Coaching Duties and Rules

Player Equipment
- Mask/Face covering required.
- Each player will be provided with a Jersey.
- Sneakers for grade levels Pre-K to 2nd Grade.
- Cleats allowed (not required) for grade levels 3rd to 8th
- All players must wear shin guards.
- No jewelry allowed (earrings, bracelets, etc).

Coaches
- Mask/Face covering required.
- If you cannot make a game, please first ask other team parents if they can cover the day. If unable to find a replacement coach, please email the club at colyouthsoccer@aol.com.
- Game balls will be provided each week.
- Picture Day will be held May 22nd. Schedule to follow.
- Participation medals will be handed out on last day of the season.

Basic Rules of the game
- Players will warm up for 10 minutes; game play will be for 45 minutes, with 5 minutes for halftime.
- Ball should be started at the center of the field after each goal and after halftime.
- Coaches will officiate the game as well as assist players and manage substitutions so that all player play equal time. Player positions should be rotated throughout the game.
- No goalies for grades Pre-K through 2nd grade which includes a player standing in front of the goal.
- For age groups where goalies are allowed, a player cannot challenge a goalie for the ball in the goalie area (arc or goal box).
- Blatant off sides for 7-8th teams should be enforced; free kick awarded.

Ball out of bounds
- Due to COVID, throw-ins will not be allowed. All instances of out of bounds will be resolved via a kick-in.
- Ball out of bounds on sideline: kick-in from point where ball went out of bounce.
- Ball out of bounds on endline (line where goal is positioned on):
  - If off defense, kick in by offense from nearest corner of field.
  - If off offense, kick in my defense from front of goal.

Game Format
Pre-K: 4 v 4
K-2nd: 5 v 5 with formation of 3-2 (3 forwards, 2 defenders) or 2-3 (2 forwards, 3 defenders)
3rd – 6th: 6 v 6 (5 field players and 1 goalie)
7th/8th: 8 v 8 (7 field players and 1 goalie, played on U12 fields)