

NGBC TRAINING JOURNAL



**NOBLESVILLE GIRLS
BASKETBALL CLUB**

NGBC Season/ Team

Player Name

Class (ex: 2026)

Entry	Date	Training Type	Location	Minutes	Trainer	Trainer Signature
ex	9/22/2019	Friday Workouts	NWMS	90	Coach Johnson	- Coach Johnson's signayure -
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						

Total Hours

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