



Chelmsford Youth Soccer

Coach's Season Info

Coaches – Mission



This season is about getting back to normal as much as possible while ensuring a safe environment. We need your support and understanding to make this a success.

Logistics



- [Check out the Mass Youth COVID HUB – Important Documents Section](#)
- Mass Youth Soccer Guidelines that MUST be adhered to
- **Training starts the week of April 5th – (based on weather and field opening)**
- **Logistics**
 - Arrive at the field 5 minutes before training time
 - Leave Right away after session time – no hanging around or socializing
 - No port-a-potties at any field location
 - Spectators must only be from the team(s) participating – no staying or coming early to watch another session.

COVID-19 Rules



- **Face Covering and Social Distance Requirements**

- All players must be in possession of an approved face covering at all times (even if just in their hands or in their pocket).
- Face coverings can only attach by loops on the ears to allow for easy removal if there is inadvertent contact (prevent any type of choking hazard)
- Face coverings must be worn (covering the mouth and nose) to and from the car and when on the sidelines during games/drills.
- Face coverings must be worn (covering the mouth and nose) on the field during games/drills whenever players come within 10 feet of anyone.
- When on the field but not within 10 feet of anyone, face coverings may be kept pulled down, etc. for easier breathing, as long as the face covering can be quickly pulled over the mouth and nose before coming within 10 feet of anyone.
- Coaches and spectators must wear a face covering at all times and maintain 6 ft distance from anyone not in their family unit and 8 ft from the field of play
- ***When on the sideline or in any type lines for training please ensure that the players stay 6 ft apart (KEY BEHAVIOR TO WATCH and WARN)***

Equipment



- **Equipment**

- Pinnies must be not shared during any session – assigned to a player (cleaned after)
- Players are asked to bring their own balls
- Each participant will be required to have their own water bottle, towel, and personal hygiene products (hand sanitizer, facial tissues, face coverings)
- Clean any equipment that could be touched
- Coaches will be provided with hand sanitizer and masks (if anyone forgets their mask or due to damage during the session)
- First Aid Kit
- Ice packs
- Extra Masks & Ice Packs in the storage container at each field (lock code →1225) – low inventory please contact – equipment@chelmsfordyouthsoccer.com

COVID Coordinator



- Each team must have someone acting in this role at each session
- This can be a shared role, but we need one designated name
- **COVID Coordinator Responsibilities**
 - Use this check list for each session - [Check List](#)
 - Use the team roster to take attendance at each session – write the date on the roster for each session and check off the players and coaches who attend
 - Attendance rosters must be kept for the entire season – support contact tracing
 - Some key points in the check list:
 - Check for player well being on arrival
 - Social distancing (players, coaches and spectators)
 - Wearing Masks
 - No sharing equipment
 - Hygiene
 - No hanging around before or after sessions

Training – step by step



- **Training Step by Step**

- Upon arrival at the practice location:

- Assign each player to a designated “waiting area”
- Create a designated “Player Equipment Area”
- Remind the players - No handshakes, fist or elbow bumps or any physical contact

- During the practice activity:

- Throughout the practice, during breaks for water, encourage using hand sanitizer
- Ensure the health and safety. Coach is to be the only one to handle cones, discs, goals etc.
- Ensure all athletes have their individual equipment. (Ball, water bottle, etc.)
- Ensure player’s personal belongings remain in their personal space and are kept physically distanced from the belongings of others. Do not allow sharing of personal items
- Do not allow shared team snacks

Training – step by step



- **Training Step by Step**

- At the conclusion of the practice session:

- While players leave ensure Social Distancing is adhered to and that PPE is being worn
- Ensure that each player is picked up by their parents or guardian
- Ensure that all social distancing is maintained for players waiting for their ride to arrive
- Remind the players to clean and disinfect their individual equipment when they arrive home

- Post Practice Session:

- Clean and disinfect all equipment
- Launder any and all clothing worn during the practice session
- Communicate with Parents and request that you are alerted if any players may have been in contact with COVID-19 during this transition time

CYSA Fields



- Spring 2021
 - Grade 3&4: Highland and South Row
 - Grade 5&6: South Row
 - Grade 7 to 12: Murphy

