# CRAWDAD BOYS LACROSSE ATHLETIC CODE OF CONDUCT

#### I. PHILOSOPHY

It is the belief of Crawdad Lacrosse that once a student becomes a member of this team, at all times he's representing the team, his teammates, and the sport of lacrosse. He will be expected to serve as a model of sportsmanship, teamwork, diligence, the desire to improve, and respect. Through joining this team, the student-athlete assumes a huge responsibility. At all times, the student-athlete represents his school, his coach, his family, and himself. All student-athletes are expected to maintain the highest possible standards. Failure to exhibit the standards found below can result in disciplinary action, up to dismissal from the team.

#### II. POLICY

All student-athletes must follow this Athletic Code of Conduct (Code) at all times, beginning the first day of the first spring practice.

No student-athlete will practice or engage in any physical activity until ALL paperwork is completed, which includes the registration form, parent consent permission form, the Athletic Code of Conduct, obtaining a current US Lacrosse membership, dues payment and/or establishment of dues payment plan.

#### III. AMPLIFYING INSTRUCTIONS AND GUIDELINES

#### 1.0 ATTENDANCE

Scholastic achievement is the cornerstone of the high school experience. All studentathletes are required to attend school and classes regularly.

# Rule:

All student-athletes who expect to play in a scheduled game, practice or, activity/ event must be signed into school no later than 30-minutes after the official start of the school day and attend a full schedule of classes on the day of, or in the case of a weekend activity the day before the event, or have a school excused absence.

#### **POLICY**

All student absences, tardiness, and early departures from class or school must be accounted for. It is the player's responsibility to notify the coach prior to the student absence, tardiness, or early departure from class or school.

#### **Excused Absences**

#### Medical reasons:

- Sick
- Injury
- Attendance at Health Center
- Quarantine
- Dental/Orthodontic Appointment
- Surgery
- Doctor Appointment
- Hospital
- Counseling

# Family related reasons:

- Emergency in family
- Death in family
- Attending funeral
- Military obligations
- Religious observance

#### Other:

- Attending funeral
- Social Service visit

This Excused Absence section is intended only to provide examples of excuses which, for purposes of this Lacrosse Code of Conduct, are sufficient to permit a student to participate in a scheduled event despite missing class on the day of the event. The final decision on what is excused will be made by the Varsity Head Coach.

### Penalty

Failure to comply with this attendance rule will result in the student not being able to participate in the practice/meeting, game, or event of that day. In the case of a Friday or day before a holiday, the penalty will be imposed the next practice or event.

#### 2.0 PARTICIPATION EXPECTATIONS

We expect students to be willing to meet a higher standard of character and behavior.

#### Rules:

No student will use, be in possession of, or be under the influence of any tobacco products, alcohol, illegal drugs or other performance enhancing substances during any lacrosse functions, practices, games, road trips, etc.

- 1. No student will use, take, ingest, swallow, rub or massage into the skin, or otherwise use any substance whose known or unknown quality is to, according to advertisements, supposedly enhance body size, strength or performance, at any time before, during or after any athletic event. These substances include, but may not be limited to anabolic steroids, "steroids", "roids", amino acids, human growth hormones, etc., except as prescribed by a physician to treat an illness or condition.
- 2. No student will use non-prescription drugs or medicine of any kind for reasons other than medicine for an ailment or illness at any time or place during the athletic season.
- 3. No student will engage in any illegal activity.
- 4. No student will commit offenses on or off school property which involves police or court actions. Due to the severity of this type of allegation the student(s) involved will have "rule infraction" applied from the date the allegation is known to school personnel.
- 5. No student will engage in any activity which is intended to cause malicious harm to another. This includes fighting, bullying, defamation of character or the intentional, malicious or unsportsmanlike conduct on the game or practice field. Final determination of infractions under this section will be made by the Varsity Head Coach.

If any infraction occurs, even if it's not specifically covered under these rules and regulations, but a coach believes it warrants punishment, a committee comprised of the coaching staff shall meet to determine the nature of the punishment.

If the coach feels like a player's behavior outside of lacrosse is hurting the team, then the coach has the right to suspend and/or dismiss the player from the team.

#### 3.0 SCHOLASTIC ELIGIBILITY

It is recognized that one of the fundamental reasons for a student's attendance in school is to gain academic competency. It is also recognized that Crawdad Lacrosse is interested in developing the whole individual, particularly in the areas of health, sportsmanship, teamwork, government, and social competencies.

All students will be encouraged to succeed in every subject. High scholastic achievement is, and should be, the number one goal of all students.

The coaching staff will take an active part in the encouragement and the "helping" process.

#### 4.0 ADDITIONAL GUIDELINES

#### PRE-SEASON CONCUSSION BASELINE TESTING

Pre-season concussion baseline tests are optional but highly recommended. The team testing date will be set by the Varsity Head Coach and team trainer, before the first game of the regular season.

