

Noblesville Girls Basketball Club

The Noblesville Girls Basketball Club (“NGBC”) was formed to provide the young ladies of Noblesville the opportunity to play basketball at a competitive level while developing a strong foundation in basketball fundamental principles. Under the guidance of Coach Donna Buckley and her knowledgeable staff, we are working to develop a strong girl’s travel basketball program in our community and promote the participation of our girls in basketball. The NGBC is the feeder program for Noblesville High School Girls Basketball and a travel basketball club focused on developing Noblesville players. The program is geared toward girls entering 3rd through 8th grades who wish to train and play in a more competitive basketball environment than what is typically seen in a recreational league. **Though we are a travel club, all games will be played in the central Indiana/ Indy metro area including Noblesville Schools.**

FROM THE COACH’S DESK:

As the varsity coach for Noblesville High School, my goal for our feeder program is to provide an opportunity for players to develop strong offensive and defensive fundamental skills. The best way to develop those fundamental skills is through practice and repetition. Games are important but if a player is not spending time improving their skills, games will not help a player with development. Developing muscle memory, confidence and the skills necessary to compete at a high level are developed in practice and through training. My goal is for every player to be skilled at dribbling and passing with their left and right hand, have a smooth jump shot, handle defensive pressure, set screens, have good rebounding technique and play fundamentally sound man-to-man defense. These are the skills necessary to be a great high school player. My hope is that our girls are able to learn these skills at an early age and be able to continue to improve those skills throughout their career.

In addition to developing fundamental skills, my goal is for our girls to learn to love the game and have fun. Sports are an awesome and unique opportunity for girls to play with and against girls from all over the state. It is a chance to make new friends and create memories that will last a lifetime. I believe our club can provide an opportunity for all of these goals to be achieved. Thank You and Go Millers!

-Coach Donna Buckley

Noblesville Girls Basketball Club



INFORMATION FOR THE 2018-2019 CLUB SEASON

PRACTICES

Typically we will have 2 - 90 minute team practices each week. During the Jr Miller League this schedule may be adjusted as we will have Jr Miller activities going on as well. Practices will be held in Noblesville Schools facilities.

GAMES

IGHL

The primary league we will participate in will be the Indy Girls Hoops League or "IGHL". The IGHL is the nation's largest school based girl's youth league and it is run and organized by Indiana high school basketball coaches. The league is based on school district so girls will play teams from other towns. Some examples are Westfield, Fishers, Hamilton Heights, North Central and more! 2 games will be played on every other Sunday at high schools and middle schools in the central Indiana/ Indy Metro area including Noblesville High School. There are 8 games in the Fall season and 8 games in the Winter season. For more information on the IGHL league, including the fall schedule go to: <http://www.hometeamsonline.com/teams/?u=IGHL&s=basketball>.

JUNIOR MILLERS

In addition to the IGHL, the girls will participate in our Junior Millers League as part of their NGBC membership. The league runs 4 weeks from September 10th to October 3rd. Girls will have 4 Practices and 4 Games. Practice will be run by Coach Buckley, her staff and the Miller High School Team. During games they will be coached by members of the High School team. Practice and games will be played during the week during the normal club practice times. **Please note all club players are automatically signed up for Junior millers and additional registration is not needed.**



Changes for The 2019-20 Club Season

Miller Training Days (MTDs)