CORI/SORI



- **CORI/SORI Requirements**

- Do you have your CORI Lanyard?
- Lanyards **MUST** be worn at **ALL** games
 - No Lanyard → No Sideline
 - No Coaches with Lanyards → No Game (forfeit by violators)
- For training, lanyards must be with you and available

MYSL Roster



MIDDLESEX SOCCER APPROVED ROSTER Fall Soccer - 2017

| Town/Club: Chelmsford Youth Soccer | | Apprvd: 08/19/2017 | Original: | Change: | | | |
|------------------------------------|--------------|-----------------------------|-------------------------|-----------------------------|------|---------------------|------------|
| Team Name: G34-1 | | Age: GR 3-4 Girls Travel | Girls: X | Boys: _____ Shirt Color: | | | |
| League: | | Team ID#: 122013 | Div/Section: 2A | | | | |
| Coach | | Phone | Email | | | | |
| 1 | John Roark | 978-265-5430 | johnroark@mac.com | | | | |
| 2 | Tim Flaherty | 978-808-1869 | tflaherty24@hotmail.com | | | | |
| 3 | | | | | | | |
| Shirt# | Last Name | First Name | DOB | Grade | Town | Assigned | |
| 1 | 13 | Barber | Eva | 12/10/2007 | 4 | Chelmsford | 07/02/2017 |
| 2 | 4 | Bierwirth | Anna | 12/22/2008 | 3 | Chelmsford | 07/02/2017 |
| 3 | 25 | Caires | Hayden | 05/08/2008 | 4 | Chelmsford | 07/02/2017 |
| 4 | 30 | Cairus | Brianna | 10/02/2007 | 4 | North Chelmsford | 07/02/2017 |
| 5 | 22 | Cannata | Brooke | 03/16/2008 | 4 | Chelmsford | 07/02/2017 |
| 6 | 27 | Flaherty | Maya | 06/30/2008 | 4 | Chelmsford | 07/02/2017 |
| 7 | 45 | Leonard | Kate | 01/29/2008 | 4 | Chelmsford | 07/02/2017 |
| 8 | 5 | martens | tyler | 02/04/2009 | 3 | chelmsford | 07/02/2017 |
| 9 | 59 | McDonnell | Olivia | 09/07/2007 | 4 | Chelmsford | 07/02/2017 |
| 10 | 20 | Roark | Alyson | 12/17/2007 | 4 | chelmsford | 07/02/2017 |
| 11 | 18 | Serpone | Sienna | 04/03/2008 | 4 | Chelmsford | 07/02/2017 |
| 12 | 15 | Tremblay | Sarah | 05/02/2008 | 4 | chelmsford | 07/02/2017 |

Transfers:

| | | | | | | | | | |
|---|--|--|--|--|--|--|--|--|--|
| 1 | | | | | | | | | |
| 2 | | | | | | | | | |
| 3 | | | | | | | | | |

SIGN IT

MYSL Registrar Verification _____ Date _____
 MYSL Boys/Com Verification _____ Date _____
 MYSL Girls/Com Verification _____ Date _____

| | | | |
|--|--|--|--|
| Coach's Signature | | Club/Town Certification | |
| I certify that I will comply with Soccer and MYSL rules, & Coach's Code of Conduct, and know the penalties for non-compliance. | | All players and all coaches/managers meet all Soccer & requirements for affiliation and playing age, and the town/club is properly affiliated. | |
| Coach's Signature _____ | | Signature _____ | |

| | | |
|----------------|--------------|--------------|
| Referee: | Sched. Date: | Actual Date: |
| Opposing Team: | Winner: | Score: |

