



COVID-19 Health and Safety Protocol

Guidelines to ensure the health and well-being of our
Players, Volunteers, and Families

These best practices have been compiled from resources and direct guidance from the U.S. Centers for Disease Control and Prevention (CDC), the World Health Organization (WHO), The Aspen Institute, the Pennsylvania Recreation and Park Society and the PA Department of Health



In more than 80 years of Little League, there has never been a season like this one.

As we have navigated this unprecedented pandemic, we have all had to make some very hard decisions that have kept us from playing baseball and softball and supporting the children in our community this Spring. On behalf of Chester Valley Little League and our Board of Directors, we'd like to thank all of our volunteers, coaches, and parents for your patience and understanding over the last few months.

As our area begins our Green reopening phase, we have made the decision to resume baseball and softball activities beginning on Monday, June 29th. As there will be new policies and procedures in place to try to ensure the health and safety of all participants and families, we have compiled the following resource to assist in this transition. In this document, you'll find guidance that will help us to return to the fields safely. Please take a few moments to familiarize yourself with what changes will be implemented this season so that you can help in our collective effort to provide a safe environment for everyone involved.

As a supplement to this guide there is a waiver that we are asking all families to read and return as your acknowledgment of our commitment to safety.

Thank you for your continued support of CVLL. We are looking forward to a great Summer season!

Sincerely,

A handwritten signature in black ink, appearing to read "Spencer Curtiss". The signature is fluid and cursive, with a large initial "S" and "C".

Spencer Curtiss
President
Chester Valley Little League

General Guidance

- Temperature and symptom screening of all players will be conducted by coaches prior to beginning practice or games. (Temperature must be at or below 99.9 to participate)
- Coaches will keep a log of attendance and temperature testing for each activity
- All symptomatic individuals MUST stay home.
- Emerging symptoms during an activity means removal from activity.
- Players and coaches need to wash or sanitize their hands prior to, and after, practice.
- Hand sanitizer that contains at least 70% alcohol will be provided at each field for practices and games. Teams will periodically take sanitizer breaks, or as needed.
- Avoid touching your eyes, nose, and mouth
- Players are encouraged to bring their own hand sanitizer for personal use.
- Anyone with symptoms of fever, cough, or worsening respiratory symptoms, or any known exposure to a person with COVID-19 should not attend any Little League activity until cleared by a medical professional
- Any individual, including players, at risk for severe illness or with serious underlying medical or respiratory condition should only attend Little League activities with permission from a medical professional.
- All players and coaches are to refrain from spitting at all times, including in dugout areas and on the playing field.

Social Distancing and Attendance Guidelines

- All players, coaches, volunteers, and spectators should practice social distancing of six feet wherever possible from individuals not residing within their household, especially in common areas.
- All spectators are encouraged to wear a face covering at all times and avoid direct hand or other contact with players/managers/coaches during play.
- Ground lines will be painted that display 6 ft distancing. Spectators are expected to comply with these distancing measures.
- Managers/coaches and players will be assigned spots in the dugout or on the bleachers so that they are at least six feet apart and must be placed behind a fence.
- Players are to stay at their assigned spots when on the bench or while waiting their turn to bat.
- Players/families/spectators are instructed not to show up to fields more than 40 minutes before game time.

- If there is a game or practice prior to an event, families and spectators are encouraged to stay in their vehicles or at recommended social distances until the start of their game play to prevent overcrowding of spectator spaces and walkways.
- Wait in cars before practice or game
- Carpooling should be avoided; if carpooling is not avoidable require the use of masks.
- There will be NO bleacher seats available for spectators at any of our fields.
- Spectators should bring their own seating or portable chairs if desired.
- Spectators should only sit in the areas designated along the outfield areas, not the infield.
- A spectator with any of the following conditions should not attend a practice or game until evaluated by a medical provider and given clearance to do so:
 - Active COVID-19 infection
 - Known direct contact with an individual testing positive for COVID-19
 - Fever / Cough
- Those at higher risk for severe disease should consider consultation with their medical provider before attending a game and should ensure the strictest adherence to guidelines regarding face coverings, distancing, and handwashing. Such groups include:
 - Those with a serious underlying medical condition, including heart disease, diabetes, lung disease, immunocompromise, , and chronic lung disease.
 - Those currently residing in a nursing home or long-term care facility
 - Those over 65