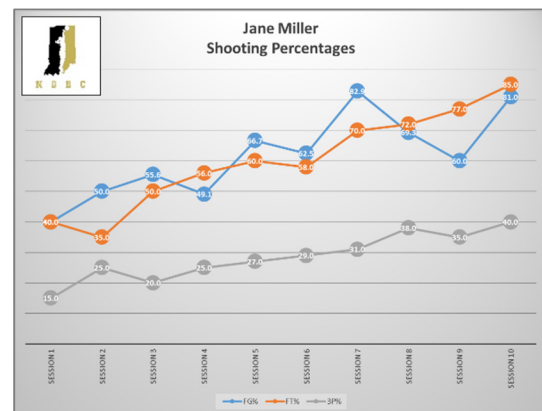
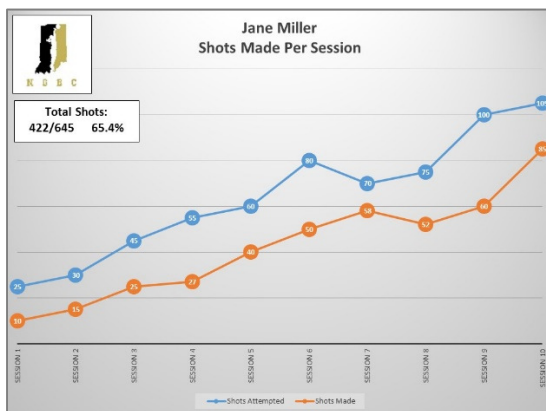
In addition to the 2 team practices we are introducing **Miller Training Days**. These will take place on select Sunday evenings throughout the season and will be run by NHS GBB Assistant Coach Haley Cook. The focus will be on fundamental skill in the areas of:

- Shooting
- Ball Handling
- Passing
- Footwork
- Agility

Players will be broken into groups according to their skill level.

Miller Shot Analysis & Shooting Workouts

In addition to fundamental skill work we are also introducing the use of shot analysis software to our training program. Your child will be able to sign up to for a shooting workout during MTDs where we will use video and data analysis of your child to provide insight into their personal shot dynamics. Based on that information we will provide recommendations for improvement. These workouts can be tailored to work on specific focus areas (Free throws, 3pt shooting, etc) based on goals set between your family and the trainer. The accumulated data including shots taken/ shooting percentages, etc. will be kept on file for the duration of your child’s time in the program.



Noblesville Girls Basketball Club



Changes for The 2019-20 Club Season continued:

Miller Training Days, Miller Shot Analysis & Shooting Workouts are all optional but very highly encouraged for those looking to take their game to the next level especially those looking to play middle school and high school basketball.

Bonus Training Days

Throughout the season we will also have guest trainers coming in to work with the club players. Last year we brought in Eric Gordon Sr. and this year we are looking to build on that with additional guest trainer spots. Keep an eye out for announcements!

Miller Rewards Program

We want all our players to take full advantage of the numerous training and improvement opportunities we provide. To that end we are introducing the Miller Rewards Program. Girls will be provided with a training journal at the beginning of the season. Completing training activities and logging training time will advance their progress towards earning club recognition and rewards.

After a set number of training hours are completed the girls will receive a star patch which can be placed on their bag or jersey. Subsequent stars or “leveling up” can be achieved by completing additional hours of training through the club or with verified training partners. In addition to stars, the girls can also earn rewards such as gift cards, fever tickets, miller gear and more! Rewards will also be given for reaching shooting workouts shot targets during the season.

Miller College Game Day Trips

Based on the success of our game day trip last season at IUPUI, we are planning on attending 2-3 Miller alumni games. Pending the schedule releases we are currently looking at IUPUI, IU Kokomo, IU & Purdue as potential locations. We will provide bus transportation to the game and back as well as cover admission to the game for club players.

Noblesville Girls Basketball Club



2019-20 PROGRAM OPTIONS

For the 2019-20 season there will be 2 program options:

NGBC Full Season

For Players in Grades 2* through 6

Full Season program including Jr Millers League. Play in both the Fall and Winter IGHL League Games and attend both Fall and Winter team practices.

Program Cost: \$325 + \$100 refundable volunteer fee**

NGBC Partial Season: Fall/ Winter

For Players in Grades 2* through 8

Fall (includes Jr Millers League) or Winter Season program. Play in the Fall or Winter IGHL League Games and attend Fall or Winter team practices. This option would be selected for 7th and 8th graders as they would transition to middle school team basketball in the winter. Paid and registered partial season players will have access to all Club events and activities throughout the season.

Program Cost: \$250 + \$50 refundable volunteer fee**

*2nd Graders will be evaluated to determine if they can play up on a 3rd Grade team.

** Volunteer fees are refunded 2 weeks after the end of each season if all volunteer hours requirements are met. See Volunteer Requirements section for more details.