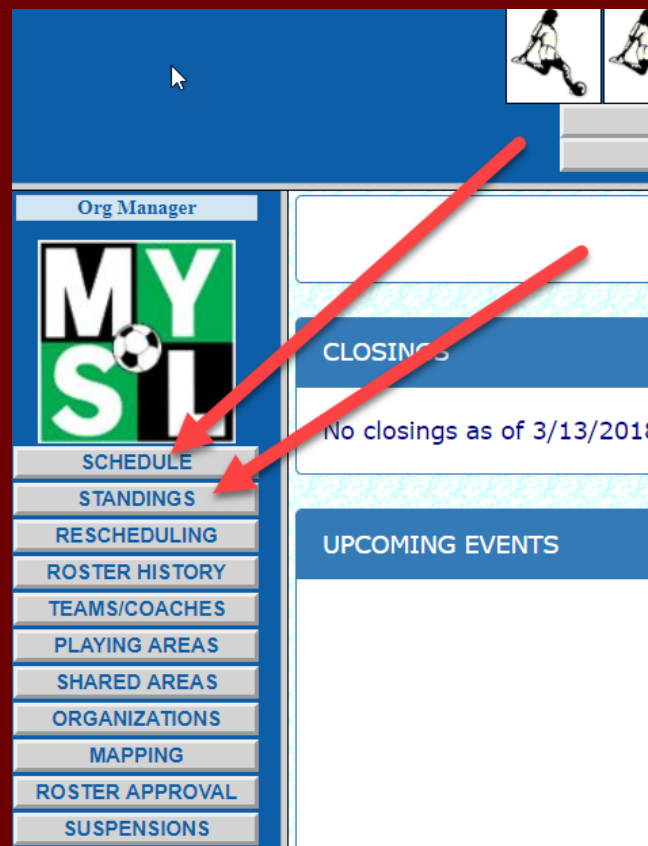
- Have two **SIGNED** copies of your roster to give to the ref at the start of each game
 - Suggestion – make 25 copies now, fold and put in a gallon Zip-lock bag (waterproof) in your equipment bag

MYSL



- **[MYSL Home Page](#)**
- Divisions and Laws
 - 5 divisions with D1 being the highest
 - Each division has up to 4 sections (A to D)
 - All sections in a division are the **SAME**
 - Sections created due to **QUANTITY** of teams **ONLY**
- MYSL Age Directors
 - Your key contact to the MYSL league
 - Age Director is based on age, gender & division
 - **[Click here](#)** for MYSL names & contact info (Board/Management tab)

Navigating MYSL



- **MYSL Website**

- Schedule and Standings link on left menu
- Schedule Page
 - Use filters to find your team
 - Click View Schedule after filtering
 - Click ? To get coach contact info and field directions/address
- Standings Page
 - Use filters to find your team
 - Position in Division
 - Head-to-Head Scores

Navigating MYSL



- MYSL – Schedule Page

Chelmsford Youth Soccer | Fall Soccer | U12 Girls Travel | ALL DIVISIONS

All Teams | 2014 | All Areas

Game Type | All Games

Display Team Mng./Location Info 8/11/2014 TO 11/8/2014 Changed Since 8/1/2015

Print View | Coach Schedule | Game Number | Time Range | Day of Week

27 Games View Schedule

| Date/Time | League | Game | Home | Away | Location | Type |
|--|---------|------|-----------------------|----------------------|--------------------------|-----------------------|
| ? Sat 9/6/2014 9:00 AM | U12G-1A | | Chelmsf-1A GU12-1 - 3 | Billier-1A G12-1 - 0 | Chelmsf Highland 1 (U12) | Season Game - #922986 |

Team Mng. Info: Billier-G12-1 Head Coach - **Julie McCarthy** jmrocks8@comcast.net (H)9786633066
Chelmsf-GU12-1 Coach - **Joseph LoCoco** jlococo9@gmail.com jlococo9@gmail.com (H)978-244-0258
Chelmsf-GU12-1 Asst. Coach - **Denise Angwin** dangwin9508@comcast.net (H)978-290-3257
Chelmsf-GU12-1 Asst. Coach - **Jennifer Brown** jbrown@waveguidefiber.com (H)978-256-5568
Billier-G12-1 Asst. Coach - **Marty McElhinney** lauram@stonehamdentist.com Lauraandmarty23@gmail.com (H)978 667-9158 (W)781438*3199 (C)617-921-8920
Billier-G12-1 Asst. Coach - **Carol MacLeod** carolmac27@verizon.net (H)978-663-5866 (C)508-574-6442

Chelmsf Highland 1 (U12) Info: Address - Fiske Ave
Directions - [Directions](#)

Created on: 08/16/2014 7:11 AM Last changed on: 08/16/2014 7:11 AM

Ref Info: **AR1:** Assigned-Accepted **AR2:** Assigned-Accepted **Referee:** Assigned-Accepted

