

East Brunswick Wrestling Club Code of Conduct

Wrestler's Name: _____

PLAYERS CODE OF CONDUCT

As an EBWC Wrestler, you should understand that there is a high level of sportsmanship expected from you.

- You are expected to treat your coaches, fellow teammates, officials, opposing wrestlers and coaches with respect and dignity.
- You are expected to come to required practices and meets on time and be ready to wrestle.
- Allow yourself to be coached. Listen when your coach speaks to you.
- Players are expected to conduct themselves in a manner that honors the sport and demonstrates respect for other wrestlers, coaches, officials and spectators.
- Be a good sport by cheering on your friends and teammates

PLAYER SIGNATURE: _____ DATE: _____

PARENTS CODE OF CONDUCT

As an EBWC Wrestling Parent, you should understand that there is a high level of sportsmanship expected from you.

- Parents should support the efforts of the coaches of EBWC Wrestling.
- Parents should set the right example for your child by always showing good sportsmanship.
- **Only** wrestlers, Coaches and Managers are allowed in the wrestling room.
- Parents will not argue with a coach or official at any practices or meets.
- Parents should never voice any complaints or concerns towards coaches or officials in front of their child or other wrestlers. Waiting 24 hours is a rule of thumb to compile your thoughts for the coach.
- Understand that your child will be given every opportunity to participate; however, the safety of our wrestlers is our #1 concern.

PARENT SIGNATURE: _____ DATE: _____

WAIVER AND RELEASE

I certify that my child enrolled has no ailments or disabilities that would prevent my child from participation in strenuous activities, including wrestling and EBWC activities. I hereby agree to hold harmless EBWC, its agents, volunteers, and contractors harmless from any and all claims for injury incurred to my child during his/her participation in this league. Permission is hereby granted for my child to receive emergency medical treatment if needed. EBWC may use any photos/videos taken of my child by them for publication.

SIGNATURE: _____ RELATIONSHIP: _____ DATE: _____

PLEASE RETURN FORM TO YOUR HEAD COACH // Any concerns or issues, please address them with the head coach first.