Personal Protective Equipment (PPE)

- All managers/coaches, volunteers, umpires, etc., should wear PPE whenever applicable and possible, we recommend they use “neck gaiters” (as they are easily pulled up or down as needed).
- Players are not required to wear masks, but we recommend players use “neck gaiters” (as they are easily pulled up or down as needed) when in close contact areas and in places where recommended social distancing is challenging or not feasible, such as in dugouts.
- Players should not wear protective medical gloves on the field during game play.
- Players will be permitted to wear a traditional face covering on the field during game play, if desired.
- Do NOT use a facemask meant for a healthcare worker, as it is important these facemasks are available for those professionals needing that PPE.
- The face covering is not a substitute for social distancing, continue to keep six feet between yourself and others.

Drinks and Snacks

- Players and managers/coaches should bring their own personal drinks to all team activities. Drinks should be labeled with the person's name.
- Individuals should take their own drink containers home each night for cleaning and sanitation or use single-use bottles.
- There should be no use of shared or team beverages.
- Teams should not share any snacks or food. Players should bring individual, pre-packaged food, if desired.
- Sunflower seeds, gum, etc., are not allowed in dugouts or on the playing field.

Personal Contact / Celebrations

- Players and coaches should take measures to prevent all but the essential contact necessary to play the game. This should include refraining from handshakes, high fives, fist/elbow bumps, chest bumps, group celebrations, etc.
- Teams will line up outside their own dugout and tip caps to the opposing team as a sign of good sportsmanship after a game.
- Players and families should vacate the field/facility as soon as is reasonably possible after the conclusion of their game to minimize unnecessary contact with players, coaches, and spectators from the next game, ideally within 20 minutes.

Player Equipment

- No personal player bat bags/equipment bags should be allowed in the dugout. Player equipment should be spaced accordingly outside the dugout to prevent direct contact
- Players should have their own individual batter's helmet, glove, bat, and catcher's equipment if at all possible.
- Avoid, or minimize, equipment sharing when feasible.
- When it is necessary to share critical or limited equipment, all surfaces of each piece of shared equipment will be cleaned and then disinfected with an EPA- approved disinfectant against COVID-19 and allowed sufficient time to dry before used by a new player.
- Player's equipment (e.g. bags, helmets, bats, gloves, etc.) should be cleaned and disinfected after each use by a parent/ guardian/caretaker, where applicable.
- Players should not share towels, clothing, or other items that they may use to wipe their face or hands

Baseballs and Softballs

- Baseballs and softballs will be rotated through on a regular basis, at least every two innings, to limit individual contact.
- Umpires should limit their contact with the ball, and catchers should retrieve foul balls and passed balls where possible.
- Balls used in infield/outfield warm-up should be isolated from a shared ball container.
- Foul balls landing outside the field of play should be retrieved by participating players, coaches, and umpires. **No spectators should retrieve the ball.**

Public Restrooms

- Bathroom facilities will be CLOSED at Mill Road for the duration of the season. You must plan accordingly. No running water is available.
- Port-a-Johns will be provided at Monument, with a sanitizer station. No running water is available.

Concession Stands

- There will be NO food or concession sales at Mill Road Park.
- The concession stand at Monument Avenue will be opened during games.
- Only pre-packaged food and beverage options will be available.
- Payments will be made via Venmo ONLY, cash transactions are eliminated for the summer.
- Families are encouraged to bring their own food/beverages.