

Central Valley Li'l Warriors (CVLW) Participation Waiver for Communicable Diseases Including COVID-19.

The COVID-19 pandemic has provided athletes across the globe with challenges concerning this highly contagious disease that primarily attacks the upper respiratory system. Some severe outcomes have been reported in children and children even when asymptomatic may spread COVID-19 to more vulnerable people.

While it's not possible to eliminate the risk of spreading COVID-19, the CVLW will take all necessary actions to comply with the policy and recommendation of the State of Pennsylvania, the CDC and the Central Valley School District to reduce the risk to athletes, coaches and families. As knowledge regarding COVID-19 is changing the CVLW reserves the right to modify our pandemic plan as necessary to maintain the health and safety of our participants and reduce the risk of exposure to our athletes, coaches, parents and spectators. Some precautionary methods will include but are not limited to:

- Health Screenings before each practice or game. Participation will be limited or prohibited based on responses.
- Temperature checks before each practice or game. Participation will be limited or prohibited based on responses.
- Encourage social distances and practice good hygiene such as the use of hand sanitizer during practice and games.
- Additional cleaning and disinfecting of equipment and surfaces.
- Educate athletes, coaches and staff on COVID 19 on safety procedures.
- Require athletes to provide their own water bottle labeled with their name and their own hand sanitizer.

By signing this form, the undersigned voluntarily agree to the following waiver and release of liability. The undersigned agree to release and discharge all claims for ourselves, our heirs, and as a parent or legal guardian of the student named below, against the CVLW, it's board members, successors, assigns, coaches, agents and volunteers and will hold them harmless from any and all liability or demands for personal injury, psychological injury, sickness, death or claims resulting from personal injury or property damage, of any nature what so ever which may be incurred by the athlete or undersigned related to or as a result of the athletes participation in the athletics programs, events, activities of the CVLW organization during the COVID-19 pandemic.

The undersigned acknowledge that participating in athletic programs, events, activities may include a possible exposure to a communicable disease including but not limited to MRSA, Influenzas, and COVID 19. The undersigned further acknowledge that they are aware of the risks associated with COVID-19 and that certain vulnerable individuals may have greater health risks associated with exposure to COVID-19, including individuals with serious underlying health conditions such as, but not limited to: high blood pressure, chronic lung disease, diabetes, asthma, and those whose immune systems that are compromised by chemotherapy for cancer and other conditions requiring such therapy. While recommendations and personal discipline may reduce the risks associated with participating in athletics during the COVID-19 pandemic, a risk of serious illness, medical complications and possible death does exist. "the undersigned acknowledges that participation in athletic activities may require athletes to make contact with other individuals and athletes may come in contact with the exposed skin and bodily fluids of

other participants. The undersigned specifically acknowledges that such contact may result in a greater risk of exposure to communicable diseases, including but not limited to COVID-19.”

The undersigned acknowledges that the CVLW may be required to share the athlete’s personal health information with first responders and/or other medical professionals or CLVW coaches and board members.

We knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of others and assume full responsibility for athlete’s participation in athletics during the COVID-19 pandemic. We willingly agree to comply with the stated recommendations put forth by the CVLW to limit the exposure and spread of COVID-19 and the other communicable diseases. We certify that athletes are in good physically condition or believes athletes to be in good physical condition and allow participation in football or cheerleading at our own risk.

Sport: _____

Signature of Parent/Guardian:

Athletes Name _____

Date: _____