

General Covid-19 Recommendations:

Player Responsibilities:

- Wash hands thoroughly before and after training and activity regarding the team.
- Bring and use hand sanitizer at every training and activity regarding the team.
- Encouraged to wear mask before and immediately after all training and activity regarding the team.
- Do not touch or share anyone else's equipment, water, snack, or bag.
- Practice social distancing, place bags and equipment at least 6 feet apart during all training and activity regarding the team.
- Wash and sanitize all equipment before and after every training and activity regarding the team.
- No Group celebrations, no high 5's, hugs, handshakes, etc. In times of prayer, players and coaches should maintain proper social distancing as well as remaining 6 feet apart.

Coach Responsibilities:

- Ensure the health and safety of the athletes.
- If an athlete or their family is not comfortable attending sessions, they should not be pressured to do so, and it will not be held against them.
- Inquire how the athletes are feeling and send them home should you believe they act or look ill.
- Ensure all athletes have their individual equipment (ball, water, bag, etc.)
- Coach is the ONLY person to handle cones, disks, etc.
- Only training outdoors and ensure social distancing per state and local guidelines is permitted. Minimum of 10 feet between practice areas must be adhered to.
- Training sessions should be limited to a maximum of 4 in a group while maintaining social distancing rules.
- Coaches should wear a face mask when not actively coaching and maintain social distance requirements from players based on state and local health requirements.
- Have fun, stay positive – players and parents are looking to you to stay calm, supportive, and caring during this time.
- The use of scrimmage vests or bibs is not permissible currently.
- Only allow one player at a time to visit the restroom.

Parent responsibilities:

- Players are not required to attend. If an athlete or their family is not comfortable attending sessions, they should not be pressured to do so, and it will not be held against them.
- Ensure child is healthy, check your child's temperature prior to any training session or any other team activity.
- No carpooling.
- Stay in car during any training or team activity session. If it is necessary to be outside your vehicle, please stay off the fields and maintain proper social distance requirements in the parking lots. Wear masks if outside your car. Currently for MS, masks are always asked to be worn when in public.
- Ensure child's clothing is washed after every training session.
- Ensure all equipment, cleats, ball, shin guards, etc. are sanitized before and after every training.
- Notify the club immediately if your child or anyone in your household becomes ill for any reason.
- Do not assist the coach with equipment before or after training. It is the coach's responsibility to handle his equipment.
- Be sure your child has necessary sanitizer with them at every training.