



EPSA Division C/D Skill Priorities

Skill Priorities for Division C & D
Body control – stop, start, change direction
Dribbling and Turning with the ball
Passing the ball
Shooting the ball
Prevent an opponent from shooting
Respect: Teammates, Coach, Ref, Opponent

In a player's voice, I CAN . . .

- Control the ball with different parts of both feet
- Turn/change direction with the ball
- Pass the ball to a teammate with the inside of my foot
- Shoot a rolling ball into a goal with my laces
- Close down and stay in the way of an opponent who has the ball without fouling
- Treat teammates, Coach, Referees, and Opponents as I want to be treated

NOTE to Coaches and Parents: Passing is not a priority until players are comfortable enough with the ball that their eyes come up off the ball to be able to decide when and where to pass. Passing also requires teammates to move away from the ball which doesn't happen often at this age until they have a better understanding of space and are more able to think ahead. This takes most players years, not weeks, so be patient. Consider it similar to the process of learning the alphabet before they can learn to read words, then books, and so on. Dribbling = the alphabet. Passing = reading words and sentences.