

Keene Knights Youth Football and Spirit

RELEASE AND INDEMNIFICATION AGREEMENT

READ CAREFULLY BEFORE SIGNING

I am the parent/guardian of _____ (my child). My child is a member of the Keene Knights cheerleading team and will be participating in pre-season activities including but not limited to stretching, stunting, jumping, tumbling, cheering, and conditioning.

I hereby acknowledge that participation in the cheerleading program carries with it potential hazards. My child could receive serious or minor injuries as a result of some of the gymnastics and/or stunts practiced or performed as part of the pre-season cheerleading activities.

I understand that the coach(s) from the Keene Knights may not be physically close enough to any given cheerleader at any given time, or may not for any other reason, be able to prevent an accident from occurring.

I hereby attest and verify that my child is physically fit to participate in the strenuous exercise that is a part of the cheerleading program.

IN CONSIDERATION for my child having the opportunity to participate on any cheerleading team coached by the Keene Knights, I hereby release the coaches, assistant coaches, Keene Knights board members, Keene Rec Center, NHYFSC, and/or volunteers of any one or more of them or their executors, administrators, heirs, next of kin, successors or assigns of and from any liability, resulting from injury or death as a result of my child's participation in cheerleading activities and related events.

IN FURTHER CONSIDERATION of the acceptance of my child in the cheerleading program:

- a. I hereby agree to comply with all the rules and regulations applicable to the cheerleading program, to encourage my child to so comply, and to assist the cheerleading coach(s) and the assistants or volunteers in encouraging all participants in the cheerleading program to so comply.
- b. For myself, my executors, administrators, heirs, next of kin, and assigns:
 - I HEREBY WAIVE AND RELEASE any and all claims that I may have against the cheerleading coach(s) of the Keene Knights, and anyone they see fit to assist them, the Keene Knights board of directors, Keene Rec Center, NHYFSC, and/or volunteers, or any one of the afore-mentioned's executors, administrators, heirs, next of kin, successors or assignees (hereafter known as the "Releasees") of and from any liability including any and all claims for damage caused of or by any of them resulting from or arising out of my child's participation in cheerleading activities and related events.
 - I FURTHER HEREBY AGREE TO INDEMNIFY AND HOLD HARMLESS the Releasees and each of them against any such claim for injury, damage or costs, including attorney's fees, arising from, related to or otherwise occurring as a result of the negligence of any of them, in connection with my child's participation in cheerleading activities and related events AND
 - I FURTHER HEREBY CONSENT to allowing my child receive medical treatment which may be deemed advisable in the event of injury, accident and/or illness resulting from or arising out of my child's participation in cheerleading activities and related events.

Print name of parent or guardian

Print name of participant

Signature of parent or guardian

Signature of participant

Date

Date