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## FOR IMMEDIATE RELEASE

Wednesday, Jan. 10

### BENTICK JOINING FREDERICKSBURG FC COACHING STAFF

Fredericksburg FC would like to welcome Uriah Bentick to the coaching staff for the Spring season. He will concentrate on working with the club's high school boys age groups.

Bentick is a Laventille, Trinidad & Tobago, native who has been living in the Fredericksburg area for the last three years. He is a 2012 graduate of Liberty University with a B.S. in Sports Management and minor in Business.



The 28-year old played at Liberty from 2009-2012 and followed his time there by getting drafted 17th by the Philadelphia Union in MLS's 2013 Supplemental Draft. After not being offered a contract by the Union, he played professionally for USL Pro's Wilmington Hammerheads in 2013. He followed his time their by playing for the NASL's Carolina RailHawks (2014), T&T Digicel Pro League champion Central FC (2015), USL's Richmond Kickers (2015) and with Fredericksburg FC's NPSL side in 2016. He has also seen time with T&T's U23 Olympic team and in 2015 T&T's Senior National team.

Bentick, who currently is in the process of earning his USSF D Coaching License, started his coaching career in 2013 at YMCA Wilmington and Coastal Christian High School while playing with the Hammerheads. In 2014, he moved on to coach at Athens Drive High School in Raleigh, N.C., while with the RailHawks. Along with playing for FFC, he also coached with the club in 2016. He has also worked with Professional Soccer Clinics since 2013.

"It is always exciting to bring someone on board who has played the game professionally and is also on a committed career path as a coach. He has been pursuing his coaching certificates and licenses and I'm looking forward to him working with our older high school boys age groups this upcoming Spring season," said FFC President and Executive Director Grover Gibson. "I've known Uriah for the past three years and he is an outstanding individual who will have a positive impact on our players, both on and off the field."

#### **About Fredericksburg Football Club**

*Fredericksburg FC is the largest soccer club in Central Virginia, offering various youth programs from U4-U18, as well as Men's and Women's CCL Pro23 and NPSL teams. To learn more about FFC and its programs, please visit the club's website at [www.fredericksburgfc.org](http://www.fredericksburgfc.org).*