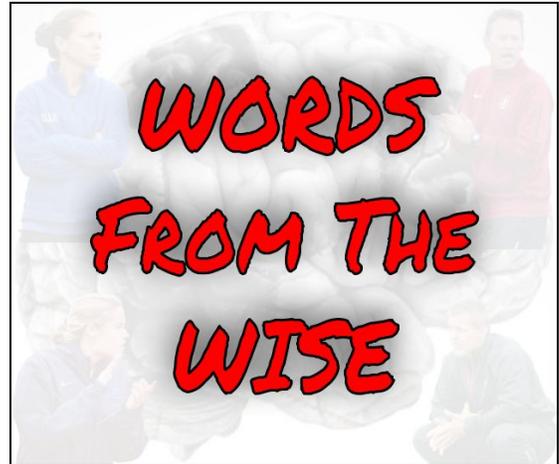


WORDS FROM THE WISE

In this series we will bring you monthly on the FFC website and in the club's "The Pitch" Newsletter, FFC Media Director Tom Leiss will talk to various Men's & Women's college coaches about what they look for in recruits. This information will be brought to you anonymously in each post to allow the coaches to be able to speak freely without it violating any NCAA rules so that we can all help players and their families get through the recruiting process as easily as possible. If you are a college coach and would be interested in contributing, please email tleiss@fredericksburgfc.org and we'll send you a brief questionnaire to answer and contribute.

(Thursday, April 4, 2019)—In issue No. 2 of "Words from the Wise," coaches answer: **"What are some good ways for a recruit to get "seen" or "noticed" by a college coach?"**

Trying to get the attention of a coach at a college or university you'd like to play for isn't always the easiest thing in the world to do. After all, so many other players are trying to do the same exact thing as you are. So, this seemed like an obvious question to put forth.



Again, the only distinguishing mark I will put with each comment is whether the coach is a men's or women's coach. Here's what they had to say.

COACH 1 (Women's) — *"The best way is be super proactive in the process. College coaches see hundreds of prospects each year. Players need to indicate a serious interest in the program . . . learn about the college and program before you write to a coach. Players need to indicate their level of interest and pursue that program just as diligently as a college coach pursues a recruit. It should be a really active process. If one sits and waits for college coaches, it may prove to be a long wait. A second part of this answer is to attend specific college ID camps or summer camps. Make your camp and ID camp [attendance] decisions on colleges that you are truly interested in learning more about the academic programs, as well as the soccer program. Use ID camps and overnight camps as part of your research—talk with other students, tour the campus, sit in a class."*

COACH 2 (Women's) — *"ID Clinics are the big thing now that can get you on campus in front of coaches, an opportunity to get on and see the campus. You also get to interact with current players. Go watch the team play at your interested college or university."*

COACH 3 (Men's) — *"Recruits should attend camps/showcases on the institutions campus. This will allow the recruit to be seen by the host coaching staff. High-level club tournaments are a must also."*

COACH 4 (Men's) — *“Work rate at training or in games. Often times hard work overcomes talent if you can be competitive and help your team win in all settings. The best are the players who can stand out from a talent perspective and have a high work rate and attitude to go along with it.”*

COACH 5 (Women's) — *“Play for a good club. Definitely be proactive—emails telling when and where they are playing. On campus recruiting clinics and camps also are great ways to get in front of a coach.”*