Navigating MYSL



- MYSL – Standing Page

Standings are by Points
and Ties are by Head To Head [New Standings](#)

2017 Fall Soccer GR 3-4 Girls Travel (119 Teams)

GU10 Div 1 (12 Teams) GU10 Div 2 (8 Teams) GU10 Div 3 (16 Teams) GU10 Div 4 (19 Teams) GU10 Div 5 (12 Teams)

Sel Divisions ALL 1A (6 Teams) 1B (6 Teams) 2A (8 Teams) 3A (8 Teams) 3B (8 Teams) 4A (10 Teams) 4B (9 Teams)

Click on team name for head-to-head summary **Grades 3-4 Girls Travel U10** Click here for all head-to-head summaries
Max Games to Count = 10 Click here for all weekly head-to-head summaries

| Rank | Team | Div | Wins | Losses | Ties | Points | Win % | Unscored | Played | To Play | Cnld | For | Against |
|-------|--------|-----|------|--------|------|--------|-------|----------|--------|---------|------|-----|---------|
| _____ | Totals | | 0 | 0 | 0 | 0 | 0.00% | 0 | 0 | 0 | 0 | 0 | 0 |

Head-to-Head Summaries

| Team | Game 1 | Game 2 | Game 3 | Game 4 | Game 5 | Game 6 | Game 7 | Game 8 | Game 9 | Game 10 |
|------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|
|------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|

Travel General Info.



- Grade 3&4 plays 7 v 7
- Grade 5&6 plays 9 v 9
- No heading until you get to Grade 7&8
- Offsides at every level in travel
 - Note: Grade 3&4 will only have Center Refs

Game Cancellations



- How:
 - Fields are closed by CYSA (by 8 AM) – check web site
 - If fields are declared open in the morning and the weather or fields are an issue later in the day, the Referee is the only authorized person to cancel the game – this is determined **at the time of the game – teams must go to the field for a decision.**
 - Games **CAN NOT** be cancelled **by an agreement** between the **two coaches**

Games



- Score the game – the home team head coach will get an email the following day to score the game – only score the game – do not put in any comments
- Coach will get an email for referee eval – if you have any issues with a Chelmsford referee (Center for Grade 3&4 and ARs for older ages) please reach out to Chris Milona directly and do not submit a negative evaluation from the email
- Memorial Day Weekend - No Games Scheduled

Post Season Play



- 2021 is TBD
- There will be no Commissioner's Cup but there might be MTOC for D1 and D2 teams (G5&6 and older)
- If there is MTOC there will be a modified post season for the groups that would qualify for MTOC
- Passcards will only be required this spring season for teams who might qualify for MTOC.

Resources



- CYSA Website
 - [Under Resources / Coaches](#)

TRAVEL COACH INFORMATION

- Travel Coach's Checklist
- Travel Coaches Meeting Presentation (PowerPoint format with full content)
- Travel Coaches Meeting Presentation (PDF format, missing embedded content)
- Travel Coach's Training Guide
- MYSL Coaches Handbook and Rules - 2017-2018
- MYSL Coaches Meeting Presentation - Spring 2018
- MYSL Game Cancellation Request Process
- MYSL Rescheduling Process
- MYSL Town Player Pass Process



Coach's Checklist

Resources



- CYSA Website
 - [Under Resources / Training](#)

TRAINING LINKS

- [NEW Training Method - Play- Practice-Play](#)
- [MA Youth Soccer Session Plans](#)
- [US Youth Soccer](#)
- [Expert Football - Soccer Techniques](#)
- [Jeff Pill's Drills](#)
- [Fine Soccer](#)

Unique Rules – Grade 3&4



- **Goal Kicks**
 - Opposition players to retreat into their own half of the playing field on goal kicks. US Youth Soccer recommends that opponents should remain in their own half until the ball is in play. The team taking the goal kick does not have to wait for the opposition to retreat and has the option to restart the game beforehand should they so choose. The ball is in play when it is kicked directly out of the penalty area.
- **Punts**
 - Keeper distributions (punts, drop kicks and throws) may not travel in the air over the halfway line. An Indirect free kick from midfield is awarded to the other team if this happens.

