



## Pro Tip – Getting Rid of Gear Stench

This was shared from someone who used to know the Gear Manager of the now-defunct professional Portland lacrosse team, the Lumberjax.

- 8 oz rubbing alcohol (Costco has GREAT price!)
- 2-3 gallons of water

Soak gear at least an hour but can be as long as overnight. Wash and then dry normally. This can be used for all types of gear, apparel, etc.

You WON'T believe the difference – no more passing out when you unzip a gear bag!