



CHEATHAM COUNTY SOCCER ASSOCIATION



RULES OF PLAY

UNDER 5

3V3, 6 MINUTE QUARTERS
SIZE 3 BALL
COACH ALLOWED ON FIELD

UNDER 6

4V4, 8 MINUTE QUARTERS
SIZE 3 BALL
COACH ALLOWED ON THE FIELD FIRST 2 GAMES (MARCH 23 & APRIL 6TH)

UNDER 7

4V4, 8 MINUTE QUARTERS
SIZE 3 BALL
COACH ISNT ALLOWED ON FIELD

UNDER 9

8V8 WITH GOALIE, 20 MINUTE HALVES
SIZE 3 BALL
NO OFFSIDES (CHERRY PICKING WILL BE CALLED)

UNDER 12

9V9 WITH GOALIE, 25 MINUTE HALVES
SIZE 4 BALL
OFFSIDES WILL BE CALLED

UNDER 15

6V6 WITH GOALIE, 25 MINUTE HALVES
SIZE 5 BALL
OFFSIDES WILL BE CALLED

ALL AGE GROUP RULES OF PLAY

- SHIN GUARDS WITH SOCKS AND CLEATS MUST BE WORE AT EVERY PRACTICE AND GAMES.
- EVERY PLAYER NEED TO PLAY 50% OF THE GAME BEFORE 1 PLAYER PLAYS 100% - PLAYERS NEED TO PLAY REGARDLESS OF SKILL LEVEL.
- WINNER OF COIN TOSS GETS 1ST AND 4TH KICK OFF, LOSER GETS 2ND AND 3RD AND CHOOSES SIDE TO DEFEND.
- ALL AGE GROUPS SWITCH SIDES AT HALF TIME.
- U5, U6 AND U7 – PLAYERS MUST BE AT HALF LINE ON GOAL KICKS.
- BALL MUST GO FORWARD ON KICK OFFS.
- DEFENDER SHOULD BE MOVING UP AND DOWN THE FIELD AS GAME PROGRESSES – NO STANDING ON GOAL BOX
- NO LIFTING FEET ON THROW INS.
- SUBSTITUTIONS CAN BE MADE ON YOUR TEAM THROW IN OR GOAL KICK. NO SUBS ALLOWED ON CORNER KICKS
- TEAMS WITH GOALIES – NO PUNTING IS ALLOWED, GOALIES MUST THROW OR ROLL THE BALL OUT. ONCE THE BALL HITS THE GROUND IT IS A LIVE BALL.