

# YOU

It's Not About You BUT You Still Have A Choice To Make

- Matthew 20:25-28 (Jesus came to serve, not to be served)
- Mark 9:35 (to be first, must be the servant of all)
- Luke 14:11 (whoever humbles himself will be exalted)
- John 13:12-16 (Jesus washed the disciples feet as an example for us)
- Acts 20:35 (better to give than receive)
- Romans 12:9-13 (honor one another above yourselves)
- Galatians 5:13, 26 (serve one another in love, don't become conceited)
- Galatians 6:10 (do good to everyone)
- Philippians 2:1-11 (looking to the interest of others)
- 1 Thessalonians 5:15 (strive to do what is good for each other)
- 1 Peter 4:10 (use your gifts to serve others)

It's up to you to make the choice on what to do next -- fall into a posture of yielding to others and God OR pursue your own gain/glory. If you are willing to yield, then...

As Rick Warren said in *The Purpose Driven Life*, "It's not about you." Teamwork is essential in sports and in life. This takes us back through the story. Why do the little things? Why try to set a worthwhile example? Why try to play for the glory of God? Why try to be aware of our surrounding and consider what we can and can't control? Because leaving a legacy is really not about us, it's about those around us. According to the Bible, "Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves. Each of you should look not only to your own interest, but also to the interest of others." (Philippians 2:3-4)

The goal is to take the focus off of ourselves and onto those around us. However, we should not diminish what we have to offer. Humility does not mean thinking less of yourself but rather thinking of yourself less.

Try to get your players to starting thinking about ways they can focus their attention on others but still give a full effort themselves. A great way to begin each practice and game is by asking your players, "what can you do today to help your team and/or teammates".

Begin thinking about situations where we begin thinking about ourselves first and then try to turn those around.

- A flag football player keeps wanting the ball because he is always "open" after he has already been involved in several plays while others have not
- A coach plays his better players more often because he is focused on winning the game since winning makes him look like a "good" coach (concerned about how others view him as a coach)
- A player takes his time getting a drink making the rest of the team wait and causing the team to lose valuable practice time