14</b> TRAINING CAMP @ BHS 8:00AM – PLAYERS REPORT 5:30PM- PLAYERS DISMISSED	<b>15</b> TRAINING CAMP @ BHS 8:00AM – PLAYERS REPORT 5:30PM- PLAYERS DISMISSED	<b>16</b> TRAINING CAMP @ BHS 8:00AM – PLAYERS REPORT 5:30PM- PLAYERS DISMISSED	<b>17</b> TRAINING CAMP @ BHS 8:00AM – PLAYERS REPORT 3:00 PM- PLAYERS DISMISSED	<b>18</b> Scrimmage @ East Allegheny 10:00am – Start  Players Report 7:15am
<b>19</b>	<b>20</b> 2:50PM-PLAYERS REPORT 6:30PM- END OF PRACTICE 7:00PM- DINNER WITH MOMS (LADIES FOOTBALL CLINIC) (BHS Cafeteria)	<b>21</b> 2:50PM- PLAYERS REPORT 6:30PM- END OF PRACTICE	<b>22</b> FIRST DAY OF SCHOOL 2:50PM- PLAYERS REPORT 6:30PM- END OF PRACTICE	<b>23</b> 2:50PM- PLAYERS REPORT 5:15PM- END OF PRACTICE 5:30PM- DECALS WITH DAD COOKOUT	<b>24</b> 7:00PM BEAT VALLEY PLAYERS REPORT 4:45PM	<b>25</b> 9am-11am- Film/Lift JV- TBA
<b>26</b>	<b>27</b> 2:50PM-PLAYERS REPORT 6:15PM- END OF PRACTICE	<b>28</b> 2:50PM-PLAYERS REPORT 6:15PM- END OF PRACTICE	<b>29</b> 2:50PM-PLAYERS REPORT 6:30PM- END OF PRACTICE	<b>30</b> 2:50PM-PLAYERS REPORT 5:15PM- END OF PRACTICE	<b>31</b> 7:00PM BEAT CWNC PLAYERS REPORT 4:45PM	