



DYC BACK-TO-PLAY GUIDELINES

Everyone (fans, coaches, parents, players, umpires)

- 1) If there is any indication of illness you shall not attend games or practices. Please refer to the current CDC guidelines for indication of illness and return from illness/isolation.
- 2) Healthy and continued hygiene.
- 3) People with a high risk for infection should NOT gather at DYC events (per CDC guidelines).

Practices / Games

- 1) No more than 10 people in a gathering at a time – baseball/softball, by its nature, allows for greater social distancing outdoors. Families who have quarantined together may be an exception to the rule of 10. Please use the entire areas around our fields!
- 2) Groups of less than 10 on-field should be 30 feet from another group of less than 10. Groups should stay together for the duration of practice, do not move athletes in and out of groups
- 3) Minimum of 10 feet between FAMILY groups.
- 4) Parents should provide hand sanitizer or needed cleaning supplies
- 5) 3 coaches maximum on the field of play and/or dugout. This is enforceable by the umpires and could result in removal from the field (not an ejection). For example, 2 base coaches and a bench coach.
- 6) 1-2 coaches (or parents) to supervise players outside the dugout/field of play.
- 7) No more than 3 kids in the dugout at 1 time (should allow 6ft between players). Transition times must be managed as best that they can to accommodate this.
- 8) Minimal equipment in dugout – NO FOOD OR DRINK IN THE DUGOUTS
- 9) High fives, fist bumps, and other contact – we should do our best to have the kids avoid this. We understand that there will be excitement. Encourage elbow bumps or maybe “foot-fives”! Time to be creative for celebrations! Coaches should do the same.
- 10) No post-game handshake lines, lining up along your baseline and waving / stating words of encouragement should be done.
- 11) Players equipment should either be behind the dugout or with the parents. Any equipment outside of the field of play should be 6 feet apart.
- 12) Parents should keep all food and drinks. No sharing of food or drinks. No post-game snacks!
- 13) No sunflower seeds or spitting
- 14) Coaches should wear masks when within 6 feet of any player, coach, or umpire.
- 15) Umpires will wear masks when within 6 feet of any player, coach, or umpire.
- 16) Masks may limit the breathing of those who are supposed to wear them. If they remove the masks between innings or at a stoppage of play, that is encouraged, as long as they are maintain social distance.
- 17) DYC provided catcher’s gear: Baseball has all brand-new catcher’s gear, knowing that we are just playing in house there will be multiple sets of catcher’s equipment at each field. We are asking that you use only one or two catchers per game to limit the exposure to the gear (unless they have their own gear). At the conclusion of the game, coaches should return the gear to the shed/box and spray it down with the disinfectant spray provided.
- 18) Umpires shall spray any shared gear at the conclusion of the game as well.
- 19) DYC will only be providing catcher’s gear. Please supply all your own equipment.

DYC referenced CDC guidelines and the Restore Illinois Plan. Please see those for further.