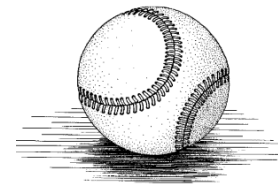


Howland Athletic Club

2018 Little League ASAP Safety Plan



Howland LL
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I. League Safety Officer.

The Safety Officer for the 2018 HAC Baseball/Softball Season is Rick Ray.

II. ASAP Safety Plan Publication.

A copy of this safety plan will be located on the HAC website. It will also be distributed to all trustees, managers, coaches, as well as the District Administrator or Safety Officer.

III. EMERGENCY CONTACTS.

EMERGENCY 911

Howland Police (Non-Emergency) 330-856-5555
Howland Fire Department 330-856-5022
Trumbull County Dispatch 330-675-2730

HAC OFFICERS

President	Amanda Stewart	330-518-4884	Mandy9928@aol.com
1st VP	Brian Gordon	330-978-4517	briangordon291@gmail.com
2nd VP	Bob Maiorano	330-507-2462	rtmaiorano@aol.com
Safety officer	Rick Ray	330-550-8278	ray.rickr@gmail.com
Baseball Commissioner	Tim Orwig	330-219-3117	torwig@brilex.com
Softball Commissioner	Brian Gordon	330-978-4517	briangordon291@gmail.com

IV. Volunteer Application Process.

Howland Athletic Club will use the Official Little League Volunteer Application form to screen ALL of our volunteers. The application form can be found on the HAC Website.

V. Fundamentals Training.

The Howland Athletic Club will host a fundamentals training. At least one manager or coach from each team must attend the training. Each coach and manager must attend at least one training session every three years. The training will be conducted by the respective leagues' commissioner no later than the first week of the season in the equipment room.

VI. First Aid Training.

The Howland Athletic Club will host a first-aid training. At least one manager or coach from each team must attend the training. Each coach and manager must attend at least one training session every three years. The training will be conducted by the respective leagues' commissioner no later than the first

week of the season in the HAC equipment room.

VII. Concussion Training.

The State of Ohio now requires ALL volunteers including trustees, managers, coaches, and umpires to complete an on-line concussion training program. A link to the on-line training can be found on the HAC website.

VIII. Field Safety Check.

Prior to every practice and game, coaches from each team will be required to walk and inspect the fields. Umpires will also be required to walk and inspect the fields for safety hazards prior to each game.

IX. Facility Survey.

It shall be the duty of the league Safety Officer to receive and complete the Little League Baseball, Inc. Annual Facility Survey and return it to Williamsport with their A.S.A.P. plan. The Little League safety officer will keep a copy for his records and make sure one copy goes to the District Safety Officer. This report will show plans for future improvements to be made by the league on its facilities. The lighting audit, which presently is not required but highly recommended, should also be completed and sent along with the facility survey and safety plan. To complete this inspection, contact a professional who has the equipment and knowledge to complete these test. Keep a copy in your league files and send one to the district safety officer.

The Howland Athletic Club has completed and updated our 2018 Field Survey on-line.

X. Concessions Stand Safety.

As the concessions stands are operated by an independent contractor. Trustees, managers, coaches, players, umpires and other volunteers are not to enter into the concessions stands without permission and supervision of the concession stand operator.

XI. Equipment Safety.

The League Safety Officer and Equipment Room Manager will inspect all equipment during the pre-season.

Prior to each game, managers/coaches and umpires will be required to inspect all equipment.

XII. Accident Reporting and Tracking.

The Howland Athletic Club will provide the Little League Incident Tracking Form from the Little League website to teams prior to the start of the season. In the event of an incident, the Little League Incident Tracking Form must be completed and submitted to the League Safety Officer within 24-48 hours of the incident.

XIII. First Aid Kits.

Each team is required to have a first-aid kit at each practice and game. First-aid kits will also be placed in storage boxes at each field and at concession stand. The League Safety Officer will be responsible for maintaining each storage box kit. Checks will be done on a regular basis to ensure proper upkeep. Each kit will include the following.

- 1 First aid booklet
- 10 Strip bandages
- 10 Knuckle bandages
- 10 Fingertip bandages
- 10 packs triple antibiotic cream
- 4 ice packs. Teams can also get ice packs from the snack bar
- 10 gloves (latex and one set latex free)
- 10 4x4 gauze
- 1 roll cloth tape
- 1 ace bandage
- 1 blood born pathogen kit with the following: envirocide, 4 vinex towels, 4 gloves (latex), 1 biohazard bag

XIV. Little League Safety Rules and Player Equipment.

All Little League Safety Rules shall be enforced, including:

1. No on-deck batters
2. Batting helmets with face guards are required in 10 year old and under divisions. Helmets with face guards are encouraged in older divisions.
3. Use of mouth guards is strongly encouraged
4. Bases will disengage on all fields.
5. double-first base used to avoid collisions of fielders, runners at first
6. Catchers must wear a catcher's helmet with face mask and throat guard, chest protector and shin guards.
7. Male catchers must wear a long-model chest protector, protective supporter and cup at all times.
8. Warm-up catchers must wear catcher's helmet, facemask, and throat guard while warming up pitchers (skull caps are not permitted). This applies between innings, during bull-pen warm-ups and pre-game infield drills
9. no coaches warming up pitchers
10. Rule 7.08a (sections 3, and 4) is particularly important for safety and will be vigorously enforced. A runner must slide OR avoid a fielder who has the ball

and is waiting to make the tag. Except when returning to base, no head-first slides are permitted. If any coach or parent is unsure of the proper interpretation of rule 7.08a please see the Safety Officer or other league official.

11. Coaches shall instruct all players in safe sliding techniques as well as how to avoid a pitched ball.
12. Players must not wear watches, rings, pins, jewelry or other metallic items by Little League baseball rule.
13. Parents of players that wear glasses should be encouraged to provide “safety glasses”.
14. Players who are ejected, ill or injured should remain under coach supervision until released to the parent or guardian.
15. After a game or practice, coaches should not leave the area until all players have been picked up.
16. Players will be instructed in proper stretching and general sports health maintenance procedures, including proper throwing, fielding and hitting techniques to limit injury.
17. At no time should horse play be permitted on the playing field.

XV. Inclement Weather

The Baseball and/or Softball Commissioner will postpone or cancel games based on bad weather, including visible lightning, audible thunder, or tornado warnings. If games are cancelled, the fields will be evacuated. A Fields Closed notification will be posted on the HAC website

XVI. Safety Plan Registration Form.

The Little League Safety Plan Registration form will be submitted with this ASAP Safety Plan.

XVII. Player, Coach and Manager Registration Data.

League Player Registration Data and Coach and Manager Day will be submitted in a timely manner to the Little League Data Center.