

# SU MORNING SOCCER SKILLS PROGRAM



## Boys & Girls Ages 5-12

**SESSION 1 | Saturdays 8-9am**

**SESSION 2 | Sundays 8-9am**

Nov 26, Dec 3, 10, 17, 31

Jan 15, 22, 29, Feb 5, & 12

**Manley Field House 1301 E. Colvin Street, Syracuse**

These skills based practices are broken into stations incorporating dribbling, passing, trapping, shooting, ball skills, agility footwork, attacking & defending concepts into fun games.

## Coaching Staff

*Program Director*

**Todd Cook** Director of Men's Soccer Operations at Syracuse University, Director of Coaching of the Northstars Soccer Club (2003 – Present), USSF National C - License, Skaneateles Girls Varsity Soccer Head Coach (2012-2014), 2012 & 2013 OHSL Liberty League Coach of the Year, 4 - Year LeMoyne College Men's Soccer Player 1998-2001

*Plus SU Men's Soccer Players and Certified Athletic Trainer*

Our goal is to make sure all players become technically sound on the ball, so that they can spend their time managing the challenges in the game, not the challenges of the ball, thus making soccer more enjoyable to play.

**Questions: Todd Cook, tocook@syr.edu or 315.415.0454**

*Player Name*

*Age*

*Gender*

*Cell Phone*

*Address*

*Email*

**Session 1 \$ 80**

**Session 2 \$ 80**

**Session 1 & 2 \$ 140 (Save \$20!)**



*Checks payable to:*

Ian McIntyre Soccer Inc.

*Mail to:*

Northstars Soccer Club  
PO Box 72  
N. Syracuse NY 13212

*T-Shirt Size::*

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