

VIRGINIA DISTRICT 7

LITTLE LEAGUE BASEBALL AND SOFTBALL

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DEER PARK, HAMPTON-WYTHE, NORTHAMPTON, PHOEBUS, POQUOSON, WARWICK,
YORK, CHALLENGER

D7 Coach Pitch Softball Interleague Rules – Spring 2017

1. All Coach Pitch Softball games must be played by Little League Rules, D7 Interleague Rules and the rules outlined below.
2. The Home team supplies the home plate Umpire. The plate umpire will determine what pitches are hittable and will call a strike for each pitch he/she deemed hittable but not swung at (as outlined in rule 11 below). The coach pitcher and the first and third base coaches are the field/base umpires.
3. No new inning shall begin after the 1 hour and 30 minute mark of the actual start time of the game.
4. Stealing, bunting or leading off bases is prohibited.
5. There is no base on balls or hit by pitch at this level.
6. On balls hit into the outfield, the batter and other base runners may advance at risk until the ball is returned to the infield dirt. Coaches must stop base runners once the ball is returned to the infield. The ball does not necessarily have to be in the possession of an infield player for this rule to apply.
7. A Batter/Runner may only advance one base on a batted ball to the infield that does not reach the outfield grass.
8. No stealing is allowed and the batter/runner may not advance on overthrows
9. **ONLY** 11-inch Reduced Injury Factor softball balls are authorized. The Home Team will supply one new and one playable ball for game play.
10. The entire season will be Coach-Pitch. The team “at-bat” will supply a coach to pitch to their team’s batters. The Coach-Pitcher is encouraged to pitch from the regulation pitching rubber, but may move closer to the batter as necessary to promote pitching accuracy, but **will remain within five feet of the pitchers mound**. The pitch shall be delivered “fast pitch” style in a straight line to the batter without lobbing or tossing the ball.
11. For the First Half of the season the Tee may be used after the 5th hittable pitch. Starting May 6, 2017, the Tee will no longer be used and each batter will get a maximum of six (6) hittable Coach pitch’s per batter. If the batter has not hit the ball fair or strikes out in six pitches, providing the batter did not foul off the 6th pitch, an out will be declared. If a batter swings and misses at any pitch, regardless of location, it is a strike and does count as one of the six hittable pitches. If a batted ball is hit and touches the coach pitcher, the ball shall remain live and is played just as if it

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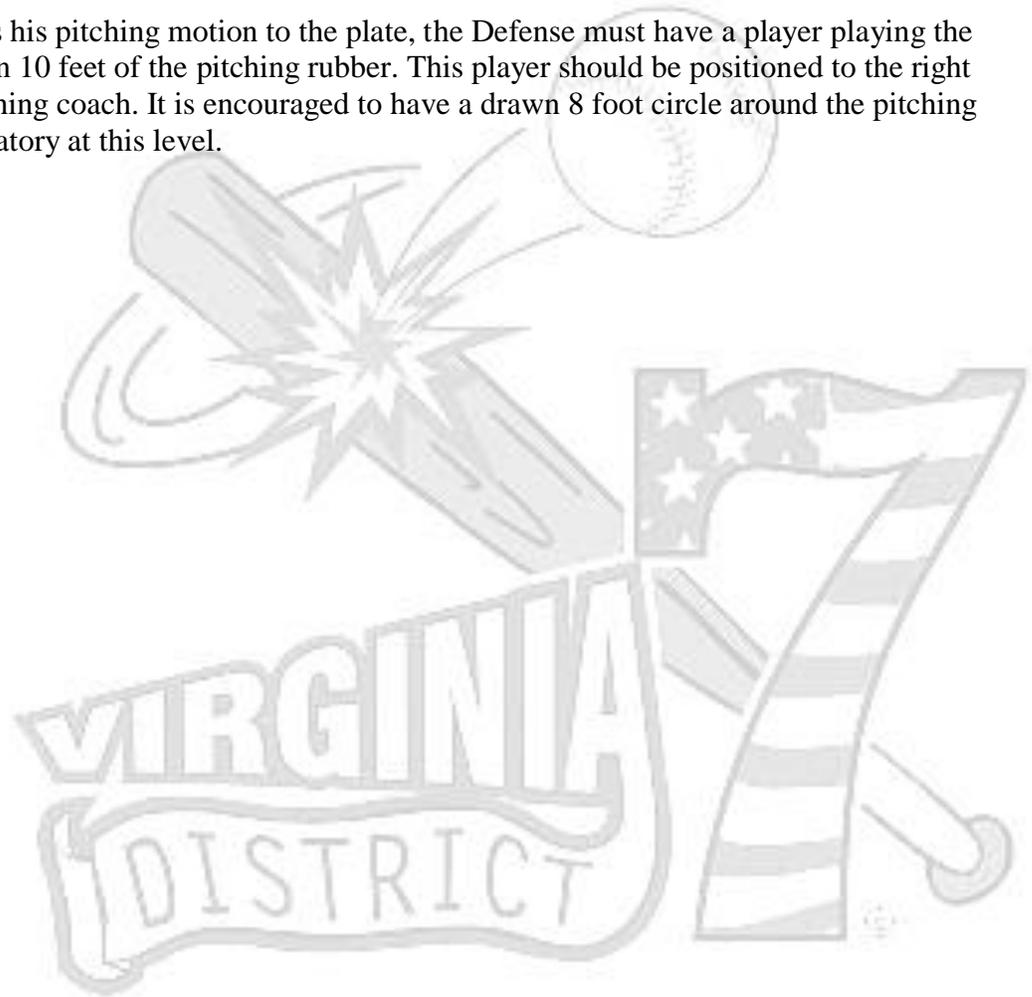
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hit the pitching rubber. (Note: when the Tee is used the ball must be hit at least 12 feet from the back corner of home plate.)

12. When the coach begins his pitching motion to the plate, the Defense must have a player playing the pitching position within 10 feet of the pitching rubber. This player should be positioned to the right or left of the adult pitching coach. It is encouraged to have a drawn 8 foot circle around the pitching rubber but is not mandatory at this level.



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