Noblesville Girls Basketball Club



VOLUNTEER REQUIREMENTS AND FEES

Throughout the IGHL Season we will host games here in Noblesville at the high school. Doing so requires a huge effort but allows us to play on our home court and minimizes travel for our families. In order to successfully host all club families are required to volunteer for a minimum of 2 hours per IGHL hosting date.

For the 2019-20 season there is a volunteer fee of **\$50** per participating IGHL Season (Fall, Winter). This amount will now be charged automatically at the **beginning** of the season. Families who complete the allotted volunteer hours will be refunded the volunteer fee 2 weeks after the conclusion of the season.

When scheduled, a donation of baked goods or items for concessions will count as 1 hour per item provided.

****Important****

All Volunteer hours and baked goods donations will be tracked via sign up genius. Families can view their hours by checking on past signups. Signups must be logged in sign up genius to be tracked and volunteer hours.

Noblesville Girls Basketball Club



2019-20 PRELIMINARY CALENDAR

❖ Fall Season Tryouts	Aug 12 th , 13 th & 14 th
❖ Fall Team Selection Notifications	Aug 19 th
❖ Parents Meeting	Aug 23 rd
❖ Fall Season Practice Starts	Aug 26 th
❖ Junior Millers League	Sept. 10 th to Oct 3 rd
❖ IGHL Fall League	Sept. 9 th to Nov 11 th
❖ Miller Training Days Start	Sept. 22 nd
❖ Grade 3-6 Winter Supplemental Evaluations	Week of Nov. 4 th
❖ IGHL Winter League*	Dec 8 th to Feb 16 th

* Grades 3-6 only. 7th and 8th grade transition into middle school basketball preseason workouts.

CLUB MEMBERSHIP BENEFITS & EVENTS FOR CLUB PLAYERS:

- ❖ AAU Youth Athlete Extended Benefits Membership
- ❖ Miller Training Days
- ❖ Miller Shot Analysis & Shooting Workouts
- ❖ Guest Trainer Workouts
- ❖ IGHL League Play
- ❖ Noblesville Junior Millers League Play (Fall)
- ❖ Noblesville Millers Big Sister Mentor Program
- ❖ Discounted Miller Camp & Clinic Rates
- ❖ Seasonal Team Social Events
- ❖ Discounted Indiana Fever Tickets
- ❖ Access to Indiana Fever Special Events
- ❖ Free Admission to all Miller Girls Basketball Home Games
- ❖ Free Admission to Miller Alumni Collegiate Games on "Game Day" Trips
- ❖ Free Admission to Big 10 Championship Tournament Game & Pizza Party

Noblesville Girls Basketball Club



FAQS:

Why Travel Basketball?

- Travel basketball provides a higher level of competition than rec leagues
- Advanced offensive and defensive concepts are taught in conjunction to fundamental skills to prepare for the increased level of competition
- As the feeder program for Noblesville High School Girls Basketball, players are incrementally prepared for the terminology and system used at the High School level.

Who can play for the NGBC Lady Millers Travel Team?

- Any Incoming 3rd -8th grade girls who reside in the Noblesville High School (“NHS”) boundary
 - Special exceptions maybe made for advanced 2nd grade players

How are Travel Teams selected?

- Tryouts will take place in August and November
- All players are expected to attend.
- Individual basketball skills and aptitude will be evaluated and teams will be made accordingly
- Schedule commitments will also be taken into account when forming teams.

Do you have the have a lot of experience or be very highly skilled to try out for a travel team?

- We encourage girls at all skills levels to try out.
- There are tiered team levels based on experience, skill and athletic ability.
- Travel basketball is not just about skill but also about a girl’s commitment to put the work in to improve and get better.
- We will field has many travel teams as possible but we are limited by coaching staff availability.

What happens if I don’t make the team?

- If your child is not placed on a team we will discuss the several options available with you during the team assignment period including rec and partner leagues.

How much playing time will my daughter receive?

- This is a competitive program and playing time is based on **Ability, Commitment, and Work** in and out of practice as well as game situations.

If you have any additional questions please feel free to contact us:

317-762-NGBC

NoblesvilleGBC@gmail.com