Referee Notes



- Subbing from centerline only
- Coaches and players must be at least 10 yards from the midline, other than players being subbed
- Tell players to **ALWAYS** bring both shirts
 - Coaches – bring pinnies just in case players forget to bring both shirts
 - Home team is responsible for resolving uniform color issues

Referees & Parents



- Referees:
 - Coaches should not be addressing the referee during a game
 - If there is an issue, discuss it at halftime (calmly - it should only be about safety or clarification on a rule)
 - There is a zero-tolerance policy with respect to any referee abuse (verbal or otherwise)
 - The referee is given the benefit of the doubt – not the coach
- Parents:
 - Encourage parents to cheer, but not coach from the sideline
 - Address any issues right away

Schedule



- CYSA Training Schedule
 - Training schedule provided by Patti Goodwin
 - All coaches will have their training schedule by April 2
 - Training will start once fields are opened – April 5th is target
- MYSL Game Schedule (**Game 1 – 4/17/2021**)
 - Schedules are released 1 week before the 1st game
 - 9 Game Season
- Makeup Games
 - Weeknights ONLY for all age groups
 - See Appendix for details on ODD # of Teams in your Bracket

MYSL Player Pass Process



- Please read – **NEW MYSL player pass process**
- Highlights & Key Points - Start process early in week
 - Player's own team takes priority
 - Player **MUST** play both games (both coach and player say OK)
 - Why Play Up? → not enough players or reward and opportunity
 - More Flexible this spring due to the current situation
 - **ONLY PLAY FOR 1 OTHER TEAM (2 GAMES MAX ON SATURDAY)**
 - **See Appendix for more details**

MYSL Rescheduling Process



- Managed by the Home Team Coach.
- Agree on a date/time with the away coach
- MUST have a field & referee with CYSA before starting the MYSL process
- CYSA Field Assignor
 - Patti Goodwin (field_assignor@chelmsfordyouthsoccer.com)
- CYSA Referee Director
 - Chris Milona (referees@chelmsfordyouthsoccer.com)
- **Games have field priority over practice sessions**
- **See Appendix for ALL details**

Travel Assessments



- May 10th through May 21st @ Harrington
 - Do Not schedule or accept makeup games this week
 - Team training will be limited since players will be doing assessments
 - Your team can be impacted by the current age assessment dates and the next grade up
 - Assessments take priority over all other team activities
 - Assessments will take place unless the COVID situation changes and requires a new approach.

Questions / Comments ?



Thank you!!!

&

Thank you for coaching!!!



Chelmsford Youth Soccer

Appendix

Games – Odd # of Teams



- Brackets with Odd Teams (Mid week games)
 - No Saturday game for one of the weeks
 - Home team must use reschedule process – scheduled game shown is just a placeholder
 - Limited impact for the upcoming season
 - If impacted – start the rescheduling process ASAP

MYSL Rescheduling Process



1. Managed by the Home Team Coach.
2. Email the away coach using and suggest three dates/times. Use your practice nights.
 - Makeup games take priority over all practices for field use
3. Agree on a date/time with the away coach
4. Email CYSA Field Assignor, **Brian Kobrenski** (field_assignor@chelmsfordyouthsoccer.com) and CYSA Referee Director, **Mike Matthews** (referees@chelmsfordyouthsoccer.com) with the requested date/time.
 - They both must approve the request (field and referee availability)
5. **Once approved by the CYSA Field Assignor and the Referee Director** – use the MYSL process email with link sent only to the **home team head coach**



MYSL Reschedule Process.pdf

Coach Education



- **Better coaches make better players**
- Coach training will help ensure that the kids enjoy their time on the pitch while advancing their knowledge of the game
- Learning pathways
 - United States Soccer Federation (USSF)
 - Licenses: F, E, D, etc.
 - United Soccer Coaches (USC) [formerly NSCAA]
 - Diplomas: 7v7/9v9, 11v11, National, Advanced National, Goalkeeping
- Conferences: MYSA Workshop; Soccer Champions Coaches' Clinics; USC Convention
- **CYSA will reimburse you for USSF and USC courses**
- Contact: training@chelmsfordyouthsoccer.com for additional advice