



U14 Girls Blue

(MSPSP – 2007)

2020-2021 Team Sheet



Summer 2020

All Events May Change Due to COVID-19. We have been instructed by MSYSA to schedule Fall 2020 as normal.

- Cap City Summer Camps – Optional – Additional Expense
- Scheduled down time for Cap City. Encouraged time with other sports.
- Late July 2020 – Optional Technical Training 2x per week

Fall 2020

- August 6-9 – Cap City Club-Team Camp/Intra Club Friendlies
- August 2020 – PowerAde Invitational (Aug 22-23) or Reds Invitational (Aug. 29-30)
- August through Early November – MSPSP U14 Division
- August through October – MSYSA State Cup
- August through November – Team Training 2x per week for 90 minutes
- August through November – Technical Training Night + GK Training – 1x per week for 90 minutes
- Cap City Fall Community Service Project
- Cap City Fall Community Service Day with Lansing Down Syndrome Association

Winter 2020-2021

- End of Fall Season–Thanksgiving – Rest Period – No training sessions
- Late November through December
 - Training – 1x per week
 - Cap City Community Service – Holiday Giving
 - Scheduled down time for Cap City. Encouraged time with other sports.
- January – Mid February
 - Training – 2x per week
 - Indoor League – Optional – Additional Expense
- Mid-February – March
 - Training – 2x per week in preparation for outdoor season.
 - Intra Club League – 1x per week

Spring 2021

- March 22-24 – Nike Academy Showcase
- April 13-14 – United Spring Classic
- April through Early June – MSPSP U14 League
- April through June – Team Training 2x per week for 90 minutes
- April through June – Technical Training Night + GK Training – 1x per week for 90 minutes
- Cap City Community Service – Lansing River Trail Clean Up

Team Fee: \$2150. All families will have the option to pay in full or select a payment plan. Our payment plan is structured with an initial deposit and then 10 installments from August through May. Our fee is all inclusive to cover the above plan including all club/coaching fees, league/game /referee fees, tournament entry/coach travel, and training/program costs. The fee does not cover individual travel expenses and uniform costs. New players will need to purchase uniforms for the 2020-2021 season. Returning players will use and keep their number from last year. Our uniform cycle is on a two-year cycle and this is the second year of the cycle.

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#ELEVATE