

WINTER 2021 PABSC COVID-19 PRECAUTIONS

PABSC has worked with the Wood County Health Department to create a plan for winter 2021 which follows the most up-to-date state of Ohio COVID-19 orders and recommendations. These precautions must be followed at all times. Teams/individuals not following precautions will jeopardize their ability to practice/play.

Player/Coach Assessment and Parent Education

- ****Do not attend practice if you are having any symptoms or have been asked to quarantine or isolate based on the CDC guidelines. This is for the health and safety of all people involved with the organization.****
- If your player tests positive for COVID-19, has any symptoms, or has been asked to quarantine, please contact the COVID-19 Compliance Officer for additional instructions. We follow the state order/AAC guidelines for return to play for positive cases and the CDC guidance for quarantined individuals.
- Every day a player or coach is scheduled to be at a practice, an electronic assessment will need completed. The assessment will be emailed 6 hours prior to practice start. PABSC's COVID-19 Compliance Officer will follow up with families if the questions on the assessment indicate they should not be attending practice.
- Players will have their temperature checked upon arrival to the facility, based on facility protocols.
- All coaches and parents have received the mandatory COVID training and education when joining the team in fall 2020.

Equipment

- Each player will need their own equipment (helmet, bat, glove), as sharing equipment is not allowed. Players and coaches should be cleaning their equipment at home daily after practices.
- Teams will keep their equipment separate from other teams. The travel commissioner will show your team where their designated area will be located.
- Each player/coach should have their own water bottle/beverage. There will be no shared drink or food.

Practices

- No parents/family members/spectators should be at the facility for practices. Please drop off your child at the door.
- Avoid congregating by the facility doors or parking lot before or after practices.
- Carpooling is discouraged due to the added exposure risk. If you must carpool, please try to carpool within your own team. Adding players from another team adds additional exposure risk.
- Coaches and players must adhere to physical 6-foot distancing when possible. Consider social distancing when creating a practice plan.
- Coaches must wear face coverings at all times.
- Players must wear face coverings when arriving/leaving the facility and in common areas. Face coverings may be worn if desired during the practice but are not required.
- Players/coaches should perform hand hygiene as needed.
- For practices, using registered coaches is preferred. If parent helpers are used, they must wear face coverings at all times and complete the health assessment prior to practice. Please limit the use of parent helpers, as every additional person brought into the team "bubble" created an additional potential exposure pathway.

GUIDANCE FOR RETURN FOLLOWING A POSITIVE COVID-19 TEST OR QUARANTINE

If your player tests positive for COVID-19, has any symptoms, or has been asked to quarantine, please contact the COVID-19 Compliance Officer ASAP for additional instructions. We follow the state order/AAC guidelines for return to play for positive cases and the CDC guidance for quarantined individuals and positive coaches. Each return will be individualized based on each case and the below guidelines.

Return Guidance for Quarantined Individuals

- If a player/coach has been asked to quarantine due to any exposure to a COVID-19 positive individual, they may return 14 days after the last exposure to the infectious person as long as they have remained symptom free.

Return Guidance for COVID-19 Positive or Presumptive Positive - Coach

- Coaches do not require any special cardiac protocols per the state order and may return when their normal isolation period is complete
- Return follows a time/symptom-based approach
 - 10 days following symptom onset AND at least 24 hours have passed since symptom resolution without the use of fever-reducing medications AND other symptoms have improved.

Return Guidance for COVID-19 Positive or Presumptive Positive - Player

- Return to play guidelines for players are based on severity of symptoms per the [AAC guidelines](#). Follow up with PABSC's COVID Compliance Officer when your player tests positive to determine when they may return to play and if they will require any medical practitioner clearance.
- **Asymptomatic or Mild Symptoms (no fever; <3 days of symptoms)**
 - Return to play after being asymptomatic for 14 days
- **Moderate Symptoms (prolonger fevers and bedrest; no hospitalization; no abnormal cardiac testing)**
 - Return to play for players <12 years old after being asymptomatic for 14 days
 - Return to play for players ≥12 years old after being asymptomatic for 14 days and clearance from medical practitioner stating player has cardiac clearance to return (cannot just be a general note – must specify cardiac clearance)
- **Severe Symptoms (hospitalization; abnormal cardiac testing)**
 - Return to play for players ≥12 years old after being asymptomatic for 14 days and clearance from medical practitioner stating player has cardiac clearance to return (cannot just be a general note – must specify cardiac clearance)