



Robert Watson

Coaches Accolades:

Washington Post All-Met Women's Coach of the Year (2008)
Prince George's County All-County Women's Coach of the Year (2006, 2008)
Washington Catholic Athletic Conference (WCAC) Women's Coach of the Year (2006, 2008)

Positions Held:

Head Coach – Comets of Charles County Track and Field Club (2014 – Present)
Sprint/Hurdle Coach – Comets of Charles County Track Club (2010-Present)
Multi & Jump Coach – Howard University (2012)
Hurdle & Jump Coach – North Point High School (2012)
Head Coach – Elizabeth Seton High School (2001-2008)
Head Coach/President – Nexus Track and Field Club (2000-2009)
Head Coach – Charles County Juniors Volleyball Club (2008-2009)
Head Coach – Oxon Hill High School Varsity Volleyball (2006)
Assistant Coach-Bishop McNamara (Cross Country) (2001)
Volunteer Coach-Northwestern High School (Indoor Track) (1999-2000)
Volunteer Coach –New Carrollton Boys & Girls Club (Outdoor Track) (1998-1999)
Volunteer Coach-Bladensburg Boys & Girls Club (Football) (1997-1998)
Volunteer Coach-Big Youth Organization (Outdoor Track) (1997-1998)

Athletes Accolades:

16 - All Americans
30 - WCAC Champions
8 - MD state Champions
6 - Washington All-Met Honors
15 - All County Honors
Elizabeth Seton High School team ranked top 10 in the country (2002, 2006, 2008)

Background:

Coach Rob begins his 20th season of coaching track and field, and second season as Head Coach with the Comets of Charles County. Over his 20 year tenure, he has coached multiple District and Regional Champions in the sprints, hurdles, jumps, and throwing events with those athletes successfully continuing on to the collegiate level. Most notable are his WCAC Championships with Elizabeth Seton High School. He led his women's team to four WCAC championships and two Runner-Up Places over his seven-year tenure at Elizabeth Seton H.S.