

The concept of a “pool” is simply to bring together a larger collection of talent to train together each practice session. The old system of “team” training basically limited training to the same players on individual teams training by themselves. The “pool” system will allow more players to train together through the season, and this will create more opportunity for development. There are no preset static “team” rosters. Rosters are determined by the Coach and/or DoC on an event-by-event (e.g., friendly, tournament, State Cup) basis based on many factors.

### **Why Pools?**

Competition breeds development success. Under the previous model of individual team training, players on the top teams did not compete for their playing opportunity day in day out. There really was little competition in training. By “pool” training and having more fluid rosters, you naturally increase the intensity of training. Players naturally feel a desire to compete in a larger pool. This competition results in players training more intensely; meaning at greater speed and precision. There is an old adage that states; “you play as well as you practice.” By introducing a greater competitive spirit in the training sessions, the players will learn to play with greater speed and precision.