#### **CURFEW**

Each head coach may establish his own curfew and conditions. The violation penalty is up to the head coach and may include suspension and/or dismissal from team.

#### 5.0 INSURANCE/PERMISSION

The student-athlete will only be allowed to participate in practice/games when all necessary forms have been signed and turned into the coach.

#### 6.0 MEMBERSHIP IN LOCAL CHAPTERS OF NATIONAL ORGANIZATIONS

A VALID US LACROSSE MEMBERSHIP IS REQUIRED.

#### 7.0 DISTRIBUTION OF THIS POLICY

All student-athletes will be provided a copy of this Athletic Code of Conduct. Student-athletes and their parents must sign an appropriate consent form indicating that they understand and will follow this Code before they will be allowed to practice, participate or play.

# IV. DELEGATION OF AUTHORITY

The Crawdad Lacrosse Board is responsible for the implementation and review of this policy.

# V. REVIEW

This policy is to be reviewed annually as needed.

Board of Directors signature: (President) Steve Foster Date: 8/24/18

# CRAWDAD LACROSSE ATHLETIC CODE OF CONDUCT CONSENT FORM FOR ATHLETIC PARTICIPATION

Dear Parent/Guardian(s) and Athlete(s):

No amount of instruction, precaution, or supervision will totally eliminate all risk of injury. Just as in non-school sporting activities, athletic participation by students also may be inherently dangerous. Students and parents must assess the risks involved in such participation. Each makes his/her choice to participate or to allow the child to participate in spite of the risk. The obligation of parents and students in making this choice cannot be overstated. In granting permission for your child to participate in athletic competition, you, the parent or guardian acknowledge and assume such risks.

Severe head or neck injury, including paralysis or death may occur despite using a helmet or other protective head gear provided your child. No helmet or other protective head gear can prevent all head injuries or any neck injuries a player might receive while participating in lacrosse.

Athletic team members are representatives of their family, school and community. It is important that student conduct during any activity concerning lacrosse be governed by a basic respect for whatever facilities that are provided as well as any individuals (i.e., students, spectators, coaches, officials, teachers, bus drivers, chaperones, etc.) that they may relate with while participating as a member of the team.

Athletics are part of the total educational process and therefore the following rules will be in affect for all students from their first interscholastic participation through graduation, 12-months a year (grades 5-8). It is also understood that athletic participation is a "privilege" and not a "right" and two philosophical principles will guide your conduct.

- 1. To have respect and concern for the rights and feelings of others.
- 2. To behave in a manner that reflects favorably on yourself, your family, your team, teammates, school, and community.

It is the parents' responsibility to:

- 1. Be knowledgeable of the rules and regulations your child has committed to as a student-athlete and community member. Know the consequences of any violation of the rules and regulations and to assist in the enforcement of such.
- Be supportive and encourage your son/daughter to demonstrate appropriate behavior while representing the Crawdad Lacrosse as a student/athlete or participant in cocurricular activities.

- 3. Hold your child accountable for their actions and help guide him in making proper decisions regarding drugs, alcohol and tobacco.
- 4. Be knowledgeable of individual team rules and expectations and address concerns regarding your child or your child's program to the coach.
- 5. Be a knowledgeable spectator knowing the rules of the game and being a role model for sportsmanship. Cheer our successes, encourage our efforts, respect our opponents and be understanding in our defeats.
- 6. Be supportive and adhere to State Laws prohibiting all smoking on school grounds or in school buildings.
- 7. Appropriate concerns to discuss with coaches:
  - a) The treatment of your child, mentally and physically,
  - b) Ways to help your child improve,
  - c) Concerns about your child's behavior,
  - d) Schedule meeting with coach or coaches to discuss concerns.
- 8. Issues not appropriate to discuss with coaches:
  - a) Playing time as it relates to other students,
  - b) Team strategy,
  - c) Other student/athletes related to athletic ability.

Should a need arise to discuss issues with a coach; parents should avoid practice time or immediately following a contest or event. Parents are welcome to contact coaches/Board members individually or through an appointment with the Coach or Board Members.

In order for your son to participate on any athletic event or activity sponsored by the Crawdad Boys Lacrosse, the Consent form for Athletic Participation must be signed by the student and the parent or guardian and be given to the head lacrosse coach with whom he will participate. This document will serve as parent permission for your son to participate in lacrosse activities.

Enclosed you will find a copy of the Crawdad Lacrosse Athletic Code of Conduct. Please read and discuss the Code with your son.

# Consent Form Signatures:

Student/Athlete Signature

program.	
Parent/Guardian Printed Name	 Date
Parent/Guardian Signature	 Date
Student/Athlete Printed Name	 Date

I, the parent/guardian of the above student, hereby, give my consent for him to participate with Crawdad Lacrosse. I have read and understand the content of this consent form. I have also reviewed the Crawdad Lacrosse Athletic Code of Conduct with my son and we both understand the basic responsibilities involved within the athletic

Date \_\_\_\_\_