

# NORTHSTARS SOCCER SKILLS PROGRAM

Presented by the Town of Clay & Northstars Soccer Club

Winter 2020-21'

**Location:** Three Rivers Athletic Complex (old Ice Lysander Arena) (Brand new turf indoor field)  
2725 W Entry Rd., Baldwinsville, NY 13027

**Time:** 9-10am

**Ages:** 5-11 yo

**Cost:** \$90 5-weeks or \$160 10-weeks (save \$20 when signing up for both Sessions 1 & 2) *includes 10 turf practices, jersey, gold medal*

**Saturdays:**

**Winter Session 1:** Nov. 7, 14, 21, 28, Dec. 5

**Winter Session 2:** Dec. 12, 19, Jan. 2, 9, 16

*(note: 5v5 league games will be available on Tuesdays 6-7pm @ CNYFSC for any interested 5,6,7 year old program participants starting Jan. 19<sup>th</sup>. (8-weeks of formal league games) (\$95 additional fee due 12/1)*



This is an ideal program for busy families that cannot dedicate 2 days a week to soccer. The focus at this age is to make players more comfortable with the ball at their feet and introduce the game in a relaxed environment. Your child will learn the basic fundamentals of soccer in a fun, yet structured environment. The academy program philosophy is to emphasize player development and focus on technical skill development of each child. Practice is broken into stations incorporating dribbling, passing, trapping, shooting, ball skills, agility footwork, attacking & defending concepts into fun games. Our goal is to make sure all players become technically sound on the ball, so that they can spend their time managing the challenges in the game, not the challenges of the ball, thus making soccer more enjoyable to play.

**Todd Cook- (Program Director)** Director of Men's Soccer Operations at Syracuse University 2015-2020, Program Director of the Northstars Soccer Club (2003-Present), USSF National C-License, Skaneateles Girls Varsity Soccer Head Coach (2012-2014), 2012 & 2013 OHSL Liberty League Coach of the Year, LeMoyne College Men's Soccer (1998-2001)

For more info contact Program Director: Todd Cook [tcook2@nscsd.org](mailto:tcook2@nscsd.org) 315. 415.0454

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Register online @ [townofclay.recdesk.com](http://townofclay.recdesk.com) / or mail bottom section & check into the PO Box

Checks payable to Town of Clay: Send registration & payment to:  
Northstars Soccer Club, PO Box 72 N. Syracuse, NY 13212

 **REGISTRATION**

Player Name: \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_

Email \_\_\_\_\_ Jersey Size (Circle) YS YM YL YXL AS AM

Cell # \_\_\_\_\_

Check Box:  Session 1 \$90     Session 2 \$90     Both Session 1 & 2 \$160  (Save \$20)

Plus (5-7 year old) 5 v 5 League Games starting on Tuesday Jan. 19th \$95