

## FOREST GROVE YOUTH BASEBALL LEAGUE

### T-BALL RULES

1. Coaches, players, and fans will conduct themselves in a sportsmanlike manner.
2. Games will be played on Mondays, Wednesdays @ 6 pm, and Saturday @ 10am. No new innings after 7 pm. Games drop dead at 7:30pm. Games may be up to no more than four innings, if time allows.
3. In case of a rainout, home team coach will CALL the visiting team coach by 4:30pm.
4. Coaches shall confer before the game starts to go over field specific ground rules and conditions of play.
5. First inning will be tee hitting only. After first inning, coaches may pitch a **MAXIMUM OF THREE PITCHES** to each batter electing to receive pitches. If the ball is not hit after three pitches, the tee will then be placed at the plate for the batter to hit from.
6. In a "coach pitch" format, coaches will be allowed to pitch to their team only. For the safety of the player, underhand tosses will be the **ONLY** acceptable pitch.
7. All players on a team's roster will bat each inning.
8. The last batter of the inning will be called by the batting team to the fielding team. The inning ends when the fielded ball is placed back on the tee by the defensive team. Please keep all defensive players on the field until the runners have cleared.
9. The batter must stand in the batter's box, even though it may not be clearly marked. Batter cannot run up to the tee to hit the ball nor stand behind the tee to hit.
10. If the batter throws the bat, the player will receive a warning. If the batter throws the bat a second time in the same game, the batter will be called out.
11. Runners advance one base per play, unless they are the last batter on the roster for that inning, then all runners on base advance to home.
12. No base stealing.
13. Infields shall consist of no more than one pitcher, one catcher, three basemen and two "shortstops" (between 1<sup>st</sup> and 2<sup>nd</sup> and between 2<sup>nd</sup> and 3<sup>rd</sup>). There is no limit on the number of outfielders allowed.
14. Defensive players must remain in their normal playing positions until the ball is hit. Defensive players shall stay out of the base paths during play.
15. **Pitchers and 1<sup>st</sup> Basemen** must be rotated so that a different player is at these positions each inning.
16. Two defensive coaches are allowed on the field of play. Please encourage players to be alert at all times.
17. On-deck batters will be off of the field of play and away from other players.
18. A safety soft t-ball is the only type of ball allowed.
19. Score is not kept.
20. Most of all.....allow the kids to have a fun and safe environment.